



OSHVAL ACADEMY NAIROBI JUNIOR HIGH

WEEK 8 TERM II NEWSLETTER 2024/2025

QUOTE OF WEEK:

**"IN THE END, WE RETAIN
FROM OUR STUDIES ONLY
THAT WHICH WE PRCTICALLY
APPLY"**

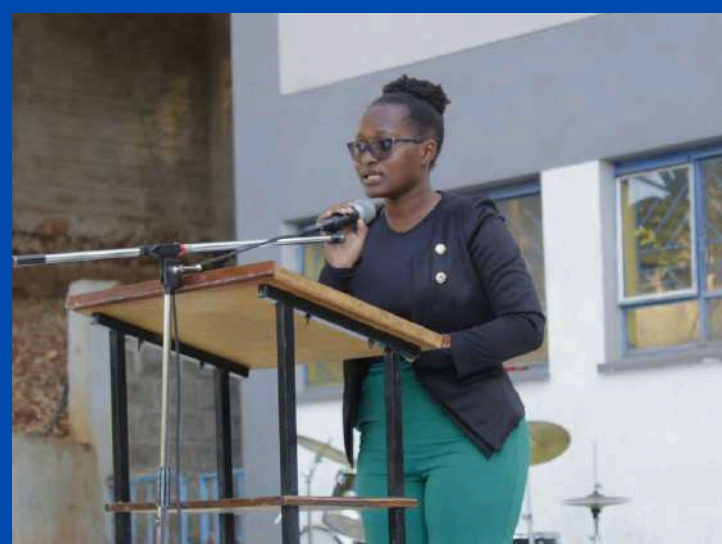
-JOHANN WOLFGANG.



WEEK 8 ASSEMBLY IN PICTURES



Students performing Jain prayer at the assembly.



Announcements from some of the students.

CELEBRATING OUR CHAMPIONS, AT THE ASSEMBLY



We are proud to congratulate our outstanding athletes for their incredible achievements:

Aman Harshit Gudka (Year 11G) – attained 1st Runners-Up position and a Trophy at the Aga Khan Table Tennis Festival

Anushka Singh (Year 8B) – won 1 gold medal with the Under-13 Girls Hockey Team at the International & Private Schools Sports Association (IPSSA) Championship.

Rajveer Remy Pandit (Year 10C) – won 1 gold medal in 50meters Freestyle, 1 silver medal in 100meters Freestyle, 1 bronze medal in 100meters Breaststroke, and attained 2nd Runners-Up position and a Trophy in his age category.

Your dedication, hard work, and sportsmanship inspire us all. Keep shining.



OUTSTANDING ACHIEVEMENT AT CRICKET OSHWAL PREMIER LEAGUE 4 – UNDER-16 JUNIOR CATEGORY

A huge congratulations to Neer Malde, Mahi Malde, Need Savla, Heet Hariya, Monil Shah, and Neeyam Shah for their remarkable performance at the Cricket Oshwal Premier League 4 in the Under-16 Junior Category! Their hard work, determination, and teamwork led them to secure the runner-up position, earning well-deserved medals and certificates as a testament to their skill and dedication.

Throughout the tournament, they showcased exceptional cricketing talent, displaying resilience and sportsmanship in every match. Their journey to the finals was filled with intense competition, but their passion and commitment kept them going, making their achievement truly commendable.

We celebrate their success and look forward to seeing them continue to shine in the world of cricket! Well done.



CONGRATULATIONS TO PRAYAN GUPTA FOR HIS OUTSTANDING CHESS ACHIEVEMENT!

We are incredibly proud of Prayan Gupta from Year 7A for his brilliant performance at the Chess Tournament held at Oshwal Academy Primary Campus in the Under-12 Category. With an impressive score of 5.5 out of 6 rounds, Prayan secured a well-deserved 3rd position, showcasing his strategic thinking, focus, and resilience throughout the competition.

Wearing his medal and proudly holding his certificates, Prayan's achievement is a testament to his hard work and passion for the game. His dedication and sharp chess skills set an inspiring example for his peers, and we look forward to seeing him continue to excel in future tournaments.

Well done, Prayan! Keep up the fantastic work!



