



# OSHVAL ACADEMY NAIROBI JUNIOR HIGH



## WEEK 11 TERM III NEWSLETTER 2024-2025

### QUOTE OF WEEK:

**“Self-belief and hard work will always earn you success.”**

**— Virat Kohli, Indian Cricketer**



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# YEAR 7, 8 AND 9 END OF TERM 3 EXAMS BEGIN

Examinations are a diagnostic tool for the learning process, which students need to gauge their ability to comprehend and recall concepts taught. Year 7, 8 and 9 students commenced their End of Term 3 examinations this week. We wish our students the best in their examinations and urge you, the parents/guardians, to give them all the necessary support during this period.



# SCOUTS INVESTITURE CEREMONY 2025

We proudly held our Scouts Investiture Ceremony at the school auditorium, where new members officially joined the Scouts movement. It was a moment of honor and commitment as each student took the Scout Promise and received their badges. Congratulations to all our newly invested Scouts, your journey of service, leadership, and discipline begins now!



# CELEBRATING EXCELLENCE!

We were proud to host our Outstanding Cambridge Learner Award recipients from the June 2024 examination series for a special photo session at school. The students, who achieved top performance in their subjects, were invited for both group and individual photos while holding their well-earned certificates.

The official presentation of these prestigious awards will take place during our 2025 Annual Speech Day. We look forward to celebrating their achievements with the entire school community.

Congratulations once again to our exceptional learners!





OSHWAL ACADEMY  
NAIROBI JUNIOR  
HIGH

THOUGHT OF THE WEEK

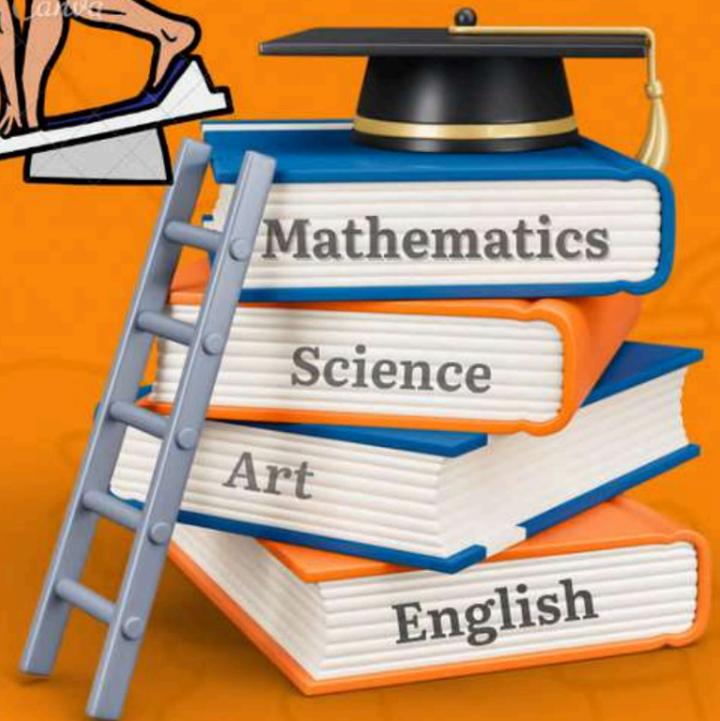
# BALANCE

Work hard ,Play well, Rest fully  
that's the Winning Rhythm



**Balance does not emerge by chance;**

it is the result of intentional structuring  
of one's time, energy and values

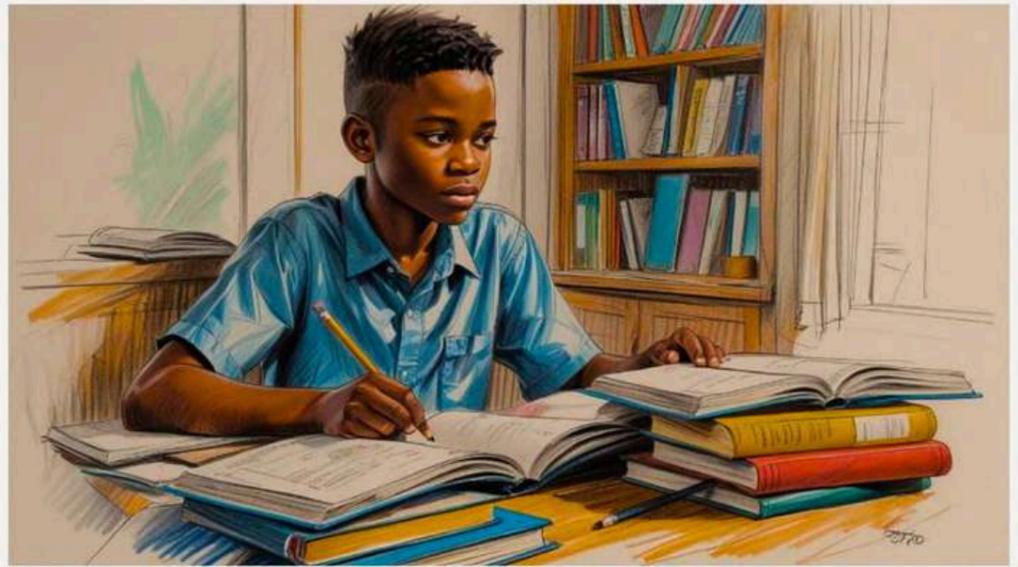


## Striking the Balance: Academic Diligence and Holiday Engagement



Tia was a whirlwind of energy. As soon as the last bell rang for the long holiday, her books were practically forgotten under her bed. Her auntie had just opened a new restaurant in Accra, and Tia was determined to spend every waking moment there, soaking in the vibrant atmosphere, helping with odd jobs, and, most importantly, learning all the latest Afrobeat's dance moves from the older kids who frequented the place.

