



OSHWAL ACADEMY NAIROBI JUNIOR HIGH

Remember, a cleaner, greener world starts with each of us. Let us be the change we want to see.



WORLD ENVIRONMENT WEEK



Theme for World Environment Day 2025 :
#endplasticpollution

WEEK 7 TERM III
NEWSLETTER 2024-2025



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SCHOOL ASSEMBLY

The assembly served as an opportunity to reflect on recent achievements, hear important announcements, and reinforce school values. Key announcements included the resumption of all clubs and other extracurricular activities. Overall, the assembly was a valuable experience that encouraged reflection, celebration, and a shared commitment to personal and academic growth.



AWARDING CHAMPIONS AT THE ASSEMBLY



During assembly the World Scholars participants were presented with their certificates, after taking part in the World Scholars Global Round which was held in South Korea and they successfully qualified for the Tournament of Champions at Yale University, USA. This achievement is a testament to their hard work and passion, as well as the incredible guidance and support of their team coordinator, Ms. Caroline, who was recognized for her outstanding efforts in preparing the team.



Ayaan Quadros of Year 8D and Aum Chandarana of Year 9C were recognized during this week's school assembly for their outstanding performance at the Tennis Kenya Open Junior Tournament. After winning the Under-14 doubles title, the duo received their trophies from Deputy Head of School, Mr. Nelson, in front of a proud school community.

ANNUAL MAZINGIRA SAFI CONTEST 2025

Across all Year groups, students engaged with the environment in creative ways through this year's Annual Mazingira Safi Contest. Whether it is thoughtful essay writing, powerful photography, or expressive art, learners used their talents to highlight the importance of a clean and healthy planet. Their ideas are a strong reminder that change starts with awareness and often, in the classroom.



WORLD ENVIRONMENT DAY 2025

To mark World Environment Day on June 5th, 2025, our Geography students, Environmental Management students, and Mazingira Safi Contest winners visited Karura Forest. The field experience was a chance to connect classroom learning with real-world environmental issues, including conservation, ecosystem protection, and the global call to #EndPlasticPollution.



YEAR 8 EDUCATIONAL TRIP TO APOLLO SCIENCE PARK

Our Year 8 students recently visited the Apollo Science Park for an engaging educational trip. They took part in interactive sessions, explored cutting-edge science exhibits, and got a closer look at how scientific research and innovation impact everyday life. A memorable and inspiring experience for all!



YEAR 8 EDUCATIONAL TRIP TO APOLLO SCIENCE PARK IN PICTURES



ANNUAL MUSIC AND DANCE SHOW 2025 IN PICTURES



ANNUAL MUSIC AND DANCE SHOW 2025 IN PICTURES



ANNUAL MUSIC AND DANCE SHOW 2025 IN PICTURES



YEAR 10 IGCSE LITERATURE STUDENTS ACTING A SCENE FROM SHAKESPEARE'S "A MIDSUMMER NIGHT'S DREAM" DURING A LESSON.



PHYSICS DEPARTMENT INTERNAL TRAINING

The Physics Department recently held an internal training focused on effective teaching methodology. Faculty members shared insights and discussed hands-on approaches to make Physics more accessible and engaging in the classroom.





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THOUGHT OF THE WEEK

DISCIPLINE

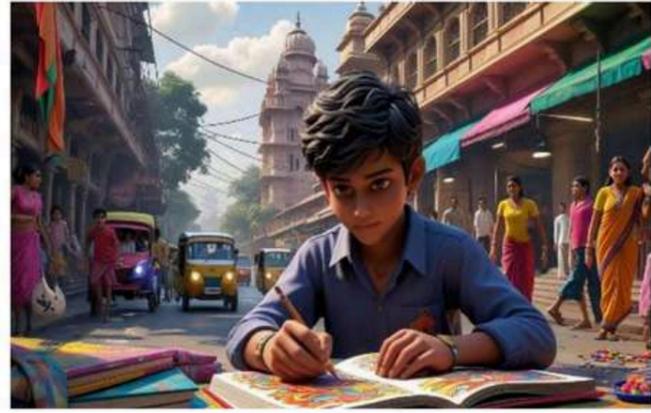
**is the bridge
between goals and
achievements.**

**Staying
focused and
consistent
turns dreams
into reality.**



Discipline and Dreams in the City

In a busy neighbourhood, there was a junior high student named Aarav. His school was a large, lively building nestled among crowded streets, street vendors shouting, rickshaws honking, and children playing in the narrow alleyways. Aarav loved drawing, during his free time sketching scenes from the bustling city streets, colourful markets, and temples.



