



# OSHWAL ACADEMY NAIROBI Junior High

WEEK 4  
TERM II  
NEWSLETTER  
2024/2025

## Our Values

- Trust
- Integrity
- Courtesy
- Humility
- Compassion
- Honour
- Tolerance

## Quote of the Week

**"I learned that courage was not the absence of fear, but the triumph over it."**

**~~ Nelson Mandela**

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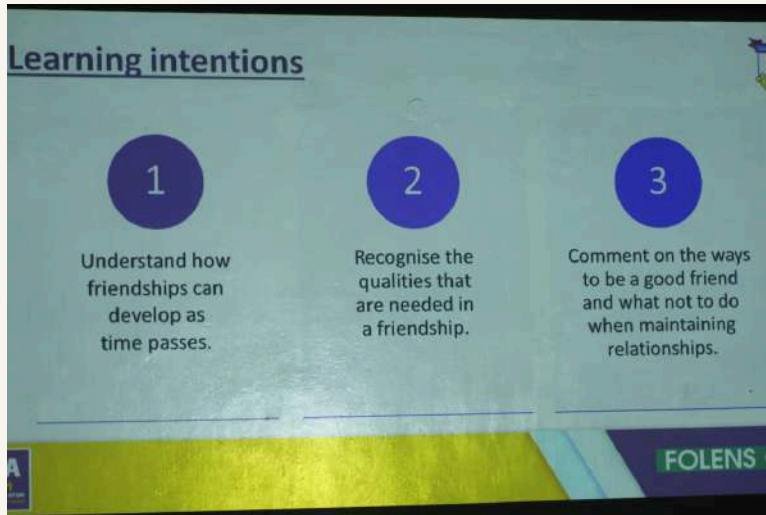
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# YEAR 7 CAREER TALK

Year 7 students had an interactive session with the school's Career Counsellor Ms. Linet on topics such as the importance of choosing the right friendship, healthy relationships amongst their peers and compassion for one another.





# YEAR 7 TRIP TO NAIROBI NATIONAL MUSEUM

Some of our year 7 students visited the Nairobi National Museum for an educational History trip. It aimed at researching further on the evolution theory on the origin of mankind.



Our students gained much through visiting the hall of hominids where they observed various remains of past human beings dating back to about 2.5 million years ago. They equally established why Kenya and Africa is said to be the 'cradle of Humankind.' The trip ignited further questions as to whether we are still evolving or not?





# YEAR 11 PASTORAL TALK

Year 11 students participated in an interactive session with the Pastoral / Co-Curricular Coordinator Ms. Balraj, Head of Year 11, Ms. Esther and their Home Room Tutors on time management techniques, effective study habits and important tips to prepare for a competitive exam as they prepare for their IGCSE exams.

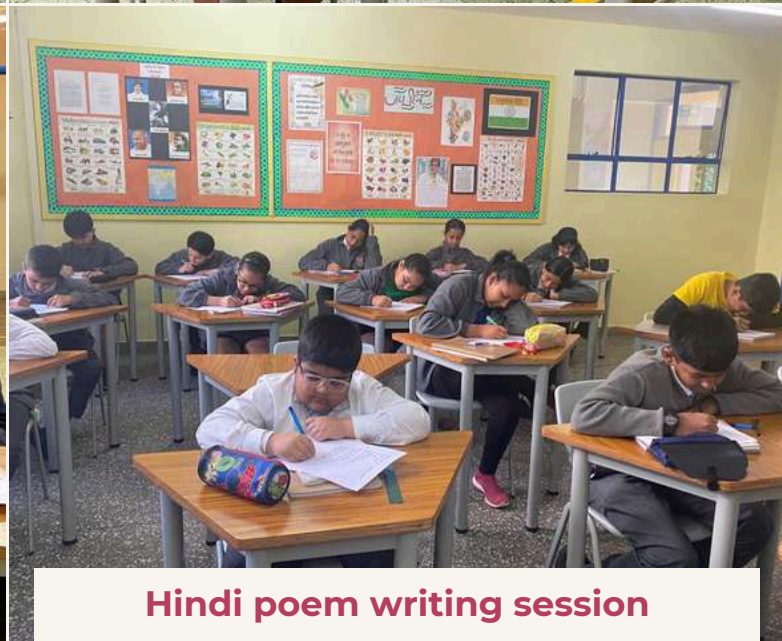




# GUJARATI/HINDI CREATIVE AND POEM WRITING COMPETITION IN PICTURES



**Gujarati poem writing session**



**Hindi poem writing session**



# INCLUSIVE EDUCATION DEPARTMENT AT THE ANNUAL MATHEMATICS QUIZ

For the first time our students from the Inclusive Education Department (IED) were participated in the Annual Mathematics Quiz that was held at Oshwal Academy Nairobi Junior High. The selected IED students proudly represented the Inclusive Education Department, demonstrating their exceptional skills in solving numeracy problems. The IED Department would like to express its heartfelt gratitude to the Maths Department for embracing inclusivity and proving that disability is not a barrier to achievement, a message that was powerfully demonstrated by our talented learners.





