



OSHWAL ACADEMY NAIROBI JUNIOR HIGH

**TERM 2
WEEK 3
NEWSLETTER
2024/2025**

QUOTE OF THE WEEK :

"The aim of education is the knowledge, not of facts, but of values."

~~William S. Burroughs

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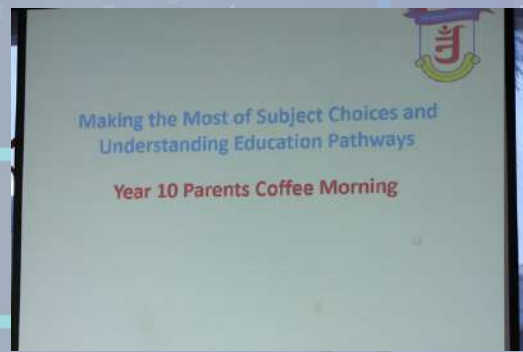
WEEK 3 ASSEMBLY IN PICTURES



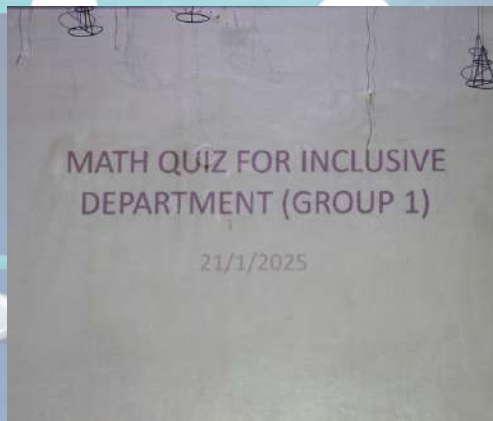
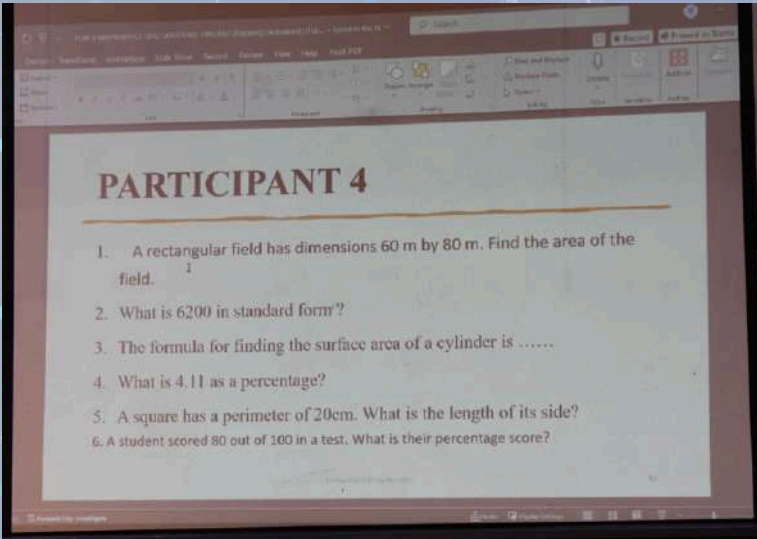
INTRODUCING OUR NEW TEACHERS



YEAR 10 PARENTS COFFEE MORNING TALK IN PICTURES



ANNUAL MATHEMATICS QUIZ IN PICTURES



HUMAN BIOLOGY PRACTICAL LESSON ON DISSECTING THE EYE OF A GOAT



Year 10 Human Biology students having a practical lesson on dissecting the eye of a goat. This allows our learners to delve deeper into understanding of biological structures.



YEAR 11 ICT STUDENTS COMPLETING THEIR CONTINUOUS REVISION TEST

Year 11 Information and Communication Technology students are completing a Continuous Revision Test in preparation for their IGCSE examinations.



ANNUAL SWIMMING GALA IN PICTURES



ANNUAL SWIMMING GALA IN PICTURES



THE SPORTS CORNER

Our Under 15 Boys Hockey team played their debut league match against Greensteds International School. The boys triumphed by 2 goals to 1
Most Valuable Player; Sayam Jakharia 10F



UNDER 15 BOYS HOCKEY TEAM



Join us in congratulating both our Team A and Team B under-13 boys' Hockey teams on their 2 – 1 and 4 – 0 victory over Nairobi Academy respectively.



Our under 15 girls football squad recently played against Rosslyn Academy. The game ended in an exciting tie of 1:1, demonstrating strong competition from both teams. Throughout the game, both teams demonstrated skilled skills and cunning movements, but neither could seal the victory. Our players fought tirelessly until the last whistle, exhibiting amazing endurance and drive.

