

OSHWAL ACADEMY NAIROBI

JUNIOR HIGH



**WEEK 5
TERM I
2024/2025
NEWSLETTER**

**“Learning is never done without errors
and defeat.”**

– VLADIMIR LENIN –

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WEEK 5 ASSEMBLY AWARDS IN PICTURES



ANNUAL PUBLIC SPEAKING DAY 2024 IN PICTURES



ANNUAL PUBLIC SPEAKING DAY 2024 IN PICTURES CONT...



ANNUAL CROSS COUNTRY 2024 AT KARURA FOREST IN PICTURES



SPORTS CORNER



Join us in congratulating our under 13 girls football team for continuing with their winning streak by humbling Woodcreek School 1:0
Goal scorer : Leslie Makena 7G
Most Valuable player : Mishika Shah 8F

Join us in congratulating our under 15 girls netball team for continuing with their winning streak by humbling Woodcreek School 21-8.
Most Valuable players :
1. Khushi Malde 9C
2. Siya Nagaria 9E



THOUGHT OF THE WEEK



Lets practise love and kindness this week!

Gratitude Monday

Start the week by expressing gratitude. Leave a kind message for a classmate, teacher, or friend.

Compliment Tuesday

Today is all about compliments! Recognize and appreciate the positive qualities of those around you.

Small Acts Wednesday

Perform small acts of kindness, such as holding the door for someone, offering help

Compassion Thursday

Practice compassion by being mindful of others' feelings.

Kindness Friday

Spread acts of kindness.

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OSHWAL ACADEMY NAIROBI JUNIOR HIGH

"COMPASS FOR LIFE SKILLS"

TERM 1 WEEK 6 SCHEDULE

29th September 2024 – 5th October 2024



Sunday – 29th September 2024

- PA Pre-Bronze Expedition

Monday – 30th September 2024

- U15 BOYS FOOTBALL VS RUSINGA (H)
- U15 GIRLS NETBALL VS RUSINGA (H)
- U15 BOYS FOOTBALL VS BRAESIDE T. (H)
- U15 GIRLS NETBALL VS BRAESIDE T.(H)@1:30PM

Tuesday – 1st October 2024

- U15 GIRLS NETBALL LEAGUE MATCH VS BGE (A)

Wednesday – 2nd October 2024

- U13 BOYS TRIANGULAR VS BRAESIDE T. VS BROOKHOUSE RUNDA (A)
- U13 GIRLS TRIANGULAR VS BRAESIDE T. VS BROOKHOUSE RUNDA (A)@ 1:30PM
- U15 BOYS FOOTBALL VS REGIS(H)
- U15 GIRLS FOOTBALL VS REGIS(H)

Thursday – 3rd October 2024

- Navratri Begins

Friday – 4th October 2024

- KAISO JUNIOR FIXTURES MEETING @ST. CHRISTOPHER
- KAISO U15 & U19 BADMINTON TOURNAMENT @OSHWAL @2PM
- KAISO SWIMMING GALA @BRAESIDE @12PM

Saturday – 5th October 2024

- Coffee Morning with Year 11 Parents 10am to 11:30am