



OSHWAL ACADEMY NAIROBI JUNIOR HIGH

**TERM 1 WEEK 2
NEWSLETTER 2025 - 2026**

CONTACT US:



+254 725 529 622
+254 734 745 555



juniorhigh@oshwalacademy.sc.ke

INTRODUCING TWO NEW MEMBERS OF THE SENIOR LEADERSHIP TEAM

We are delighted to formally welcome two new members to our Senior Leadership Team (SLT). We encourage all parents to freely interact with both Mr. Ayako and Mr. Abwajoh, and to seek their guidance and support whenever necessary. With their expertise and dedication, we are confident that our SLT will continue to lead the school to even greater accomplishments.



Mr. Bernard Ayako
Co-Curricular Coordinator

Mr. Bernard Ayako joins us as the new Co-Curricular Coordinator. Many of you already know him as the dedicated Patron of the President's Award Programme (PA), which has been one of the most vibrant and impactful initiatives in our school. Mr. Ayako brings with him over 20 years of teaching experience in Chemistry and a wealth of expertise in outdoor activities and student mentorship. His leadership will undoubtedly enrich the co-curricular experiences of our learners.



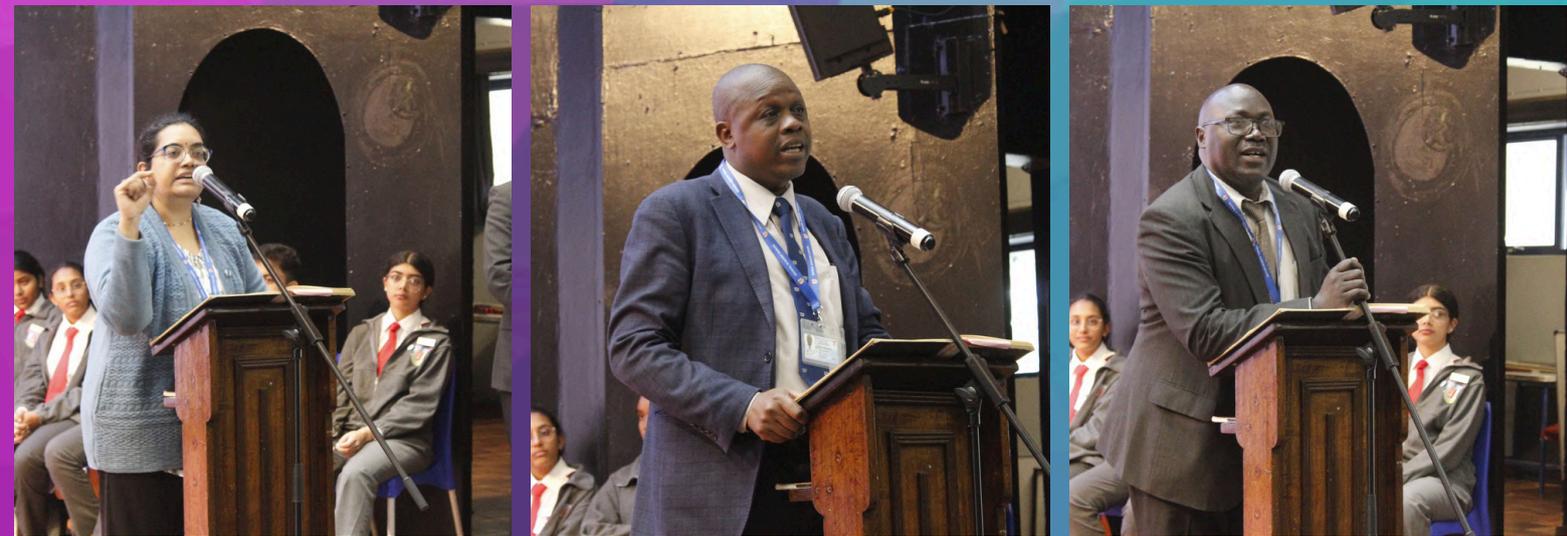
Mr. Benard Abwajoh has been a familiar face to parents in his role as Head Proctor. He now steps into the SLT as our new Pastoral Coordinator. With over 20 years of teaching ICT and a proven track record in pastoral care, Mr. Abwajoh brings the experience and passion necessary to strengthen this vital program. The pastoral department plays an integral role in nurturing the emotional, social, and character development of our students alongside their academic growth.



