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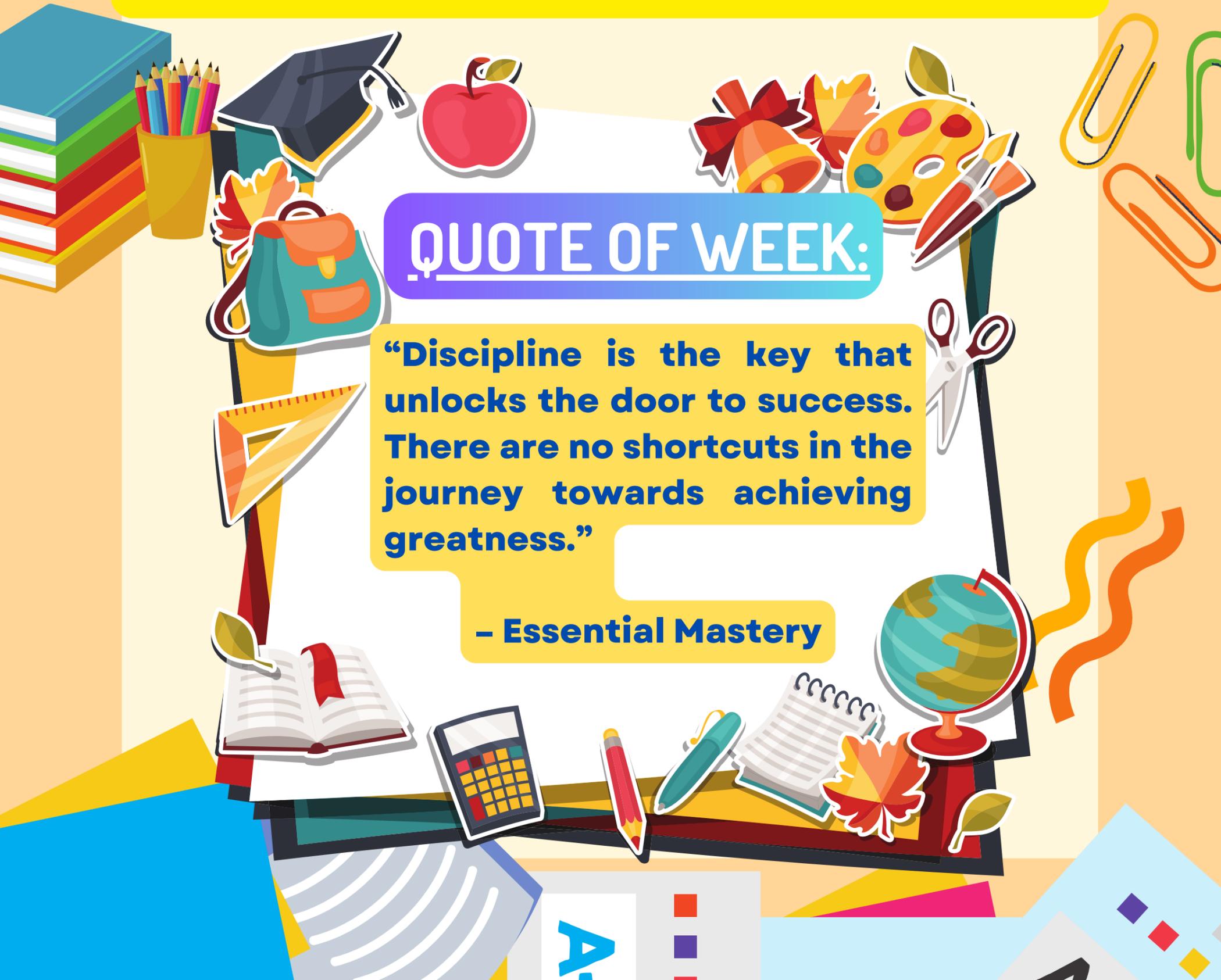
# OSHWAL ACADEMY NAIROBI JUNIOR HIGH

