



OSHWAL ACADEMY NAIROBI JUNIOR HIGH

LEARN • GROW • SERVE



WEEK 5 TERM 1 NEWSLETTER — 2026-2027 —

“Small steps, great achievements, and endless possibilities. Congratulations to our outstanding students!” 🏆



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ANNUAL PRIZE GIVING DAY 2026

**CELEBRATING EXCELLENCE, INSPIRING
ACHIEVEMENT.**

Oshwal Academy Junior High Nairobi proudly hosted its Annual Prize-Giving Day on Saturday, 19th September 2026, at Oshwal Centre. The event celebrated the outstanding achievements, dedication and hard work of our students throughout the academic year.

The ceremony brought together students, teachers and the school community to recognize academic excellence, personal growth and remarkable achievements. It was a proud occasion that highlighted the importance of perseverance, discipline, and commitment to success, inspiring our students to continue striving for excellence.

Celebrating Achievement • Inspiring Excellence • Shaping Tomorrow's Leaders.



DISTINGUISHED GUESTS

ANNUAL PRIZE GIVING DAY PHOTO GALLERY



STUDENTS AWARDS PHOTO GALLERY

**STUDENTS RECEIVING CERTIFICATES,
TROPHIES AND OTHER AWARDS.**





ENTERTAINMENT PERFORMANCES

A CELEBRATION OF TALENT, CREATIVITY
AND VIBRANT PERFORMANCES.



MEMORABLE MOMENTS

CREATING LASTING MEMORIES TOGETHER



EXPLORING THE WONDERS OF HUMAN BIOLOGY:

YEAR 10 STUDENTS EXPLORE THE STEM ROOM



EMPOWERING YEAR 9 STUDENTS FOR SUCCESS

YEAR 9 PASTORAL TALK

Oshwal Academy Junior High Nairobi held an engaging Year 9 Pastoral Talk, focusing on students' personal growth, well-being, character development, and success. The session provided students with an opportunity to reflect on their experiences, build self-confidence, and develop essential life skills.

Through meaningful discussions, students were encouraged to embrace responsibility, demonstrate respect, make positive choices, and develop resilience in their daily lives.

At Oshwal Academy Junior High Nairobi, pastoral talks support the holistic development of students by nurturing their emotional well-being, values, and sense of belonging. The Year 9 students were encouraged to continue learning, growing, and working towards their personal and academic goal

GROWING TOGETHER, INSPIRING POSITIVE CHANGE !



GROWING TOGETHER

YEAR 7 PASTORAL TALK

Step into a meaningful and inspiring Year 7 Pastoral Talk, where students engage in valuable discussions, reflect on personal growth, and develop essential life skills.

The session encourages positive values, well-being, and a strong sense of community, supporting our students in their journey towards becoming confident and responsible individuals.



YEAR 11 VISIT TO ALLIANCE FRANÇAISE

YEAR 11 STUDENTS FROM OSHWAL ACADEMY JUNIOR HIGH NAIROBI ENJOYED AN ENRICHING EDUCATIONAL TRIP TO ALLIANCE FRANÇAISE. THE TRIP ENCOURAGED CULTURAL APPRECIATION, CURIOSITY, AND LEARNING BEYOND THE CLASSROOM.



RHINO CUP DEBATE:



INSPIRING INNOVATION AND EXCELLENCE

ACCOUNTING, BUSINESS & ICT CHALLENGE AT OSHWAL COLLEGE



FROM SPORTS CORNER

THE SPORTS DEPARTMENT AT OSHWAL ACADEMY NAIROBI JUNIOR HIGH HAS BEEN A HIVE OF ACTIVITY, PROVIDING STUDENTS WITH NUMEROUS OPPORTUNITIES TO PARTICIPATE IN A WIDE RANGE OF INTER-SCHOOL SPORTING COMPETITIONS. THROUGH THESE ENGAGEMENTS, OUR STUDENTS CONTINUE TO SHOWCASE THEIR TALENT, DETERMINATION, TEAMWORK AND SPORTSMANSHIP WHILE REPRESENTING THE SCHOOL WITH PRIDE.

