



## WEEK 3 ASSEMBLY

The assembly served as an opportunity to reflect on recent achievements, hear important announcements, and reinforce school values. Students demonstrated respectful behavior, listened attentively, and engaged positively throughout. Their positive attitude and respectful presence reflected the values we strive to uphold as a school. Overall, the assembly was a valuable experience that encouraged reflection, celebration, and a shared commitment to personal and academic growth.



# WEEK 3 ASSEMBLY IN PICTURES



**Students performing Jain Prayer at the assembly.**



**Introduction of the new Art teacher Ms Purity during Assembly.**



**Announcements from some of the students.**



## PREFECTS INVESTITURE CEREMONY 2026-2027

On Saturday, the 2nd of May 2026, Oshwal Academy Nairobi, Junior High inaugurated its new body of prefects' for the year 2026-2027 in a colourful Investiture Ceremony. The event served to celebrate the achievements of the outgoing prefects' and to usher in the new prefects' body, signifying the change of the guard.

A total of 64 new prefects' were appointed, all of whom have stepped up to take leadership positions and begin their journey as student leaders. Each prefect showed great dedication and commitment by attending daily rehearsals throughout the week preceding the event and undergoing countless repetitions of each step of the event.

The event was a success thanks to the dedication of the prefects' and the unwavering commitment, hard work, and teamwork demonstrated by the Proctors' Team and the Emcee. Their efforts ensured that every rehearsal began promptly and that each stage of the program was perfected by the final day.



# PREFECTS' INVESTITURE CEREMONY 2026 IN PICTURES



# YEAR 7 BIOLOGY STUDENTS EXPLORE NAIROBI NATIONAL PARK

Year 7 Biology students visited Nairobi National Park to witness Kenya's rich biodiversity firsthand. The park, located just outside the bustling city, provided the perfect opportunity for students to observe wildlife, learn about ecosystems, and understand conservation efforts. Guided by park rangers and their teachers, the students spotted lions, giraffes, zebras, and various bird species in their natural habitat. They also discussed the importance of food chains, adaptations, and the delicate balance between humans and wildlife. The trip reinforced classroom lessons while fostering a deeper appreciation for nature. The students left with memorable experiences and a stronger commitment to environmental conservation.



# YEAR 7 BIOLOGY TRIP IN PICTURES



# YEAR 9 SUBJECT SELECTION TALK

**Year 9 students had a talk on subject selection. The objective of the talk was to provide our students with the best possible preparation for Key Stage 4 (IGCSE Course) Curriculum. This talk is a vital component of the discernment process for Year 9 students as they will make subject choices later in the Academic Year.**

**With the guidance of the Teachers, Students were given general guidelines which will help them in making the right subject choice. They did an exercise where they had to highlight from the list the positive reasons for making their choices as positive choices are balanced choices. They are also advised to think about themselves and select a subject as per their interest and abilities which will help them realize their potential.**



## FROM PASTORAL DEPARTMENT.

### LOOK FORWARD WITH HOPE.

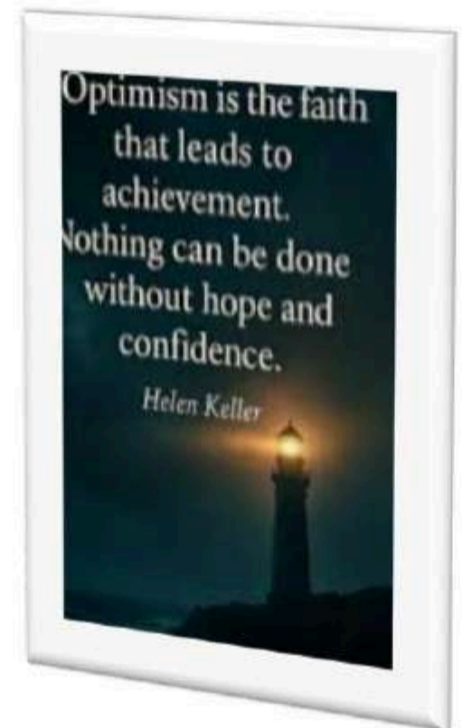
Dear Students,

In our journey through life, we often encounter challenges and uncertainties that can shake our confidence and dim our outlook. However, as people of faith, we are called to hold onto hope and face each new day with optimism. Hope is a powerful gift from God — a light that guides us through dark times and inspires us to believe in a brighter future.

No matter what circumstances we face, it is essential to keep hope alive in our hearts. When we believe in ourselves and trust in God's plan, we open the door to new possibilities. Remember, good things can happen if we maintain a positive outlook and nurture hope within us.