**TERM I WEEK 3 NEWSLETTER 2025/2026**

## QUOTE OF WEEK:

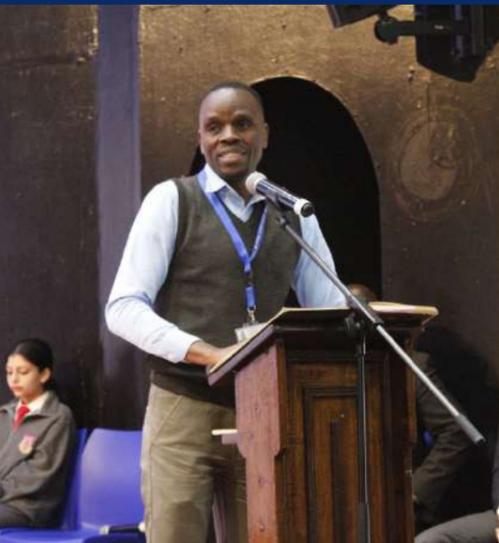
**“Discipline is the key that unlocks the door to success. There are no shortcuts in the journey towards achieving greatness.”**

**- Essential Mastery**



# YEAR 10 AND YEAR 11 ASSEMBLY

The Year 10 and Year 11 students congregated at the school Auditorium for their assembly. The assembly served as an opportunity to reflect on recent achievements, hear important announcements, and reinforce school values. Year 10 and Year 11 students demonstrated respectful behavior, listened attentively, and engaged positively throughout. Their positive attitude and respectful presence reflected the values we strive to uphold as a school. Overall, the assembly was a valuable experience that encouraged reflection, celebration, and a shared commitment to personal and academic growth.



# YEAR 7, 8 , AND 9 ASSEMBLY

The Year 7, 8 and 9 students congregated at the school auditorium for their assembly. The assembly served as an opportunity to reflect on recent achievements, hear important announcements, and reinforce school values. Year 7, 8 and 9 students demonstrated respectful behavior, listened attentively, and engaged positively throughout. Their positive attitude and respectful presence reflected the values we strive to uphold as a school. Overall, the assembly was a valuable experience that encouraged reflection, celebration, and a shared commitment to personal and academic growth.



# STUDENT ACHIEVEMENT—PRAYAN GUPTA SHINES IN CHESS TOURNAMENT

We are proud to share that Prayan Gupta of Year 8C attained 1st position in the under-15 boys age category at a chess tournament, which was held at the Hindu Council of Kenya on 6<sup>th</sup> September 2025. He won an impressive 6 out of 6 rounds. Prayan dedicated significant time and effort to preparing for the competition, and his commitment truly paid off. Congratulations on this well-deserved success!



# SCHOLARS FESTIVAL DEBATING CHAMPIONSHIP AT STRATHMORE UNIVERSITY

Our students did us proud; they gave their best beyond measure at the Interschool Scholars Festival Debating Championship held at Strathmore University. Congratulations to Sohan Shah, Nuru Romana, Elsie Kamanda, Joan Magu, Adaa Din and Avleen Kaur for winning best debaters medals and showcasing exceptional skills. Their dedication, teamwork, and persuasive abilities set a high standard for competitive debating. We are proud of their achievements and grateful for the effort they put into representing our school with excellence. This success inspires all our students to strive for greatness in academics and beyond. Well done to our medalists and the entire debating team!



# YEAR 10 CAREER TALK—ON GETTING READY FOR WORK PLACEMENT OPPORTUNITIES

Year 10 students recently attended a career talk led by our Career Counsellor, Ms. Makena, focused on preparing them for future work placements. The session highlighted practical skills, workplace expectations, and strategies to help students gain confidence as they step into real-world environments. It was a timely opportunity for them to reflect on their career interests and how best to approach the experience ahead.



