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OSHWAL ACADEMY NAIROBI

JUNIOR HIGH

WEEK 9 TERM 3 NEWSLETTER 2025–2026

QUOTE OF THE WEEK

***"SUCCESS DOES NOT
COME FROM WHAT YOU DO
OCCASIONALLY, IT COMES
FROM WHAT YOU DO
CONSISTENTLY. KEEP
SHOWING UP, KEEP
REVISING, YOUR EFFORTS
WILL PAY OFF."***

SCHOOL ASSEMBLY

The assembly served as an opportunity to reflect on recent achievements, hear important announcements, and reinforce School Values. Key announcements included the start of Year 10 Pre-Mock and End-of-Term Exams. Students have been strongly encouraged to begin their revision and prepare thoroughly for these important assessments.



SCHOOL ASSEMBLY IN PICTURES



MUSIC AND DANCE SHOW 2026

Students in the Music and Dance Showcase demonstrated creativity, passion, and collaboration during an engaging performance, honing their artistic skills and executing breathtaking routines while inspiring the audience with their talent.



MUSIC AND DANCE SHOW 2026 IN PICTURES



TUESDAY CLUBS

School Clubs foster teamwork, leadership, and personal growth, creating a well rounded learning experience beyond the classroom. Through hands-on activities in areas like Music, Arts, Computer Coding, Indoor Galaxy, and many other clubs, students explore their passions, build confidence, and develop essential life skills.



MODERN FOREIGN LANGUAGES ELOCUTION 2026

This year's Modern Foreign Languages Elocution Competition was a fantastic showcase of our students' language skills and public speaking confidence. Students from across different year groups delivered prepared pieces in Hindi, Gujarati, French, German, and Swahili, impressing the panel with their fluency, expression, and clear pronunciation. It was more than just a language competition, it was a celebration of culture, communication, and courage. We were proud to see how much effort each student put into their performance, and the results were a testament to the dedication of both the learners and their teachers. Thank you to everyone who took part or came along to support. Events like this remind us how important it is to give students the chance to shine beyond the classroom.



MODERN FOREIGN LANGUAGES ELOCUTION 2026 IN PICTURES



JOHN LOCKE & IMMERSE EDUCATION ESSAY COMPETITION



We are proud to celebrate the outstanding achievement of our student, Samantha Njeri Chege of Year 9D who participated in John Locke Essay competition and was awarded a scholarship worth \$2500. The competition attracts talented young writers from around the world and challenges students to think critically, develop independent ideas, and present well-reasoned arguments on complex global issues. The programme is renowned for helping young people broaden their knowledge, refine their skills of argument, and strengthen their academic writing and critical thinking abilities. Through rigorous intellectual engagement, participants are encouraged to explore ideas deeply and communicate them with clarity and confidence. Samantha achievement is a testament to hard work, intellectual curiosity, and excellent writing skills. We congratulate Samantha on this remarkable accomplishment and wish continued success in future academic pursuits.

MY EXPERIENCE IN THE JOHN LOCKE & IMMERSE EDUCATION ESSAY COMPETITION

Participating in the John Locke programme was one of the most significant academic achievements of my journey so far. Known for its highly competitive and intellectually rigorous nature, the programme challenged me to think beyond the classroom, engage deeply with complex ideas, and develop my ability to construct clear, well-reasoned arguments. The process required extensive independent research, critical thinking, and perseverance, making it both demanding and incredibly rewarding.

My interest in academic essay competitions began with the Immerse Education Essay Competition, where I was placed on the Honours List and awarded a 10% scholarship. That experience gave me the confidence to pursue even more ambitious opportunities and showed me the value of challenging myself beyond the school curriculum.

I am especially grateful to those who encouraged me to take part in the John Locke programme. Initially, I was uncertain about competing at such a high level, but their encouragement motivated me to embrace the challenge. Looking back, I am incredibly glad that I did. The experience pushed me beyond my comfort zone, strengthened my confidence in my academic abilities, and allowed me to discover a deeper appreciation for independent learning and intellectual exploration.

Being awarded a \$2500 scholarship through the John Locke programme was a moment of immense pride and a meaningful recognition of the hard work, discipline, and commitment I invested throughout the process. More than the scholarship itself, what makes this achievement special is the journey behind it, the challenges overcome, the skills developed, and the personal growth that came with striving for excellence in such a prestigious programme.