CELEBRATING CRICKET EXCELLENCE: KIAN SINGH BENAWRA SHINES ON THE FIELD.



OSHWAL ACADEMY JUNIOR HIGH NAIROBI PROUDLY CELEBRATES **KIAN SINGH BENAWRA** FOR HIS REMARKABLE ACHIEVEMENTS IN CRICKET. HIS DEDICATION, TALENT, AND COMMITMENT TO THE SPORT ARE TRULY COMMENDABLE.



U15 BOYS CRICKET MATCH AGAINST NIS
OUR U15 BOYS CRICKET TEAM TOOK PART IN AN EXCITING CRICKET MATCH AGAINST NIS AT NAIROBI JAFFERY GROUNDS.



A HARD-FOUGHT BATTLE U15 GIRLS NETBALL TEAM
OUR U15 GIRLS NETBALL TEAM GAVE IT THEIR ALL IN A TIGHTLY CONTESTED MATCH AGAINST SWAMINARAYAN



OSHWAL VS SWAMINARAYAN FOOTBALL MATCH
THE OSHWAL FOOTBALL TEAM TOOK ON SWAMINARAYAN IN AN EXCITING AND COMPETITIVE FOOTBALL MATCH.



OSHWAL VS SWAMINARAYAN CRICKET MATCH
THE OSHWAL CRICKET TEAM TOOK ON SWAMINARAYAN IN AN EXCITING AND COMPETITIVE CRICKET MATCH.

FROM THE PASTORAL COORDINATOR'S DESK.

BULLYING, PREVENTION AND KINDNESS:

Supportive School Environment.

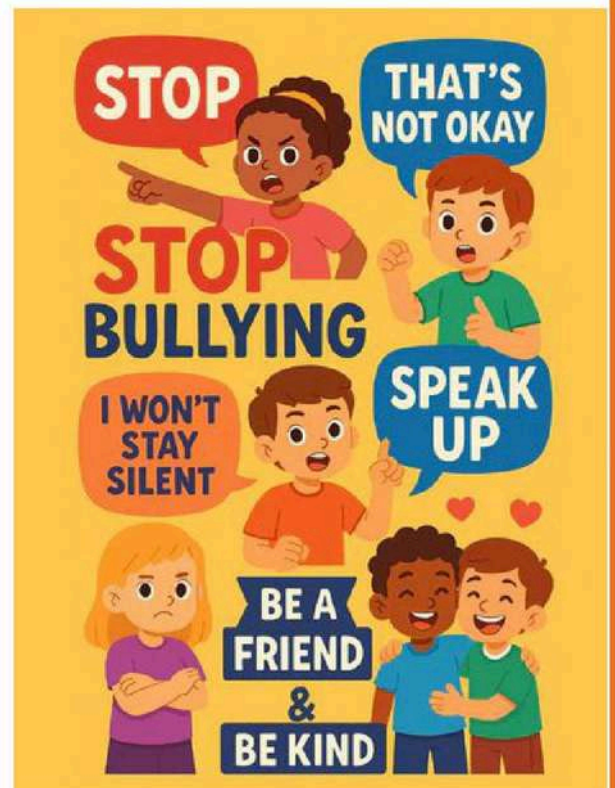
Here in our school, **Oshwal Academy Nairobi – Junior High**, we believe that every student deserves to feel safe, respected, and valued. Bullying can have serious effects on students' confidence, mental health, and overall wellbeing. That's why it's important to promote kindness and actively work to prevent bullying.

Recognizing Bullying

Bullying isn't just about physical fights; it can take many forms, including:

- Verbal abuse, teasing, or name-calling
- Social exclusion or isolation
- Spreading rumours or gossip
- Cyberbullying through social media or messaging apps
- Physical intimidation or aggressive behaviour

If you see someone being hurt or excluded, or if you experience any of these behaviours, it's important to speak up and seek help immediately.