Mr. Benard Abwajoh
Pastoral Coordinator

YEAR 10 AND YEAR 11 ASSEMBLY

The Year 10 and Year 11 students congregated at the school Auditorium for their assembly. The assembly served as an opportunity to reflect on recent achievements, hear important announcements, and reinforce school values. Year 10 and Year 11 students demonstrated respectful behavior, listened attentively, and engaged positively throughout. Their positive attitude and respectful presence reflected the values we strive to uphold as a school. Overall, the assembly was a valuable experience that encouraged reflection, celebration, and a shared commitment to personal and academic growth.



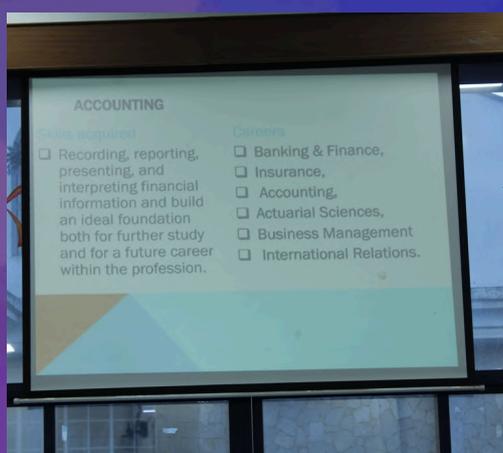
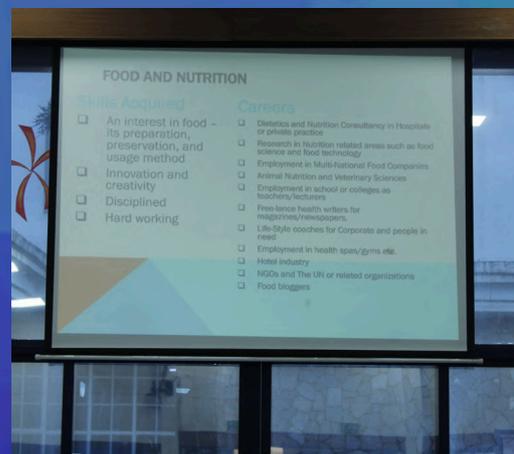
YEAR 7, 8 , AND 9 ASSEMBLY

The Year 7,8 and 9 students congregated at the school Auditorium for their assembly. The assembly served as an opportunity to reflect on recent achievements, hear important announcements, and reinforce school values. Years 7, 8, and 9 students demonstrated respectful behavior, listened attentively, and engaged positively throughout. Their positive attitude and respectful presence reflected the values we strive to uphold as a school. Overall, the assembly was a valuable experience that encouraged reflection, celebration, and a shared commitment to personal and academic growth.



YEAR 9 CAREER TALK FACILITATED BY CAREERS COUNSELLOR MS. MAKENA

Year 9 students had a career talk facilitated by Career Counsellor Ms. Makena where they were guided on various career opportunities, they can venture into.



YEAR 11 EXPLORE THE IMPACT OF ANTIBIOTICS ON BACTERIA

Year 11 Human Biology students recently carried out an engaging investigation into the effect of two different antibiotics on bacterial growth. This practical exercise not only reinforced their classroom learning but also gave them valuable insight into real-world applications of microbiology.



A MEMORABLE SESSION WITH XABI PERES

We had the pleasure of welcoming Xabi Peres, a former Spanish footballer and now a coach, to our school. He led an engaging session with our Year 10 IGCSE PE students, highlighting the importance of sport and drawing from his professional journey. The students asked insightful questions about football and gained a unique perspective on the game directly from someone with first-hand experience at the highest level.