EXCITING ADDITION TO STUDENT RECREATION TWO NEW FUSS BALL TABLES INTRODUCED

We are thrilled to announce the introduction of two brand-new Fuss ball tables for our students to enjoy during break and lunch times! This exciting addition is part of our ongoing efforts to provide a variety of recreational activities that promote relaxation, social interaction, and skill development. The Fuss ball tables, are located in the student common area, offers a fun and engaging way for students to unwind, build friendships, and develop valuable skills such as hand-eye coordination, strategic thinking, and sportsmanship. Whether you're a beginner or an experienced player, everyone is welcome to participate and enjoy the game. To ensure everyone has a positive experience, we encourage students to respect the equipment's, take turns, and play safely. Staff members will be on hand to offer guidance and answer any questions students may have. We believe this new addition will create a vibrant and inclusive atmosphere during break times, giving students another healthy outlet to recharge and connect with their peers.



YEAR 7 AND YEAR 8 STEM ROBO DEMONSTRATIONS FACILITATED BY PIXEL ACADEMY AFRICA

Adapting the STEM program is a big step towards aligning with global educational trends. As a futuristic school, we are moving towards STEM education due to its effectiveness in preparing students for the future and fostering a culture of innovation.



YEAR 11 TRANSITION MEETING AT SENIOR HIGH

Year 11 students took an important step toward their future as they attended their Senior High transition meeting. The session provided valuable insights into the opportunities, expectations, and pathways available in their senior years of education.

Students had the chance to engage with senior staff, learn about subject choices, and understand the support systems in place to help them succeed. The meeting also highlighted key academic requirements, extracurricular opportunities, and career pathways, ensuring students feel confident and prepared for the transition ahead.

With excitement and ambition, Year 11 students are now ready to embrace the challenges and opportunities of Senior High, setting the foundation for a successful and fulfilling journey ahead.



AWARD SCHEME DEVELOPMENT AND ACCREDITATION NETWORK (ASDAN) INCLUSIVE EDUCATION DEPARTMENT VALENTINE'S DINNER

The Inclusive Education Department held their ASDAN Valentines' Luncheon. The event was themed in red and black colors. ASDAN means Award Scheme Development and Accreditation Network which is a curriculum that is designed to help develop knowledge and hands-on skills. It is an effective and vigorous curriculum that allows educators to support learners meet their individual needs.



STUDENTS SHINE AT THE ANNUAL INTERHOUSE SPELLING BEE COMPETITION

The atmosphere was electric as students from all houses gathered to participate in the highly anticipated Annual Interhouse Spelling Bee at the school Auditorium. This event, a highlight of the Academic Calendar, brought together eager participants and enthusiastic supporters, all united by a love for words and healthy competition. Representatives from each house demonstrated remarkable focus and preparation as they tackled challenging words across multiple rounds. The competition tested not only their spelling abilities but also their quick thinking and composure under pressure. Students impressed the audience with their knowledge, confidently spelling complex and unfamiliar words. Beyond the competition, the event fostered teamwork, discipline, and sportsmanship, with participants encouraging one another regardless of the outcome. The audience, made up of students and teachers, cheered on their houses, creating a vibrant and supportive environment. In the end, while only one house claimed the top spot, all participants left as winners, having gained valuable experience and a deeper appreciation for language. The annual spelling bee continues to be a platform for students to challenge themselves and celebrate academic excellence.



PRESIDENT'S AWARD BRONZE EXPEDITION TO MACHAKOS

A group of enthusiastic students took part in the President's Award Bronze Expedition to Machakos County, marking an unforgettable journey of adventure, resilience, and teamwork. The expedition, a key component of the President's Award scheme, aims to cultivate leadership, self-reliance, and a spirit of service among young people. Over the course of the expedition, students navigated challenging terrains, practiced map-reading and compass skills, and camped under the stars. The scenic landscapes of Machakos County provided the perfect backdrop for the students to push their limits, work collaboratively, and develop essential survival skills. Throughout the journey, participants demonstrated exceptional teamwork, supporting one another through physical and mental challenges. Beyond the physical aspects, the expedition encouraged reflection, problem-solving, and an appreciation for nature and community engagement. The experience left students with lasting memories, newfound friendships, and a sense of accomplishment. By successfully completing the Bronze Expedition, they took a significant step toward achieving the prestigious President's Award, proving that with determination and teamwork, no challenge is too great.