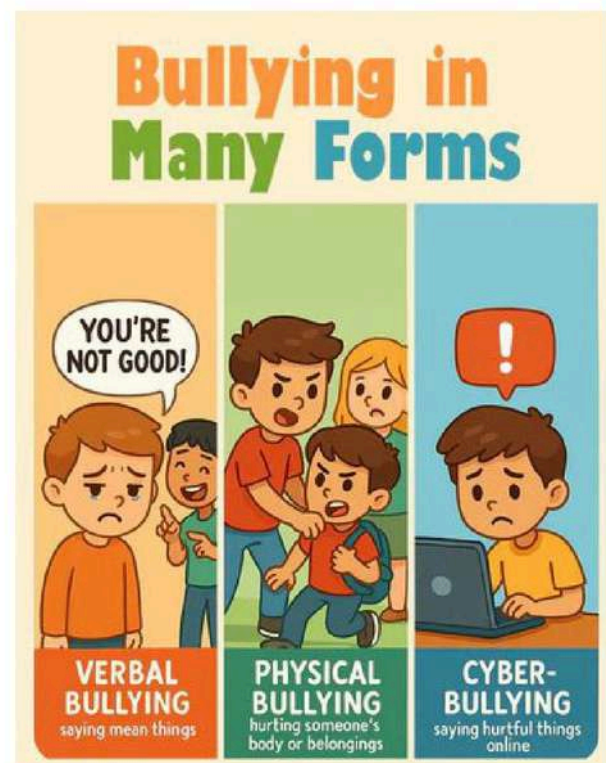
How we can Promote Kindness

1. **Be Respectful:** Treat everyone with kindness and respect, regardless of differences in appearance, background, or beliefs.
2. **Use Positive Language:** Compliment others, say thank you, and avoid hurtful words.
3. **Include Others:** Invite classmates who may be feeling left out to join activities or conversations.
4. **Model Good Behaviour:** Lead by example—show kindness in your words and actions.
5. **Support Peers:** Stand up for friends or classmates who are being bullied, and encourage them to speak out.



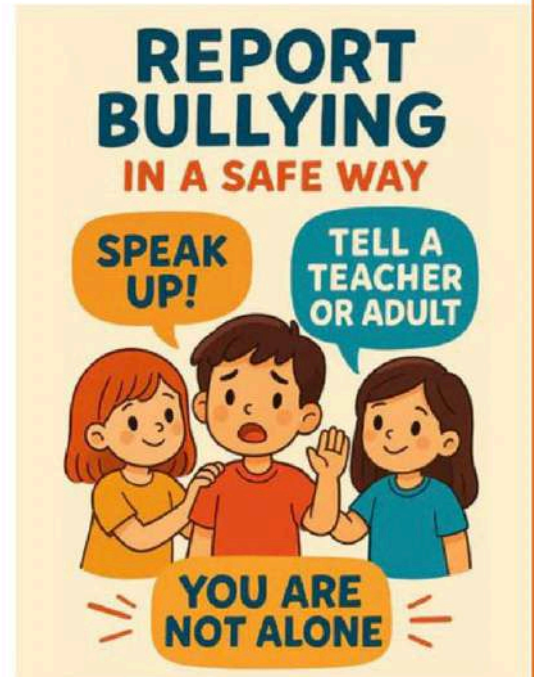
Our Supportive School Environment

- **The school encourage Open Communication:** Let students know they can talk to teachers, counsellors, or pastoral staff about any concerns.
- **The school Implement Anti-Bullying Policies:** Follow school rules that promote respect and outline clear consequences for bullying behaviour.
- **The school Celebrate Diversity:** Organize events and activities that embrace different cultures, traditions, and perspectives.



- **The school Recognize Acts of Kindness:** Highlight and reward students who demonstrate caring and respectful behaviour.
- **The school Provide Education:** Incorporate lessons on empathy, conflict resolution, and emotional intelligence into the curriculum i.e. during PSHE lessons.

Remember, kindness is contagious. Small acts of respect and understanding can make a big difference in making our school a safe and welcoming place for everyone. Let's work together to stand against bullying and promote kindness every day.



- **Together through kindness we stand against any form of bullying. Kindness prevents bullying.**

THOUGHT OF THE WEEK

OSHWAL ACADEMY JUNIOR HIGH SCHOOL

THOUGHT OF THE WEEK

HARD WORK

- "WORK HARD IN SILENCE, LET SUCCESS BE YOUR NOISE." – FRANK OCEAN

"Life grants nothing to us mortals without hard work."