These experiences have reinforced my passion for learning and inspired me to continue pursuing opportunities that challenge me intellectually. They have taught me that some of the greatest achievements come from being willing to take risks, embrace challenges, and believe in your ability to succeed.

Samantha Njeri Chege - 9D

UCI SAFARI GRAVEL RACE COMPETITION



We are incredibly proud to share that one of our students, Yuvansh Chauhan of Year 8A recently took on a monumental endurance challenge by competing in the prestigious UCI Safari Gravel Race in Kenya. Held within the breathtaking, wildlife-rich landscape of Hell's Gate National Park, this event is an official UCI Gravel World Series qualifier that pushes cyclists to their limits across rugged red clay trails and dramatic volcanic scenery.

MY EXPERIENCE IN UCI SAFARI GRAVEL RACE COMPETITION

I participated in the UCI Safari Gravel Race in Naivasha and completed the 20 km race in 1 hour and 30 minutes. This was my first-ever cycling race, which made the experience even more exciting.

The course was very challenging, with rugged terrain, deep fesh fesh, and many steep hills to climb. Despite the difficult conditions, I rode well and kept pushing myself throughout the race.

The event took place in the beautiful surroundings of Hell's Gate National Park, making it a truly memorable experience. It was exciting to ride alongside so many other cyclists and test my endurance on such a demanding course.

I am proud of my performance and happy to have completed my first cycling race. It was a great experience, and I learned a lot from it.

YUVANSH CHAUHAN - 8A

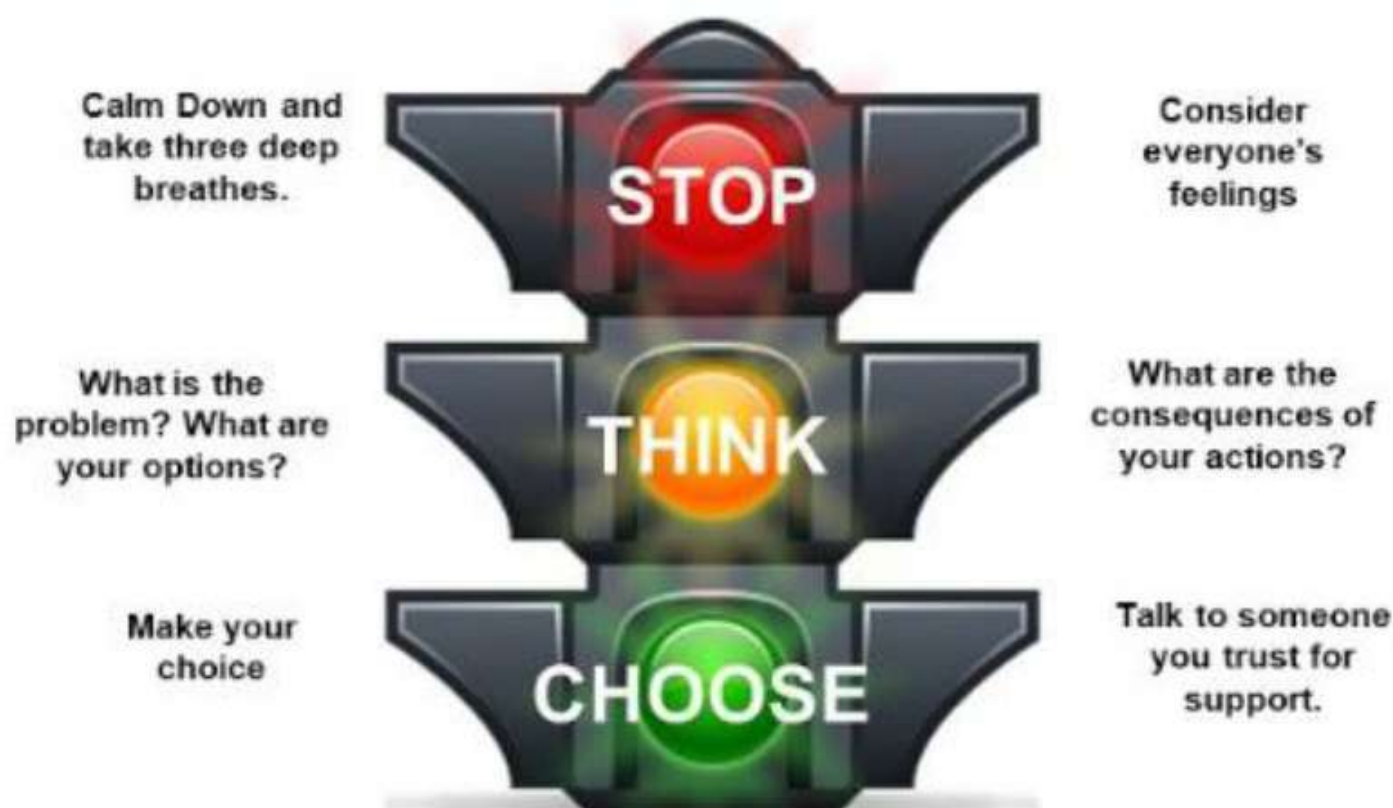
FROM PASTORAL DEPARTMENT.