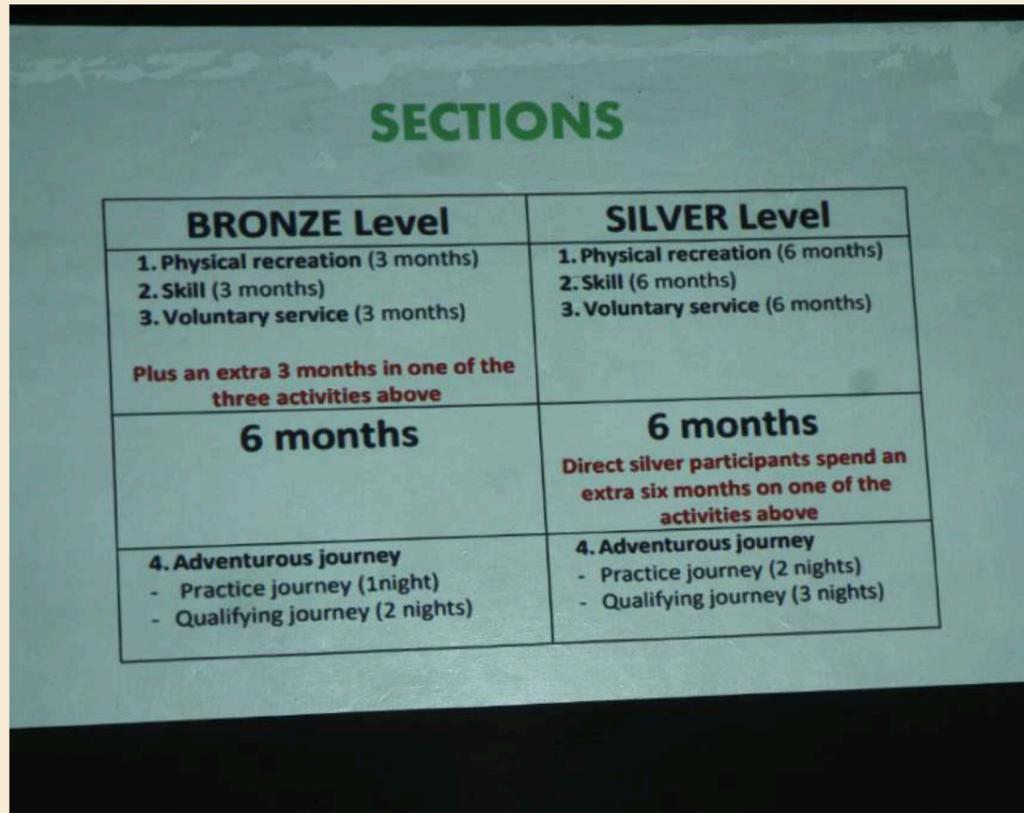
# INTERNATIONAL UNIVERSITY FAIR AT OSHWAL ACADEMY NAIROBI SENIOR HIGH

Our Year 11 students had the opportunity to attend the International University Fair at Oshwal Academy Nairobi, Senior High, on Thursday, 11<sup>th</sup> September 2025. The event brought together representatives from a wide range of universities across the world, giving students a chance to explore courses, ask questions, and learn about future study options. While university may still feel some years away, the fair provided an early opportunity to broaden their horizons, understand what different institutions offer, and start thinking about the subjects and skills that will prepare them best. Experiences like these help our learners make more informed choices and motivate them to stay focused on their academic journey.



# PRESIDENT'S AWARD PARENTS' MEETING

We held our President's Award Scheme Parents' Meeting, which offered a valuable opportunity to engage with parents, outline the program's objectives, and highlight the life skills and experiences their children will gain. We appreciate the active involvement and look forward to a rewarding journey ahead.