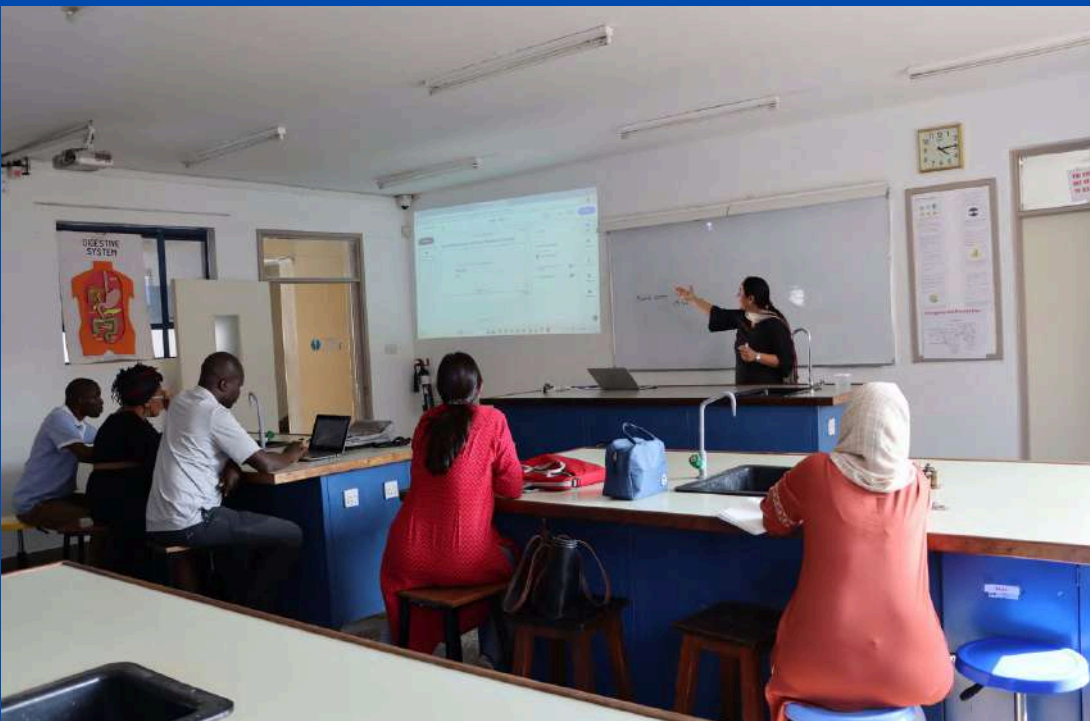
STUDENTS STEP UP FOR PREFECT INTERVIEWS: FUTURE LEADERS IN ACTION

This week marked an important milestone in our school's journey toward fostering leadership and responsibility among students. Aspiring prefects from various year groups participated in a series of interviews for key leadership roles, including Head Boy, Head girl, Sports Prefect, Entertainment Prefect, and other vital positions. The interview process was designed to assess the candidates' leadership potential, communication skills, sense of responsibility, and commitment to serving their peers and the school community. Each student showcased their unique qualities and shared their vision for how they would contribute to making the school a better place. The panel, comprising of the Head Proctor Mr. Bernard Abwajoh and the Year groups proctors, was highly impressed with the enthusiasm and thoughtful responses from the candidates. Many students expressed innovative ideas for improving school events, promoting inclusivity, and encouraging student participation across various activities. These interviews are more than just a selection process—they are a valuable opportunity for students to develop confidence, reflect on their strengths, and understand the significance of leadership. The final selections will be announced later, and we look forward to seeing these young leaders take on their new responsibilities with dedication and pride. Congratulations to all the candidates for their courage, ambition, and willingness to make a difference!



BIOLOGY DEPARTMENT CONDUCTS INTERNAL TRAINING ON ICT IN BIOLOGY

The Biology Department recently organized an internal training session focused on the integration of Information and Communication Technology (ICT) in biological research and education. This initiative aimed to enhance the digital skills of faculty and staff, enabling them to leverage modern technological tools for teaching, research, and data analysis. During the training, participants explored various ICT applications, including bioinformatics tools, virtual lab simulations, data management software, and online collaborative platforms. Hands-on sessions provided practical experience in using these technologies to improve research efficiency and enhance student engagement in learning. The department recognizes the growing importance of ICT in modern biological sciences and remains committed to equipping its members with the necessary skills to adapt to evolving technological advancements. This training marks a significant step toward integrating digital tools into the department's teaching and research activities, ultimately fostering innovation and efficiency in biological studies.



FROM SPORTS CORNER

The Sports Department has been a beehive of activities with numerous opportunities for our students to engage in various inter-school sports competition.



Our under-15 girls' hockey team's recent match against Braeside Thika. The game concluded with a thrilling draw of 1:1, showcasing intense competition from both teams. Most Valuable Player: Khushee Malde 9C and Mahi Malde 9C.



Against Nairobi International School, our under-15 boys' basketball team lost 49 baskets to 29 baskets.



Join us in congratulating our under-13 girls' hockey team for edging out Light Academy 8 - 0.



Join us in congratulating our under-13 girls' hockey team for edging out Braeside Thika 4 - 1.