BE RESPONSIBLE AND FOCUSED

Taking responsibility means doing your best and staying focused on your goals. When you practice responsibility and self-discipline, you develop habits that help you succeed both in school and in life.

Here are some simple ways you can show responsibility every day:

- **Finish your homework on time:** Completing assignments promptly helps you understand the material better and shows that you are committed to your learning.
- **Keep your belongings neat:** Organizing your school supplies and personal items makes it easier to find what you need and shows respect for your space.
- **Follow your daily routines:** Sticking to routines such as getting ready in the morning, packing your bag, and preparing for class helps you stay organized and reduces stress.
- **Make good choices even when no one is watching:** Acting responsibly means doing the right thing, whether it's helping others, being honest, or staying focused during.



Tip:

Set small, achievable goals each day. For example, aim to complete your homework before dinner or organize your desk before leaving school. These little goals help you stay on track and build your confidence.

Story: Sara wanted to stay organized and manage her time better. She made a checklist of her daily tasks—like packing her bag, completing homework, and reviewing her lessons. Checking off each task as she finished made her feel proud and motivated to keep improving. Her new routine helped her stay focused and confident in her abilities.

I AM RESPONSIBLE

Being **Responsible** means

having the **self-control** to

make **positive choices**,

learn from your mistakes, and

always try **YOUR best** every day.

Remember: Responsibility and self-discipline are skills that grow with practice. By setting goals, staying organized, and making good choices, you're building habits that will serve you well now and in the future.

The Sports Department has been vibrant and dynamic, enabling students to actively participate in numerous Inter-School Sports Competitions and showcase their talents.



Under-13 Boys' Football squad secured first place and took home the championship title.



Our U13 Boys' Rugby team showed great spirit at the KAISO tournament, securing two wins out of five hard-fought matches.



Our U15 Netball squad dominated their match, securing a decisive 19-3 victory over Brookhurst.



Our U13 Boys' Rugby team dominated the match this afternoon, defeating Nairobi Academy 5 tries to 2



Our U13 Girls' Netball team ended the season with victories against Nairobi Academy and Makini.



Our U15 Basketball Team dominated the court, securing a decisive 29-8 victory over Swaminarayan.

OSHWAL ACADEMY JUNIOR HIGH

THOUGHT OF THE WEEK

Integrity Means

- ✓ **Doing the right thing**
- ✓ **Being Honest in your work**
- ✓ **Being Transparent**
- ✓ **Being Trustworthy**



INTEGRITY



The Lost Wallet

A Story About Honesty



Being honest is always the right choice.

1

Rohan was going home from school when he saw a wallet on the road.

Whose wallet could this be?