# OSHWAL ACADEMY NAIROBI- JUNIOR HIGH



## PRESIDENT'S AWARD (PA) INTERNAL ASSESSORS 2025-2026



Jash Beejal

Chairperson



Keya Atish

Vice Chair



Krish Sanjay

Treasurer



Lakshanya Santhana

Secretary



Natalia Violet

PRO



Henil Amit

Assessor



Winston Keya

Assessor



Yatharth Kumar

Assessor



Sarvesh Sriram

Assessor



Sayam Vishal

Assessor



Ruhi Pravin

Assessor



Sarakshi Jangra

Assessor



Khushi Rajesh

Assessor



Tanay Mitesh

Assessor



Tanmay Harishchandra

Assessor



Jayden Irura

Assessor



Yashi Vishal

Assessor



Ipsita Sharma

Assessor



Lutta Aswani

Assessor

# BOTTLE ART BRILLIANCE FROM OUR STUDENTS FROM THE INCLUSIVE EDUCATION DEPARTMENT

Our Inclusive Education students are getting ready for Diwali with beautiful bottle art. Each piece is unique, creative, and a true celebration of their talent



# FROM SPORTS CORNER

The sports department has been a beehive of activities with numerous opportunities for our students to engage in various inter-school sports competition.



The under-15 girls cricket team played their first league match of the season against Hillcrest School. The girls gave it their all but managed 60 runs, while Hillcrest took the day with 62 runs.



Our under-13 boys mixed cricket team got a chance to play against MLC. They won 103 runs to 55



Our under-15 boys' cricket team played a cricket match against Nairobi Jaffery School. Oshwal 148 runs Nairobi Jaffery 38 runs.



Yesterday our lawn tennis team had a friendly game against Peponi School; the girls won their doubles, while the boys narrowly lost.



The U15 girls cricket team played Peponi School in their second game in the league. The girls won by 9 wickets against Peponi School.

← League Matches →

INFO SUMMARY SCORECARD COMMS SQUAD

Oshwal Academy **RESULT**  
164/2 (20.0) 62 Views

Peponi School  
114/10 (19.2)

Oshwal Academy won by 50 runs

Our under -15 Boys Cricket team Vs Peponi School. Oshwal won by 50 runs.

OSHWAL ACADEMY JUNIOR HIGH

THOUGHT OF  
THE WEEK

PERSEVERANCE

NEVER GIVE UP

BELIEVE THAT  
YOU CAN DO IT

KEEP ENCOURAGING  
YOURSELF

KEEP  
WORKING

DO YOUR BEST



# POSITIVE AFFIRMATIONS TO BUILD

## Resilience

1. I believe in never giving up on myself.
2. I have it within me to turn the tide in my favor.
3. Even the best have had to make a start somewhere.
4. When life gives me lemons, I make lemonade.
5. Mistakes allow me to learn something new.
6. I believe that perseverance conquers all.

## The Boy Who Tamed the Mountain

In a small village nestled at the foot of a towering mountain lived a boy named Arjun. The



mountain was known as the "Unbeatable Peak," a daunting giant that no one in the village dared to climb. Stories told of harsh winds, treacherous paths, and sheer cliffs. To everyone, it was a symbol of impossibility.

Arjun, however, was different. He was curious and driven, and he often found himself staring at the mountain, wondering what lay beyond its summit. His dream was to climb it, but every time he shared his ambition, he was met with laughter and doubt.

"You're just a child," the villagers said.

"No one has ever climbed it. What makes you think you can?" others mocked.

Despite their words, Arjun believed in himself. He didn't see the mountain as an obstacle but as an opportunity to prove what was possible when one believed in their own potential.



He began preparing in secret. Every morning, he woke up before dawn to train. He strengthened his body by carrying heavy loads of firewood and practiced scaling smaller hills around the village. Most importantly, he visualized himself reaching the peak, focusing on his goal with unwavering determination. One day, he announced to the village that he would attempt the climb. The villagers shook their heads. "You'll never make it," they said. But Arjun smiled and replied, "I will, because I believe I can."

The climb was gruelling. The paths were steep, and the air grew thinner with every step. Several times, Arjun slipped and nearly fell, but he refused to give up. Each time he stumbled, he remembered his belief in himself and his dream of standing on the summit.

As the days passed, he encountered challenges he hadn't anticipated—cold nights, unpredictable weather, and moments of doubt.

But with every difficulty, he found a way forward, one step at a time. He recalled the villagers' doubts and used them as fuel to push himself further.