Join us in applauding our under-15 Girls Hockey team on their 1 - 0 win over Rosslyn Academy. Most Valuable Player : Naavya Jethwa 9C and Prabhleen Matharu 10F

CLUB ACTIVITIES

School clubs foster teamwork, leadership, and personal growth, creating a well-rounded learning experience beyond the classroom



Students having a good time using the Pool table during club time.



Students having a good time using Fuss ball tables during club time.



Darts Club



Taekwondo Club

OSHWAL ACADEMY JUNIOR HIGH

Show **RESPECT**

**Respect is a
two way street,**

**If you want to get it you've
got to give it.**

R.G. Risch

THOUGHT OF THE WEEK



The Wooden Bowl



A frail old man went to live with his son, daughter-in-law, and four-year-old grandson. The old man's hands trembled, his eyesight was blurred, and his step faltered. The family ate together at the table. But the elderly grandfather's shaky hands and failing sight made eating difficult. Peas rolled off his spoon onto the floor. When he grasped the glass, milk spilled on the tablecloth.

The son and daughter-in-law became irritated with the mess. "We must do something about father," said the son. "I've had enough of his spilled milk, noisy eating, and food on the floor." So, the husband and wife set a small table in the corner. There, Grandfather ate alone while the rest of the family enjoyed dinner. Since Grandfather had broken a dish or two, his food was served in a wooden bowl! When the family glanced in Grandfather's direction, sometimes he had a tear in his eye as he sat alone. Still, the only words the couple had for him were sharp admonitions when he dropped a fork or spilled food.

The four-year-old watched it all in silence.

One evening before supper, the father noticed his son playing with wood scraps on the floor. He asked the child sweetly, "What are you making?" Just as sweetly, the boy responded, "Oh, I am making a little bowl for you and Mama to eat your food in when I grow up." The four-year-old smiled and went back to work.



The words so struck the parents so that they were speechless. Then tears started to stream down their cheeks. Though no word was spoken, both knew what must be done.

That evening the husband took Grandfather's hand and gently led him back to the family table. For the remainder of his day, he ate every meal with the family. And for some reason, neither husband nor wife seemed to care any longer when a fork was dropped, milk spilled, or the tablecloth soiled.

Moral: You reap what you sow. Regardless of your relationship with your parents, you'll miss them when they're gone from your life. Always Respect, care for and love them



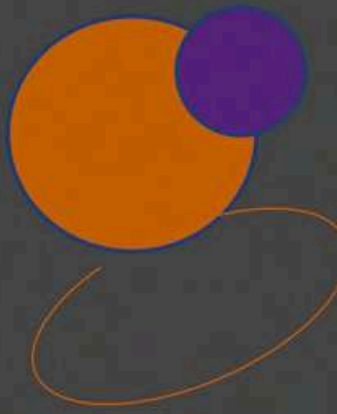


OSHVAL ACADEMY NAIROBI JUNIOR HIGH

"COMPASS FOR LIFE SKILLS"

TERM 2 WEEK 9 SCHEDULE

2nd March 2025 – 8th March 2025



Sunday – 2nd March 2025



Monday – 3rd March 2025



Tuesday – 4th March 2025

➤ U13 BOYS' BASKETBALL VS. MAKINI VS. BROOKHOUSE RUNDA (A) @1:30PM

Wednesday – 5th March 2025

➤ YEAR 8 GEOGRAPHY TRIP TO WEATHER STATION

Thursday – 6th March 2025

- JUNIOR HIGH CAREER DAY
- U15 BOYS' BASKETBALL VS. LUKENYA (H) @1:30PM
- U15 GIRLS' FOOTBALL VS. LUKENYA (H) @1:30PM

Friday – 7th March 2025

➤ INTERSCHOOL MUSIC RECITAL (8:00AM TO 2:00PM)

Saturday – 8th March 2025

- **YEAR 7 & 8 OPEN DAY (9:00AM TO 1:00PM)**
- **KAISSO U15 GIRLS' DV1 HOCKEY TOURNAMENT @ HILLCREST**
- **KAISSO U15 GIRLS' LEAGUE FINALS @ HILLCREST**
- **KAISSO U15 BOYS' DV1 HOCKEY TOURNAMENT @ TURI**
- **KAISSO U15 BOYS' LEAGUE FINALS @ TURI**
- **KAISSO U15 BOYS' DV2 HOCKEY TOURNAMENT @ GREENSTED**
- **KAISSO U15 GIRLS' DV2 HOCKEY TOURNAMENT @ BGE**
- **TENNIS FINALS @ PEPONI**
- **ISK SWIMMING GALA**