2

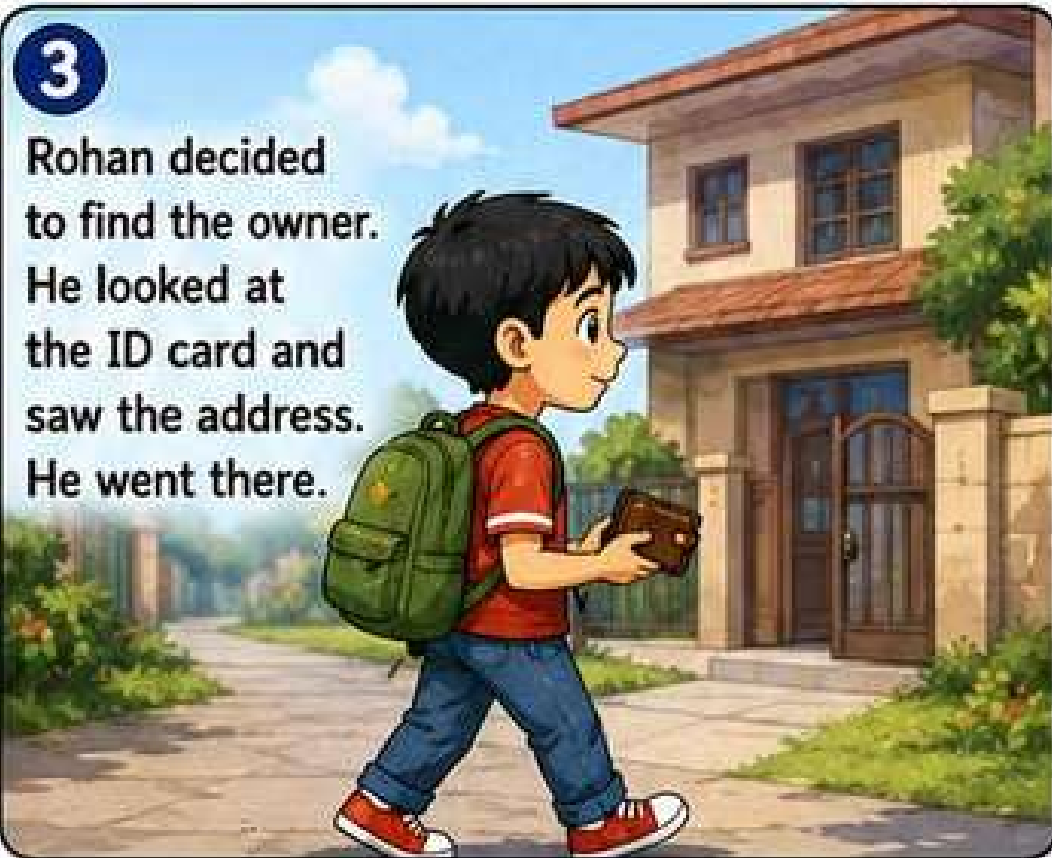
He opened it and found money, an ID card, and some important cards.

This must belong to someone.



3

Rohan decided to find the owner. He looked at the ID card and saw the address. He went there.



4

He gave the wallet to the owner, Mr. Sharma.

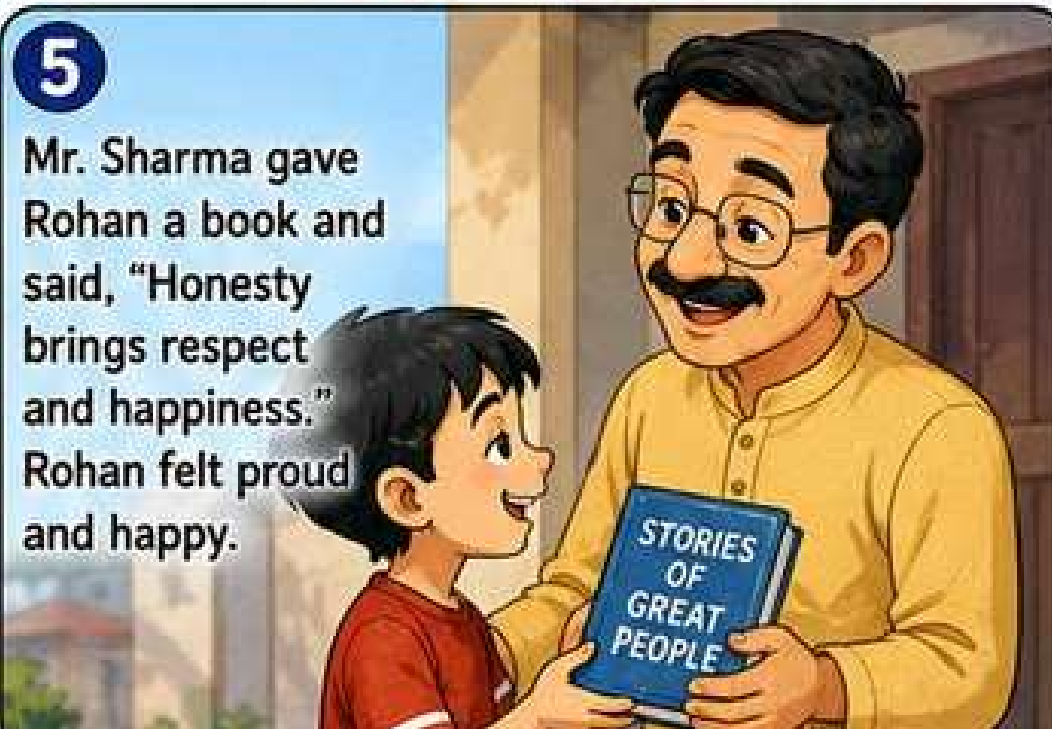
Thank you, beta! You are very honest.