Her cousin, Kojo, was the opposite. His holiday plan was meticulously laid out: morning revisions of math and science, followed by an hour of reading, and only then would he allow himself to join in the family's lively evening gatherings. He saw the holidays as a golden opportunity to get ahead, especially with the upcoming national exams looming in the new year.

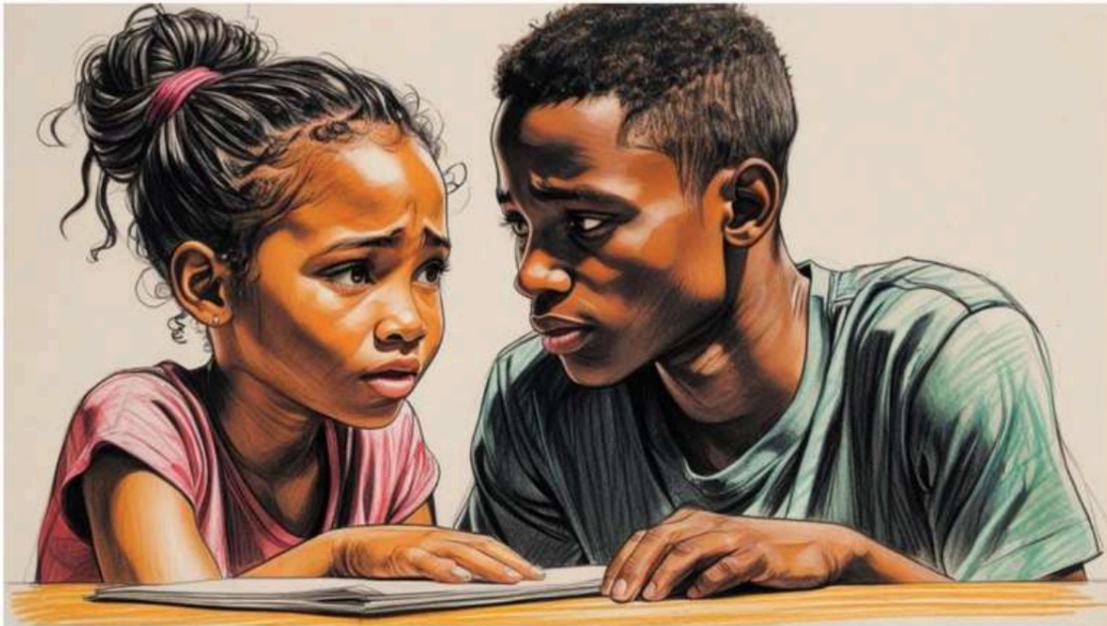


One sweltering afternoon, a week before school reopened, Tia found herself in a bit of a panic. Her mother, seeing her daughter's blissful ignorance, had gently reminded her about the holiday assignments. "Tia, my dear, remember that history project? And didn't you have a novel to read for English?"



Tia's heart sank. She'd been so caught up in the rhythm of the restaurant, the laughter, and the music, that her schoolwork had completely slipped her mind. Now, with just days left, she had a mountain of tasks to conquer. She saw Kojo calmly finishing his last

chapter of his holiday novel, a small smile of accomplishment on his face.



Feeling overwhelmed, Tia confessed her predicament to Kojo. He didn't gloat or scold. Instead, he simply said, "Auntie always says, 'Too much of one thing is good for nothing, even if that one thing is good.'"

He offered to help her organize her remaining time, breaking down the huge assignments into smaller, manageable chunks. They spent

the next few days working together. Tia, fuelled by panic and a little bit of regret, powered through her work, while Kojo offered quiet encouragement and clarified tricky concepts.

When school finally resumed, Tia hadn't just scraped by; she'd actually learned a lot during their last-minute study sessions. But more importantly, she'd learned a valuable lesson. The holidays were for fun, for family, and for new experiences, but they were also a time to keep one's academic skills sharp.



**Moral of the story:** Like a well-cooked food needs all its ingredients in the right measure, a fulfilling holiday needs a **balance** of rest, fun, and a little bit of study. Too much of one thing, even something good, can leave you feeling unprepared for what comes next.

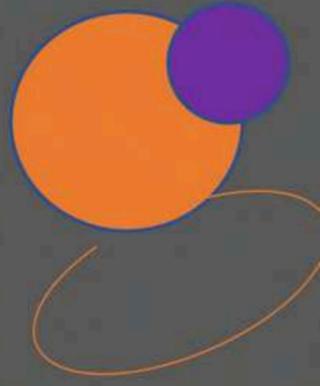


# OSHWAL ACADEMY NAIROBI JUNIOR HIGH

"COMPASS FOR LIFE SKILLS"

TERM 3 WEEK 12 SCHEDULE

6<sup>th</sup> July 2025 – 12<sup>th</sup> July 2025



Sunday – 6<sup>th</sup> July 2025



Monday – 7<sup>th</sup> July 2025



Tuesday – 8<sup>th</sup> July 2025

➤ ETE

Wednesday – 9<sup>th</sup> July 2025

➤ ETE ENDS (YEAR 7-10)

Thursday – 10<sup>th</sup> July 2025

➤ NO SCHOOL FOR STUDENTS

Friday – 11<sup>th</sup> July 2025

- SCRIPT VERIFICATION
- SCHOOL CLOSURES (HALF DAY)

Saturday – 12<sup>th</sup> July 2025

➤ YEAR 8 PA INDUCTION TRIP TO LONGONOT