'Hard work beats talent when talent doesn't work hard' Tim Notke

"Chop your own wood and it will warm you twice."
– Henry Ford



NOT
THE WORST
JUST THE
MIDDLE!

NO
UNFAIR
RULES!

MIDDLE SCHOOL THE WORST YEARS OF MY LIFE

LOL



P
NO POINTLESS
RULES!



AUTHOR:
James Patterson



GENRE:
Humor, Realistic Fiction



SUMMARY:

This story follows Rafe Khatchadorian, a student who feels middle school has too many unfair rules. He creates a harmless rule-breaking game and learns about creativity and responsibility.



THEMES:

Friendship, creativity, self-expression, responsibility.

THINK
DIFFERENT!

CREATIVITY

FRIENDSHIP

RESPONSIBILITY

IDEAS

Be
Awesome
Today!

STAY
COOL

BE YOUR
OWN VOICE!

BY JIYAAN DHANANI
8B



< Don't Give Up

A long time ago, a boy named Rodney lived in a village. He was happy with his family. But one year, the rains stopped. The village faced a big drought.

The land became dry. Crops died. Even the trees and animals started dying. The stream had very little water left.

One night, Rodney spoke to the villagers.

He said, "I've heard old stories about a river under the ground. Maybe we can dig and find it."

The villagers agreed. They started digging together. But after a few days, they got tired and gave up.

Rodney didn't stop. He said, "I believe we'll find water. I won't give up."

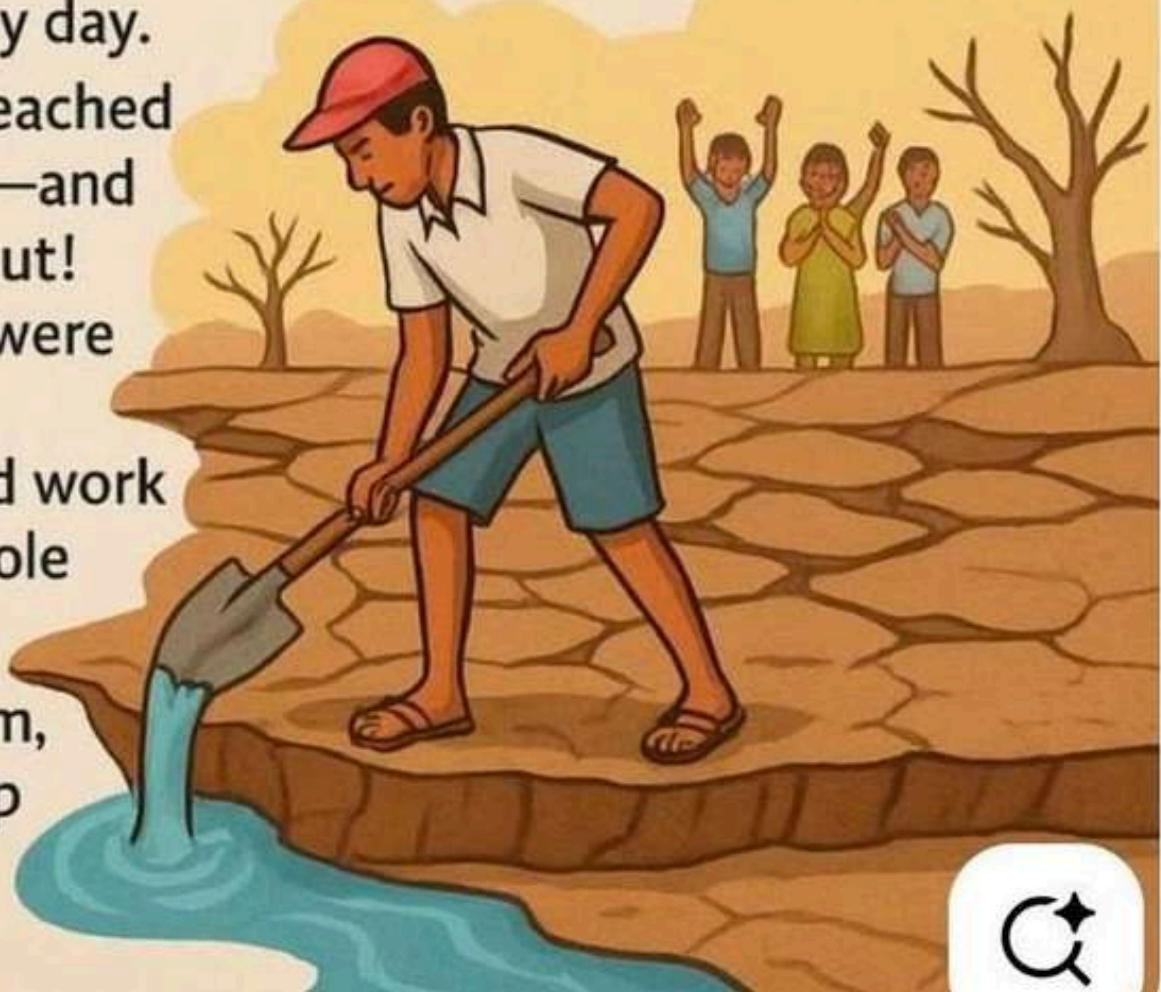
He dug every day.