SPORTS CORNER



Our under-13 boys' soccer team A delivered an impressive match, earning a 3-1 win over Nairobi International School. Their teamwork and determination were clear throughout the game, and we are proud of their effort and achievement.



Our under-13 boys' soccer team B impressed with a confident performance, sealing a 4-1 victory against Nairobi International School. Their energy and teamwork shone through, making it a well-deserved win.

WEEK 2 CLUBS' TIME!

School clubs foster teamwork, leadership, and personal growth, creating a well-rounded learning experience beyond the classroom.



Coding Club



Table Tennis Club



Swimming Club



Darts Club



Taekwondo Club



OSHWAL ACADEMY JUNIOR HIGH

THOUGHT OF THE WEEK



POSITIVE ATTITUDE

One small
.....
POSITIVE
THOUGHT ☺
EACH MORNING
can change
YOUR
Whole Day ☺

If you have a positive attitude and constantly strive to give your best effort, eventually you will overcome your immediate problems and find you are ready for greater challenges.

Pat Riley

#PositiveAttitude

The Power of a Positive Attitude



Rohan was a bright and curious boy, but he had been struggling in school for months. No matter how hard he tried, he just couldn't seem to grasp the concepts and was failing his exams. He felt like giving up and thought that he just wasn't cut out for school.

One day, his teacher, Mrs. Kumar, approached him after class. "Rohan, I know you're struggling, but I believe in you," she said. "I want you to help me with a special project – our school garden. We need someone to help us plant and maintain it."

Rohan was hesitant at first. He didn't know anything about gardening and didn't think it would help him with his studies. But Mrs. Kumar's enthusiasm was infectious, and eventually, he agreed to give it a try.

As Rohan worked on the garden, he began to realize that it wasn't just about planting seeds and watering them. It was about nurturing and caring for something, and watching it grow. He started to enjoy the process and took pride in his work.

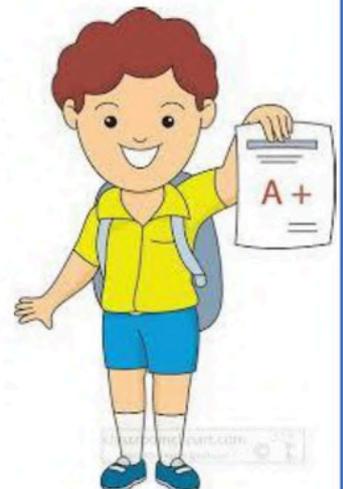


But what really surprised Rohan was how much he learned from the experience. He learned about responsibility, hard work, and the importance of a positive attitude. He realized that if he could make a difference in the garden, he could make a difference in his studies too.

With newfound determination, Rohan started applying the same attitude to his schoolwork. He began to pay attention in class, ask questions, and seek help when he needed it. And slowly but surely, his grades started to improve.

Rohan's confidence grew, and he started to enjoy learning again. He realized that he wasn't a failure and that he was capable of achieving his goals. He learned that a positive attitude can change everything and that with hard work and determination, anything is possible.

From that day on, Rohan approached challenges with a new mindset. He knew that he could overcome obstacles and achieve his dreams, one small step at a time. And he never forgot the lessons he learned in the school garden – lessons that stayed with him for the rest of his life.



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"COMPASS FOR LIFE SKILLS"

TERM 1 WEEK 3 SCHEDULE

8th September 2025 – 14th September 2025

Monday – 8th Sept. 2025

- Under 13 boys and girls swimming team selection at JH pool

Tuesday – 9th Sept. 2025



Wednesday – 10th Sept. 2025



Thursday – 11th Sept 2025



Friday – 12th Sept. 2025

- School Annual Day Rehearsal at OC

Saturday – 13th Sept. 2025

- Annual School Day and Prize Giving at OC from 1:30 pm

Sunday – 14th Sept. 2025