Goal scorer: Patience Waithera

Most Valuable Players: Natalia Ngeru and Patience Waithera

THE SPORTS CORNER CONT...



Our under 15 girls Hockey team's recent match against Greensteds International School. The game concluded with a thrilling draw of 0:0



Join us in congratulating our under-15 Boys Hockey team on their 4 - 0 victory over Samaj School at Oshwal Center.



Join us in applauding our under-15 Girls Football team on their 4 - 3 win over Samaj School.



**Join us in applauding our under-15 Girls Hockey team on their 3 - 1 win over Samaj School.
Most Valuable Player : Aanishka Kaul 9G (Scored 3 goals)**



IGCSE CYCLING TRIALS AT HELL'S GATE



A Glass of Milk



There once was a poor boy who spent his days going door-to-door selling newspapers to pay for school. One day, as he was walking his route, he started feeling low and weak. The poor boy was starving, so he decided to ask for food when he came to the next door.

The poor boy asked for food but was denied every time, until he reached the door of a girl. He asked for a glass of water, but seeing his poor state, the girl came back with a glass of milk. The boy asked how much he owed her for the milk, but she refused payment.

Years later, the girl, who was now a grown woman, fell sick. She went from doctor to doctor, but no one was able to cure her. Finally, she went to the best doctor in town.

The doctor spent months treating her until she was finally cured. Despite her happiness, she was afraid she couldn't afford to pay the bill. But, when the hospital handed her the bill, it read, 'Paid in full, with a glass of milk.'

The Moral
No good deed goes unrewarded.

Short Story



THOUGHT OF THE WEEK



Lets practise love and kindness this week!

Gratitude Monday

Start the week by expressing gratitude. Leave a kind message for a classmate, teacher, or friend.

Compliment Tuesday

Today is all about compliments! Recognize and appreciate the positive qualities of those around you.

Small Acts Wednesday

Perform small acts of kindness, such as holding the door for someone, offering help

Compassion Thursday

Practice compassion by being mindful of others' feelings.

Kindness Friday

Spread acts of kindness.





OSHWAL ACADEMY NAIROBI JUNIOR HIGH

"COMPASS FOR LIFE SKILLS"

TERM 2 WEEK 4 SCHEDULE

26th January 2025 – 1st February 2025



Sunday – 26th January 2025

- NAIROBI COUNTY LEVEL SENIORS GALA @ KIOTA SCHOOL

Monday – 27th January 2025

- PREFECTS' APPLICATIONS END
- YEAR 7 HISTORY TRIP TO NAIROBI NATIONAL MUSEUM (YEAR 7A, B, AND C)
- U15 BOYS & GIRLS HOCKEY VS. RUSINGA (H) @1:30PM

Tuesday – 28th January 2025

- YEAR 7 HISTORY TRIP TO NAIROBI NATIONAL MUSEUM (YEAR 7D, E, F, AND G)
- MSMUN CONFERENCE
- U15 BOYS BASKETBALL VS. LIGHT INTERNATIONAL (A) @1:30PM
- U15 GIRLS FOOTBALL VS. LIGHT INTERNATIONAL (A) @1:30PM
- IGCSE PE RUGBY FILMING

Wednesday – 29th January 2025

- MSMUN CONFERENCE
- U13 BOYS & GIRLS HOCKEY VS. RUSINGA (H) @1:00PM
- U13 BOYS & GIRLS HOCKEY VS. ST. AUSTIN (H) @1:30PM
- U15 BOYS & GIRLS FOOTBALL VS. REGIS (A)

Thursday – 30th January 2025

- MSMUN CONFERENCE
- U13 BOYS & GIRLS FOOTBALL VS. BROOKHURST KISERIAN (H) @2PM
- U13 BOYS & GIRLS FOOTBALL VS. REGIS (A)

Friday – 31st January 2025

- **MSMUN CONFERENCE**
- **IED TRIP TO STEDMARK GARDENS**
- **IGCSE PE CYCLING & CROSS-COUNTRY FILMING @HELLSGATE**
- **FRIENDLY SWIMMING GALA @ OSHWAL JUNIOR HIGH**

Saturday – 1st February 2025

- **U15 BOYS & GIRLS HILLCREST INVITATIONAL HOCKEY TOURNAMENT**
- **U13 BOYS & GIRLS BROOKHOUSE INVITATIONAL HOCKEY TOURNAMENT**
- **U13 BOYS & GIRLS HOCKEY TOURNAMENT @ OSHWAL**