#### **Here are some thoughts to help us look forward with hope:**

- **Believe in yourself.** Recognize the gifts God has given you and trust that He is with you every step of the way.
- **Focus on solutions.** Instead of dwelling on problems, seek out ways to move forward and overcome obstacles.
- **Keep trying, even when it's hard.** Perseverance is key. Every effort, no matter how small, brings us closer to our goals.
- **Think happy thoughts.** Fill your mind with positive, uplifting thoughts that reinforce hope and confidence.



#### **Activity for students:**

This week, we invite you to create a "Hope Jar." Write notes about your dreams, goals, and things you are grateful for. Place these notes in your jar and read them whenever you need encouragement. This simple act can serve as a reminder that hope is alive within you and that God's promises are always near.

#### **Inspirational Quote:**

**"Hope is the thing with feathers that perches in the soul."** — Emily Dickinson

Let this quote remind us that hope is a gentle, persistent presence, always ready to lift us up and carry us forward.

May we all embrace hope with open hearts, trusting that God's love and grace will see us through every challenge. Keep looking forward with faith and optimism, for God's plans for us are filled with promise and possibility.

Blessings to you all,

**"All dreams are within reach. All you have to do is keep moving towards them."**  
VIOLA DAVIS

# FROM SPORTS CORNER

**Our students excelled at the Oshwal Academy Nairobi Primary Table Tennis Tournament, with Yuvansh Chauhan winning gold in boys singles, Reyansh Sanghavi taking silver, Priyan Ashish earning bronze, and in boys doubles, Priyan Ashish with Reyansh Sanghavi winning silver and Krishiv Shah with Yuvansh Chauhan securing bronze.**



# FROM SPORTS CORNER



**Avni Singh won gold in both singles and doubles in the Oshwal Academy Nairobi Primary Table Tennis Tournament.**



**George Ndungu Kamau of 8F emerged as 2nd runners-up at the KAISO Cross Country 2026 U13 Boys. The boys team took 2nd position overall.**



**The U15 boys played their first Rugby match of the season against Rusinga. Oshwal team won 28:17**



**U15 girls Basketball delivered a win after beating Rusinga 18 Baskets against 14 by the visitors**



**The U15 boys team played a Rugby fixture today, securing a 19-12 victory over Aga Khan.**



**U13 boys Soccer team contested a fixture against Samaj, concluding in a 1-1 draw.**



**In the U15 girls Basketball tournament, Oshwallost to Aga Khan 15-32 but bounced back with a strong 31-5 victory over Light Academy.**

**Our U13 boys Football team had a match against NIS. The match ended 7-1 in our favour.**



**U13 boys Rugby team played their first high school Rugby match learning the hard way by conceding 13 tries to 5.**



**The U13 Girls Basketball team delivered an outstanding performance, defeating Light Academy 24-2 on their home court.**



SHOWING

GRATITUDE

ALWAYS

Makes you happier

Fills you with peace

Makes you healthier

OSHWAL ACADEMY JUNIOR HIGH

THOUGHT OF THE WEEK

WHAT ARE YOU GRATEFUL FOR?

## The Hidden Gift of Gratitude



In a bustling high school, there was a girl named Lisa. She was intelligent and hardworking but often complained about everything her homework, her parents, and even her friends. She always focused on what she lacked rather than what she had.

One day, her history teacher, Mr. Carter, noticed her attitude and decided to give the class an unusual assignment. He handed out blank notebooks and said, "For the next week, write down three things you are grateful for every day. No

excuses."

Lisa sighed, thinking it was a waste of time. But since it was for a grade, she reluctantly started.

On the first day, she struggled. "There's nothing special," she thought. But she wrote down:



1. My mom made my favourite breakfast.
2. My best friend texted me a funny joke.
3. I finished my math homework on time.

As the week went on, Lisa started noticing more her dad driving her to school even when he was tired, a classmate sharing their notes, the warm sunlight on a chilly morning.

By the end of the week, something changed. She felt lighter, happier. She realized how much she had been taking for granted.

When Mr. Carter collected the notebooks, Lisa handed hers in with a smile. "I never knew how much I had to be thankful for," she admitted.

He nodded. "Gratitude doesn't change what we have, but it changes how we see it."

From that day forward, Lisa made a habit of appreciating the little things. And in doing so, she discovered that happiness wasn't about having more it was about valuing what was already there.