# MIDDLE SCHOOL MODEL UNITED NATIONS (MSMUN) CONFERENCE



The 31st MSMUN Conference themed Local roots, global reach concluded this week with exceptional performances from our students across various committees. Allysya Kawira was awarded the title of Best Overall Securitary, showcasing excellent leadership and organizational skills.

Among the standout speakers, Nuru Wabwire from Tech Committee, Sohan Shah from Ecology Committee, and Ethan Mbogo from Health Committee

They both demonstrated outstanding articulation and diplomacy, earning them the Best Speaker awards.

Corrine Mulei was named Best Delegate in the HDC committee for her exceptional contributions.

Justin Kombe received both an Honourable Mention and accolades for Best Delegate and Best Speaker in Health & Tech, reflecting his remarkable dedication.

Yasin Bagha's creativity shone through in his winning TikTok video, capturing the conference's vibrant spirit.



This year's MSMUN was a testament to the exceptional talent and dedication of all participants, the advisors and the school's continued support for this programme.

**Best Overall Securitary: Allysya Kawira**

## Best Speakers

Nuru Wabwire -Tech  
Sohan Shah - Ecology  
Ethan Mbogo - Health

**Best Delegates:HDC**  
Corrine Mulei

**Honourable Mention :Health & Tech**

**Best Delegate and Best Speaker: Justin Kombe**

**Best TikTok Video: Yasin Bagha**





# YEAR 7 DISCIPLINARY TALK

Year 7 students participated in an interactive session with the school's Senior Leadership Team, Head Proctor, Mr. Bernard Abwajoh, the Head of Year 7, Mr. Bernard Ayako, and their Year 7 Home Room Tutors on topics such as self-discipline in school and outside school, healthy relationships and empathy for one another





# SPORTS CORNER



Join us in applauding our under-15 boys' Football team on their 3 - 1 win against Regis school.



Join us in applauding our under-15 girls' Football team on their 2 - 1 win against Regis school. The Most Valuable Player is Alison Amor.



Join us in applauding our under-15 Girls Hockey team on their 7 - 0 win over Rusinga School. Most Valuable Player : Lisa Kairu and Prabhleen Matharu



Join us in congratulating our under 15 boys' Hockey team for winning the 2025 International & Private Schools Sports Association (IPSSA) Tournament as the Silver Medallist's at Crawford International School.



Join us in congratulating our under 15 girls' Hockey team for winning the 2025 International & Private Schools Sports Association (IPSSA) Tournament as the Silver Medallist's at Crawford International School. Most Valuable Player of the Tournament Siya Nagaria.





# SPORTS CORNER CONT...



Join us in congratulating our under 15 boys Basketball team for edging out Naisula School 25 – 23. Each player gave their all, making the day full of electrifying experiences.



Join us in congratulating our under 15 boys' Hockey team who won 5-0 against Brookhouse Runda in the Kenya Association of International Schools Sports Organisation Tournament (KAISSO).

## RECOGNITION OF OUR SWIMMING TEAM ACHIEVEMENT





# SPORTS CORNER CONT...

## RECOGNITION OF OUR SWIMMING TEAM ACHIEVEMENT



### OSHWAL ACADEMY NAIROBI JUNIOR HIGH Nairobi County Level 1 Swimming Championships



# Congratulations!

Heartfelt congratulations to our outstanding students from the Junior high who have excelled at the **Nairobi County Level 1 Swimming Championships!** Our boys made us proud by finishing **2nd overall out of 24** teams, and the girls faced stiff competition and managed to position **16 out of 23**. Our boys and girls managed to scoop **10 gold** medals, **11 silver** medals and **7 bronze** medals. **12 swimmers** managed to get Level 2 times in various events and therefore proceeded to the next level.



# 10



# 11



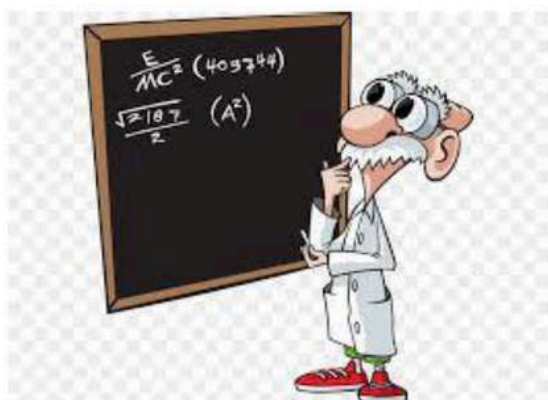
# 7



# THOUGHT OF THE WEEK

## THE GREEDY RICH MAN'S SAFE: A STORY ON THE IMPORTANCE OF GENEROSITY

Once upon a time, a greedy, rich man hired a great mathematician. The rich man wanted the mathematician to find the best way for him to make the greatest profit in everything he did. The rich man was building a huge safe, and his greatest dream was to fill it with gold and jewels.