Finally, after days of struggle, Arjun reached the peak. He stood atop the Unbeatable Peak, his heart swelling with pride. The view was breathtaking—a panorama of valleys and forests that stretched endlessly. But more than the view, what mattered to him was what the climb had taught him: the power of believing in himself.

When Arjun returned to the village, the people were astonished. He had done the impossible. From that day on, the mountain was no longer called the "Unbeatable Peak." It became "Arjun's Summit," a symbol of courage and self-belief.

The villagers, inspired by his feat, began to chase their own dreams, no matter how impossible they seemed. Arjun's story became a reminder that with belief, determination, and effort, even the tallest mountains could be conquered.

**Moral of the Story:**

Believe in yourself, even when others doubt you. Challenges may seem insurmountable, but with persistence, perseverance and self-confidence, you can achieve anything you set your mind to.



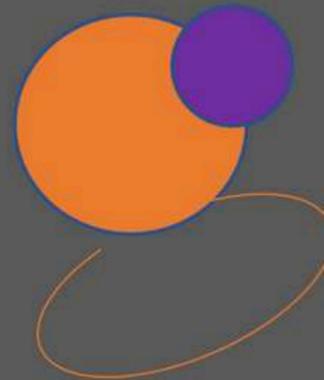


# OSHWAL ACADEMY NAIROBI JUNIOR HIGH

"COMPASS FOR LIFE SKILLS"

TERM 1 WEEK 4 SCHEDULE

15<sup>th</sup> September 2025 – 21<sup>st</sup> September 2025



Monday – 15<sup>th</sup> Sept. 2025

- U15 BOYS FOOTBALL VS BRAESIDE THIKA (A)
- U15 GIRLS NETBALL VS BRAESIDE THIKA (A) @ 1 PM
- U13 BOYS FOOTBALL VS CRAWFORD(A)
- U13 GIRLS NETBALL VS CRAWFORD (A) @1:30 PM

Tuesday – 16<sup>th</sup> Sept. 2025

- U13 BOYS & GIRLS FOOTBALL VS MAKINI (H) @1 PM
- U13 BOYS FOOTBALL VS SWAMINARAYAN (H) @11AM
- U13 GIRLS NETBALL VS SWAMINARAYAN (H) @11AM
- U13 GIRLS FOOTBALL VS SWAMINARAYAN (H) @11AM

Wednesday – 17<sup>th</sup> Sept. 2025

- U13 BOYS & GIRLS FOOTBALL VS BRAESIDE THIKA (H) @1 PM
- U13 BOYS & GIRLS FOOTBALL RUSINGA (H) @ 2 PM
- U13 BOYS & GIRLS FOOTBALL VS RUSINGA (H) @2PM
- U13 GIRLS NETBALL VS RUSINGA (H) @2PM
- U13 BOYS&GIRLS FOOTBALL VS RIARA @2PM

Thursday – 18<sup>th</sup> Sept 2025

- U15 BOYS & GIRLS CRICKET LEAGUE MATCH VS PREMIER (A) @1 PM
- U13 GIRLS FOOTBALL VS SON & STRATHMORE(A)
- U3 BOYS FOOTBALL VS SON &STRATHMORE (@SON)
- U15 BOYS FOOTBALL VS SON &STRATHMORE (A)
- U13 GIRLS NETBALL VS SON & STRATHMORE (A) @1PM

Friday – 19<sup>th</sup> Sept. 2025

- ANNUAL CROSS COUNTRY at KARURA FOREST

Saturday – 20<sup>th</sup> Sept. 2025

- U15 BOYS FOOTBALL LEAGUE MATCH VS PREMIER (@ PREMIER)
- U15 BOYS FOOTBALL LEAGUE MATCH VS RVA (@ PREMIER)
- KSF NAIROBI COUNTY LEVEL 3 SWIMMING GALA @KIOTA

Sunday – 21<sup>st</sup> Sept. 2025

- KSF NAIROBI COUNTY LEVEL 3 SWIMMING GALA@KIOTA