



# OSHWAL ACADEMY NAIROBI

*Junior High*

WEEK 1 TERM 2  
NEWSLETTER  
2024-2025

## Quote of the week

"The more that you read, the  
more things you will know,  
the more that you learn, the  
more places you'll go."

—Dr. Seuss

## Our values

- ✓ Trust
- ✓ Integrity
- ✓ Courtesy
- ✓ Humility
- ✓ Tolerance
- ✓ Compassion
- ✓ Honour

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First Parklands  
Avenue, Off Mpaka  
Road, Parklands,  
Nairobi Kenya.



# DAY ONE WEEK ONE IN PICTURES





# WEEK ONE ASSEMBLY IN PICTURES



**Welcoming our new students**





# YEAR 11 PREFECTS CORPORATE SOCIAL RESPONSIBILITY TRIP TO NAIROBI CHILDREN'S RESCUE CENTRE

Year 11 Prefects, accompanied by Ms. Balraj, Junior High Pastoral / Co-Curricular Coordinator and Ms. Geneviva, on a Corporate Social Responsibility trip (CSR) to the Nairobi Children's Rescue Centre - a home for abandoned and neglected children.



The group donated a total of 71,550/- collected from the previous Academic Year's Annual School play.



The students learnt about the negative impact of the lack of a consistent caregiver and the work done by the Rescue Centre and were able to spend time playing and bonding with the children in the home.





# YEAR 9 & 10 PREFECTS CORPORATE SOCIAL RESPONSIBILITY TRIP TO LIMURU CHESHIRE HOME FOR DISABLED GIRLS

Year 9 and 10 prefects, accompanied by Ms. Balraj, JH Pastoral/Co-Curricular Coordinator and Ms. Diana, on a CSR trip to the Limuru Cheshire Home for Disabled Girls.

The group donated a total of 82,350/- collected during the Music and Dance Show last term.

Students were taken round the home and shown the various facilities offered to the girls, including the farm and classrooms.





# YEAR 9 TRIP TO SAROVA LION HILL GAME LODGE IN PICTURES





# YEAR 9 TRIP TO SAROVA LION HILL GAME LODGE IN PICTURES CONT...





# YEAR 10 TRIP TO LAKE NAIVASHA SIMBA LODGE





# YEAR 7 PASTORAL TALK IN PICTURES





# YEAR 8 PASTORAL TALK IN PICTURES





# GUJARATI DEPARTMENT INTERNAL TRAINING IN PICTURES



## TEACHER TRAINING WORKSHOP

### Methodology "Lesson Planning"



**Challenge - The new lesson should add to that knowledge without excess.**

- Learners are intelligent human beings and come to class with knowledge previously acquired. The new lesson should add to that knowledge without excess. The lesson that does not challenge is a lesson that does not motivate. No learning happens if the lesson doesn't present new items beyond students' prior knowledge.



# INCLUSIVE EDUCATION DEPARTMENT WEEK

## ONE UPDATE

Office Assistant is a learning area where the students are taught about skills related to working as an office assistant in any organization, company or institution. Inclusive Education Department students were being taught Safety Signs that are found in a institution or company that should guide them to be safe while at work.





# AUM CHANDARANA TENNIS ACHIEVEMENT

Aum managed to achieve a semi finalist position in the boys 16 and under category and won the boys 14 and under category doubles title in the just concluded Kenya Junior Open 2024 championships.





# VRITTI DHIRESH PHOTO COMPETITION ACHIEVEMENT

Vritti Dhiresh Shah of year 11 C bagged both first and the second prize in the junior category.





# THOUGHT OF THE WEEK

## The Boy Who Tamed the Mountain

In a small village nestled at the foot of a towering mountain lived a boy named Arjun. The mountain was known as the "Unbeatable Peak," a daunting giant that no one in the village dared to climb. Stories told of harsh winds, treacherous paths, and sheer cliffs. To everyone, it was a symbol of impossibility.



Arjun, however, was different. He was curious and driven, and he often found himself staring at the mountain, wondering what lay beyond its summit. His dream was to climb it, but every time he shared his ambition, he was met with laughter and doubt.