The mathematician was shut away for months in his study, before finally believing he had found the solution. But he soon found there were some errors in his calculations, and he started all over again.

One night he appeared at the rich man's house, with a big smile on his face: "I found it!" he said, "My calculations are perfect." The rich man was going on a long journey the next day, and didn't have time to listen. He promised the mathematician he would pay him double his wages if he would take charge of the business while he was away, and put the new formulas into practice. Excited by his new discovery, the mathematician was delighted to accept.

When the rich man returned, months later, he found that all of his possessions had gone. Furious, he went to ask for an explanation from the mathematician. The mathematician calmly told him what he had done. He had given everything away to people. The rich man couldn't believe it, but the mathematician explained it further.





# THOUGHT OF THE WEEK CONT...

"For months I analysed how a rich man could gain the maximum benefit, but what I could do was always limited. There's a limit to how much one man can do by himself. Then I understood the key was that many people could help us to achieve the aim. So the conclusion was that helping others was the best way to get more and more people to benefit us."

Disappointed and furious, the greedy man stormed off, desperate at having lost everything to the hare-brained schemes of a madman. However, while he was walking away disconsolately, several neighbours ran over, worried about him. All of them had been helped when the mathematician shared out the rich man's fortune. They felt so grateful to him that they offered him the hospitality of their houses, and anything such a special man might need. The neighbours even argued over who would get to help him.

Over the next few days, he saw the full results of what the mathematician had calculated. Wherever he went he was received with great honour, and everyone was willing to help him in whatever way they could. He realised that his not having anything had given him much, much more.

In this way, he managed to quickly set up flourishing businesses, but this time he followed the brilliant mathematician's advice. No longer did he keep his riches in a safe, or anything like it. Instead, he shared out his fortune among a hundred friends, whose hearts he had converted into the safest, most grateful and fruitful of safes.





OSHWA! ACADEMY JUNIOR HIGH

# THOUGHT OF THE WEEK

# GENEROUSITY

MEANS GIVING WITHOUT  
EXPECTING  
ANYTHING IN  
RETURN



GIVE YOUR TIME /MONEY TO  
SUPPORT A NOBLE CAUSE

LEND A HELPING HAND

GIVE A SHOULDER TO LEAN ON







# OSHWAL ACADEMY NAIROBI JUNIOR HIGH

"COMPASS FOR LIFE SKILLS"

## TERM 2 WEEK 5 SCHEDULE

2<sup>nd</sup> February 2025 – 9<sup>th</sup> February 2025



Sunday – 2<sup>nd</sup> February 2025



Monday – 3<sup>rd</sup> February 2025

- IGCSE PE HOCKEY FILMING
- U15 GIRLS FOOTBALL VS. PREMIER (A)
- U15 BOYS BASKETBALL VS. PREMIER (A) @2PM

Tuesday – 4<sup>th</sup> February 2025

- YEAR 6 VISIT TO JUNIOR HIGH
- EAMUN CONFERENCE
- U13 BOYS & GIRLS HOCKEY VS. CRAWFORD (H) @1:30PM
- U15 BOYS & GIRLS HOCKEY LEAGUE MATCH VS. PREMIER (H) @2PM

Wednesday – 5<sup>th</sup> February 2025

- EAMUN CONFERENCE
- U13 BOYS & GIRLS HOCKEY VS. BGE (A)
- U13 GIRLS HOCKEY VS. LIGHT ACADEMY (H)

Thursday – 6<sup>th</sup> February 2025

- EAMUN CONFERENCE
- U13 BOYS & GIRLS HOCKEY VS. JUJA PREP & ROPHINE (A)
- U13 BOYS FOOTBALL VS. JUJA PREP & ROPHINE (A)
- U15 GIRLS & BOYS FOOTBALL VS. JUJA PREP & ROPHINE (A) @ 2PM

Friday – 7<sup>th</sup> February 2025



- EAMUN CONFERENCE
- MID-TERM EXAM BEGINS (YEAR 10 & 11)
- DEADLINE TO SUBMIT IGCSE FORMS & CHEQUES

- OAN CHESS TOURNAMENT @ PRIMARY
- U15 BOYS BASKETBALL TOURNAMENT @ NAISULA
- U15 GIRLS FOOTBALL TOURNAMENT @ NAISULA
- NAIROBI COUNTY LEVEL 2 GALA @ KIOTA