Mr. Sharma was very happy and thanked Rohan with a big smile.



5

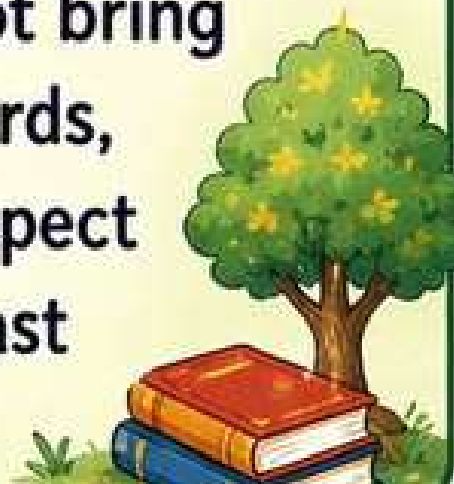
Mr. Sharma gave Rohan a book and said, "Honesty brings respect and happiness." Rohan felt proud and happy.



MORAL:



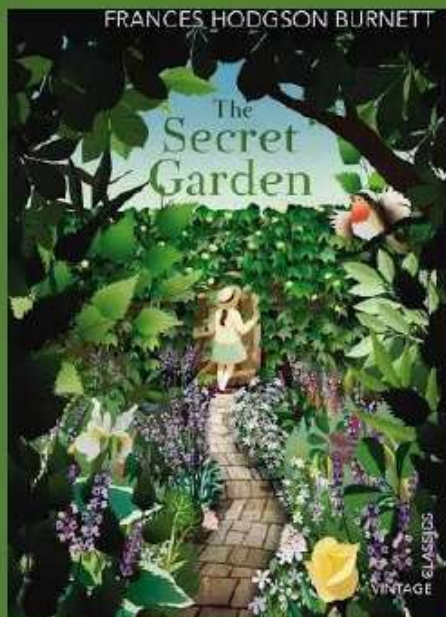
Honesty may not bring immediate rewards, but it brings respect and trust that last forever.



The Secret Garden

(Book Review by; Mayaan Mokha 8B)

In *The Secret Garden* by Frances Hodgson Burnett, I read about a young girl named Mary Lennox who is sent to live with her uncle in a large house called Misselthwaite Manor after her parents die. At the beginning of the story, Mary is rude, lonely, and spoiled, but as the story continues, she begins to change. While exploring the manor, she discovers a hidden and locked garden that has been closed for many years.



Later in the book, Mary meets new friends such as Dickon, a kind boy who loves nature, and Colin, her sick cousin who believes he will always remain weak. Together, they work hard to restore the secret garden by planting flowers and caring for it. As the garden becomes beautiful again, Mary and Colin also grow healthier, happier, and more confident. One of the most exciting parts of the story is seeing how the garden helps heal both the children and their family.

While reading *The Secret Garden*, I felt that the story showed the importance of friendship, hope, and the healing power of nature. It also teaches that people can change for the better when they are loved and cared for. Overall, I think *The Secret Garden* is a wonderful and inspiring novel full of mystery, growth, and happiness.



OSHWAL ACADEMY NAIROBI JUNIOR HIGH

"COMPASS FOR LIFE SKILLS"

TERM 3 WEEK 10 SCHEDULE

22nd June – 28th June 2026



Monday – 22nd June 2026

➤ YEAR 10 PRE-MOCK EXAMS BEGIN

Tuesday– 23rd June 2026

Wednesday – 24th June 2026

Thursday – 25th June 2026

Friday – 26th June 2026

Saturday – 27th June 2026

➤ PA PARENTS MEETING (10:00AM – 12:00PM)

Sunday – 28th June 2026