But life in the city was never quiet, and Aarav faced many hurdles. His family had limited resources, and he often helped his mother with household chores after school. Despite this, Aarav was determined to succeed. Every morning, he woke up early, disciplined himself to study and practice drawing before heading to school. Even during breaks, he would sneak out his sketchbook, refusing to let distractions take over his dreams.



His school was highly competitive, with students vying for top scores and recognition. Many times, Aarav felt overwhelmed by the noise and chaos outside—honking vehicles, street vendors calling out, and the hustle of city life. But he knew that discipline was the key. He set aside time every evening to revise his lessons, practice his sketches, and prepare for upcoming competitions.



One day, the school announced a drawing competition focusing on urban life. Aarav saw this as a golden opportunity. He decided to participate, dedicating extra hours after homework to perfect his artwork. He drew detailed scenes of Mumbai's crowded streets, vibrant markets, and lively festivals—capturing the spirit of his city with passion and discipline.

Despite doubts from some classmates who thought he was wasting time, Aarav stayed committed. He woke up early, stayed focused, and kept practicing every day. His disciplined approach paid off when he submitted his drawing—full of life, energy, and love for his city.



On the day of the results, Aarav was thrilled to hear he had won. His hard work, discipline, and unwavering belief in himself had helped him rise above the chaos around him.

Moral of the story: In a busy, unpredictable city, discipline and focus are the keys to turning your dreams into reality.

SPORTS CORNER

The Sports Department has been a beehive of activities with numerous opportunities for our students to engage in various inter-school sports competitions.



Our under-13 girls' netball team recently had the opportunity to play a friendly match against Premier Academy. The team put on a great performance and came away with a convincing 23-5 win. It was a fantastic display of skill and teamwork well done to all the players involved!



Our under-13 boys rugby team put in a great performance this week, securing a 65-25 win against Rusinga School. The team showed solid teamwork and determination throughout the match. Congratulations to the players and coaches on a well-earned victory.



Our under-13 boy's football team played an exciting match against Premier Academy, ending in a 5-5 draw. It was a competitive game with strong performances on both sides. Well done to the team for their hard work and resilience.



Our under-13 girls' netball team had a strong showing against Rusinga School, securing a close 11-9 victory. It was a competitive match, and the team's focus and teamwork made the difference. Congratulations to all the players!

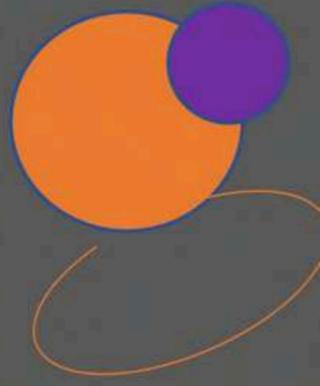


OSHWAL ACADEMY NAIROBI JUNIOR HIGH

"COMPASS FOR LIFE SKILLS"

TERM 3 WEEK 8 SCHEDULE

8th June 2025 – 14th June 2025



Sunday – 8th June 2025



Monday – 9th June 2025

- ANNUAL SCIENCE FAIR (8:00AM – 2:30PM)
- U15 GIRLS' BASKETBALL VS. RUSINGA (A)
- U15 BOYS' RUGBY VS. RUSINGA (A) @1:30PM

Tuesday – 10th June 2025



Wednesday – 11th June 2025

- MFL ELOCUTION (8AM – 1PM)
- U13 BOYS' RUGBY VS. NAIROBI ACADEMY & LIGHT INTERNATIONAL (A)
- U13 GIRLS' NETBALL VS. NAIROBI ACADEMY & LIGHT INTERNATIONAL (A) @1:30PM
- IGCSE EXAMS END

Thursday – 12th June 2025



Friday – 13th June 2025

- FOOD AND NUTRITION COOKING COMPETITION (8AM – 12PM)

Saturday – 14th June 2025

- YEAR 9 & 10 OPEN DAY (9AM-1PM)
- KAISSO U15 BOYS' DIV1 RUGBY TOURNAMENT @RVA @6AM
- KAISSO U13 GIRLS' NETBALL TOURNAMENT @ OSHWAL
- SCHOOL OF THE NATIONS INVITATIONAL SWIMMING GALA