At last, he reached deep enough—and water came out!

The villagers were very happy.

Rodney's hard work saved the whole village.

He told them, "Never give up too soon. Keep going."





EXPLORING KNOWLEDGE

STUDENTS IN THE LIBRARY



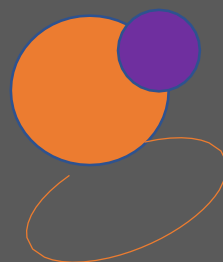


OSHWAL ACADEMY NAIROBI JUNIOR HIGH

“COMPASSFORLIFESKILLS”

TERM 1 WEEK 6 SCHEDULE

28th September – 4th October 2026



Monday – 28th September 2026

- U15 BOYS FOOTBALL & GIRLS NETBALL VS BRAESIDE THIKA (H) @1:30PM

Tuesday– 29th September 2026

- OPEN FINALS FOR 800M AND 1500M @ OSHWAL CENTRE (6:30:AM)
- U15 BOYS FOOTBALL & GIRLS NETBALL VS JAWABU (H)
- U15 BOYS FOOTBALL & GIRLS NETBALL VS MAKINI (H)
- U15 BOYS FOOTBALL & GIRLS NETBALL VS SAMAJ (A)
- U13 GIRLS CRICKET VS SAMAJ (H) @1:30PM

Wednesday – 30th September 2026

- SPORTS DAY REHEARSALS @ OSHWAL CENTRE (8:00AM -10:30AM)
- U13 BOYS FOOTBALL & GIRLS NETBALL VS CRAWFORD (A)
- U13 BOYS FOOTBALL & GIRLS NETBALL VS WOODCREEK (A)
- U15 BOYS FOOTBALL & GIRLS NETBALL VS WOODCREEK (A) @ 1PM
- U15 BOYS CRICKET VS PREMIER (IGCSE PE FILMING) (A)
- U15 GIRLS CRICKET VS PREMIER (H) @ 1:30PM

Thursday – 1st October 2026

- PUBLIC SPEAKING DAY (8:00AM – 3:30PM)
- U15 BOYS FOOTBALL & GIRLS NETBALL VS AGAKHAN (H) @1:30PM

Friday – 2nd October 2026

- ANNUAL SPORTS DAY (8:00AM – 2:00PM) @ OSHWAL CENTRE
- ECAMUN AND ECAMSMUN TRAINING @ PREMIER ACADEMY (5:00PM-6 :00PM)

Saturday – 3rd October 2026

- ECAMUN AND ECAMSMUN AMBASSADORS & PRESS CORPS WORKSHOP @ SH (9:00AM 12:30PM)
- BRAESIDE THIKA U15 BOYS FOOTBALL TOURNAMENT
- KAIS U13 BOYS&GIRLS FOOTBALL TOURNAMENT BRAEBURN NANYUK I

Sunday– 4th October 2026