## Strangers in Time – Book Review

*Title of the book: Strangers in Time*

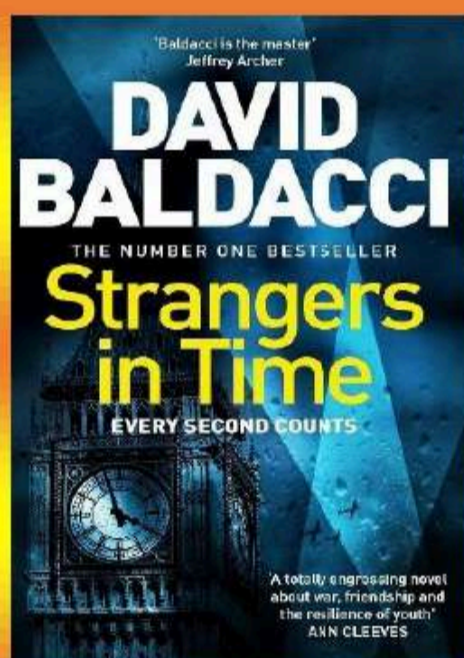
*Author: David Baldacci*

*Name: Dhanya Hemani*

*Class: 8 E*



Strangers in Time by David Baldacci is a powerful and emotional story that takes place during World War II in London. The novel follows three main characters whose lives cross during difficult times. Baldacci creates a vivid picture of war, showing fear, loss, and the struggle to survive. His descriptions make the setting feel real and help readers imagine life during the bombings.



One of the best parts of the book is its characters. They are brave, kind, and realistic, making it easy for readers to care about them. Each character has personal challenges, but they also learn to trust and support one another. The friendships and relationships in the story add warmth and hope, even during dark times. Baldacci balances sadness with moments of courage and kindness.

Overall, Strangers in Time is an engaging and touching novel about survival, friendship, and hope. It reminds readers that even in the hardest times, people can find strength in each other. The book is well written, emotional, and hard to put down. I would recommend it to anyone who enjoys historical fiction with strong characters and meaningful themes.

**Here are short descriptions of the main characters in Strangers in Time by David Baldacci:**

- **Charlie Matters** – A brave and clever teenage boy who struggles to survive during wartime. He is determined and caring.
- **Molly Wakefield** – A kind and strong young girl who faces loss and hardship but remains hopeful.
- **Ignatius Oliver** – A lonely bookshop owner with a mysterious past. He is wise, quiet, and compassionate.
- **Mr. Oliver's friends and neighbours** – People affected by war who show both kindness and fear.

These characters are connected by friendship, survival, and hope during difficult times.

# LIBRARY LESSON IN ACTION

Focused minds and quiet pages turning. Our students are making the most of their library lesson, building knowledge one book at a time.





# OSHWAL ACADEMY NAIROBI JUNIOR HIGH

"COMPASS FOR LIFE SKILLS"  
TERM 3 WEEK 4 SCHEDULE

11<sup>th</sup> May – 17<sup>th</sup> May 2026

Monday – 11<sup>th</sup> May 2026

- YEAR 7 & 8 GAUSS MATHEMATICS CONTEST (9:00 AM – 10:00 AM)
- U15 BOYS & GIRLS RUGBY VS BRAESIDE THIKA (A)
- U15 GIRLS BASKETBALL VS NIS (H) @1:30PM
- KAISO PREP FIXTURES MEETING @ BRAESIDE THIKA

Tuesday – 12<sup>th</sup> May 2026

- U13 BOYS RUGBY & GIRLS NETBALL VS PREMIER (H) @1:30PM
- BAKE SALE (Y10 GLOBAL PERSPECTIVES)

Wednesday – 13<sup>th</sup> May 2026

- U13 BOYS RUGBY & GIRLS NETBALL VS BRAESIDE THIKA (H) @1:30PM
- U13 GIRLS BASKETBALL VS NIS (H) @1:30PM

Thursday – 14<sup>th</sup> May 2026

- U15 GIRLS BASKETBALL VS BROOKHURST LAVINGTON (A) @1:30PM
- U15/U13 BOYS FOOTBALL & U13 GIRLS NETBALL VS SWAMINARAYAN (H) @11AM

Friday – 15<sup>th</sup> May 2026

- U15 BOYS & GIRLS VOLLEYBALL VS PREMIER (A) @1:30PM
- KAISO FIXTURES MEETING @ ST. CHRISTOPHER @7:30AM

Saturday – 16<sup>th</sup> May 2026

- BROOKHOUSE RUNDA U15 GIRLS RUGBY TOURNAMENT
- U13 BOYS 9-A-SIDE HILLCREST RUGBY TOURNAMENT @7:30AM

Sunday – 17<sup>th</sup> May 2026