"You're just a child," the villagers said. "No one has ever climbed it. What makes you think you can?" others mocked.

Despite their words, Arjun believed in himself. He didn't see the mountain as an obstacle but as an opportunity to prove what was possible when one believed in their own potential.



He began preparing in secret. Every morning, he woke up before dawn to train. He strengthened his body by carrying heavy loads of firewood and practiced scaling smaller hills around the village. Most importantly, he visualized himself reaching the peak, focusing on his goal with unwavering determination.

One day, he announced to the village that he would attempt the climb. The villagers shook their heads. "You'll never make it," they said. But Arjun smiled and replied, "I will, because I believe I can."



The climb was gruelling. The paths were steep, and the air grew thinner with every step. Several times, Arjun slipped and nearly fell, but he refused to give up. Each time he stumbled, he remembered his belief in himself and his dream of standing on the summit.

As the days passed, he encountered challenges he hadn't anticipated—cold nights, unpredictable weather, and moments of doubt.

But with every difficulty, he found a way forward, one step at a time. He recalled the villagers' doubts and used them as fuel to push himself further.



# THOUGHT OF THE WEEK CONT...



Finally, after days of struggle, Arjun reached the peak. He stood atop the Unbeatable Peak, his heart swelling with pride. The view was breathtaking—a panorama of valleys and forests that stretched endlessly. But more than the view, what mattered to him was what the climb had taught him: the power of believing in himself.

When Arjun returned to the village, the people were astonished. He had done the impossible. From that day on, the mountain was no longer called the "Unbeatable Peak." It became "Arjun's Summit," a symbol of courage and self-belief.

The villagers, inspired by his feat, began to chase their own dreams, no matter how impossible they seemed

Arjun's story became a reminder that with belief, determination, and effort, even the tallest mountains could be conquered.

## **Moral of the Story:**

Believe in yourself, even when others doubt you. Challenges may seem insurmountable, but with persistence and self-confidence, you can achieve anything you set your mind to.







Always

Believe  
in

yourself.

You can achieve

anything you set your

mind to if only you

believe.

**OSHWAL ACADEMY JUNIOR**

**HIGH**

**THOUGHT OF THE WEEK**





# OSHWAL ACADEMY NAIROBI JUNIOR HIGH

"COMPASS FOR LIFE SKILLS"

## TERM 2 WEEK 2 SCHEDULE

12<sup>th</sup> January 2025 – 18<sup>th</sup> January 2025



Sunday – 12<sup>th</sup> January 2025



Monday – 13<sup>th</sup> January 2025

➤ PREFECTS' APPLICATIONS BEGIN

Tuesday – 14<sup>th</sup> January 2025

- MATHS QUIZ ENTRANCE TEST (YEAR 7-11)
- U15 BOYS & GIRLS HOCKEY VS. AGA KHAN (H) @2:00PM
- U13 BOYS & GIRLS HOCKEY VS. SAMAJ (A) @ 1:30PM
- U15 BOYS BASKETBALL VS. SAMAJ (A)

Wednesday – 15<sup>th</sup> January 2025

- U13 BOYS & GIRLS HOCKEY VA. AGA KHAN (A) @1:30PM
- U13 BOYS BASKETBALL VS. SON (A) @1:00PM
- U13 GIRLS FOOTBALL VS. SON (A) @1:00PM

Thursday – 16<sup>th</sup> January 2025

- U15 BOYS & GIRLS HOCKEY VS. SAMAJ (H) @1:00PM
- U15 GIRLS FOOTBALL VS. SAMAJ (H) @1:00PM

Friday – 17<sup>th</sup> January 2025

- YEAR 10 & 11 ART TRIP TO KAREN VILLAGE
- YEAR 11 IGCSE PE CROSS COUNTRY & CYCLING TIME TRIALS @HELLSGATE



**Saturday – 18<sup>th</sup> January 2025**

- **YEAR 10 PARENTS' COFFEE MORNING (10:00AM – 11:30AM)**
- **U15 BOYS & GIRLS HOCKEY LEAGUE MATCH VS. GREENSTEDS (A) @10:00AM**