

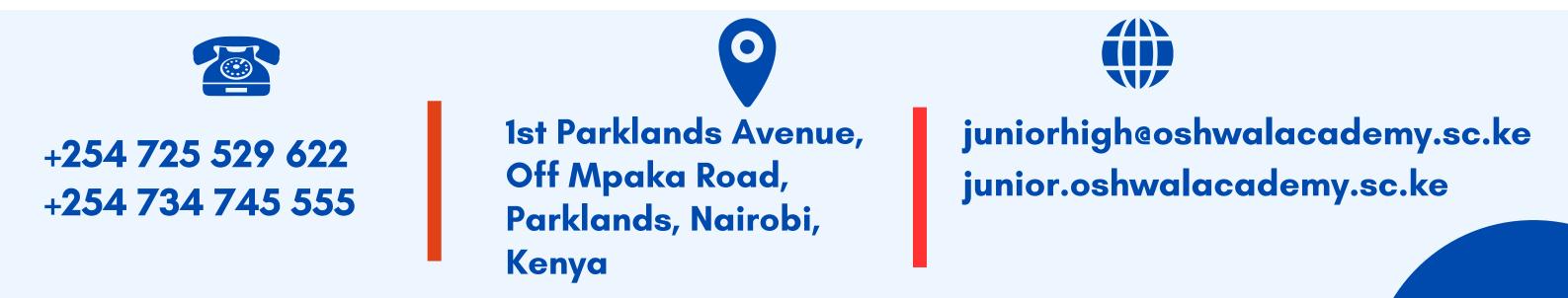
OSHVAL ACADEMY NAIROBI

Hunior High

QUOTE OF THE WEEK

"That which we persist in doing becomes easier for us to do; not that the nature of the thing itself is changed, but that our power to do is increased." ~~Ralph Waldo Emerson

WEER9 TERMI 2024-2025 NEWSLETTER



INCLUSIVE EDUCATION DEPARTMENT TRIP TO BROADWAYS BAKERY LIMITED, THIKA IN PICTURES

Inclusive Education Department Junior High students got the opportunity to tour Broadways company at Thika Town. The students were taught on hoe bread is baked from the initial step where the flour is pumped into the slides through the pressure pump, made into doughs, being cooked, cut and packed ready for transportation. The students through Mr. John were also gifted some bread to carry home. Broadway company enlightened the students on each process a bread undergoes when being baked before it is transported.



INCLUSIVE EDUCATION DEPARTMENT DIWALI FAIR IN PICTURES



SPORTS DAY IN PICTURES



SPORTS DAY IN PICTURES CONT...



SPORTS CORNER



Against Nairobi International School, our under-15 boys' Cricket team lost by two runs.





Against Samaj School, our under-13 boys' cricket team lost by nine wickets.

Join us in congratulating our under-13 boys football team on their 1-0 victory over St. Austins Academy. Goal scorers : 1. Justin Kombe - 1 goal

They also earned a victory of 2-0 over Crawford Goal scorers :

1. Leor Mutere - 1 goal

2. George Kamau -1 goal Most Valuable Player - George Kamau.

Join us in congratulating our under-13 girls football team on their 2-0 victory over Crawford School. Goal scorers :

1. Saisha Buvaria - 1 goal

2. The other goal was an own goal.

Most Valuable Player - Mishika Shah, Leslie M'nairobi

They also scooped a 1-0 victory over St. Austins Academy.

Goal scorers :

1. Aryana Ndote

2. Jewel Mbui





Our under 15 boys football team's recent match against Nairobi International School. The game concluded with a thrilling draw of 1:1, showcasing intense competition from both teams. Throughout the match, each side displayed skilful plays and strategic moves, but ultimately, neither team could secure the win. Our players fought hard until the final whistle, demonstrating great resilience and determination, which was commendable.

Goal scorer: Ansh Vara 10D

SPORTS CORNER CONT...



Our under 15 boys football team's recent match against St. Austin Academy lost 1-2 to the visitors. **Goal scorer: James Muiruri 11B**





Our under-15 girls' netball team lost 13-17 points versus **Crawford School.**

Most Valuable Players :Natalia Ngeru, Khushee Malde

Our under-15 girls' netball team lost 16-20 points versus St. Austin Academy.

Most Valuable Players: Ruhi Hirani and Adora Mbicha

THOUGHT OF THE WEEK

THE GREEDY RICH MAN'S SAFE

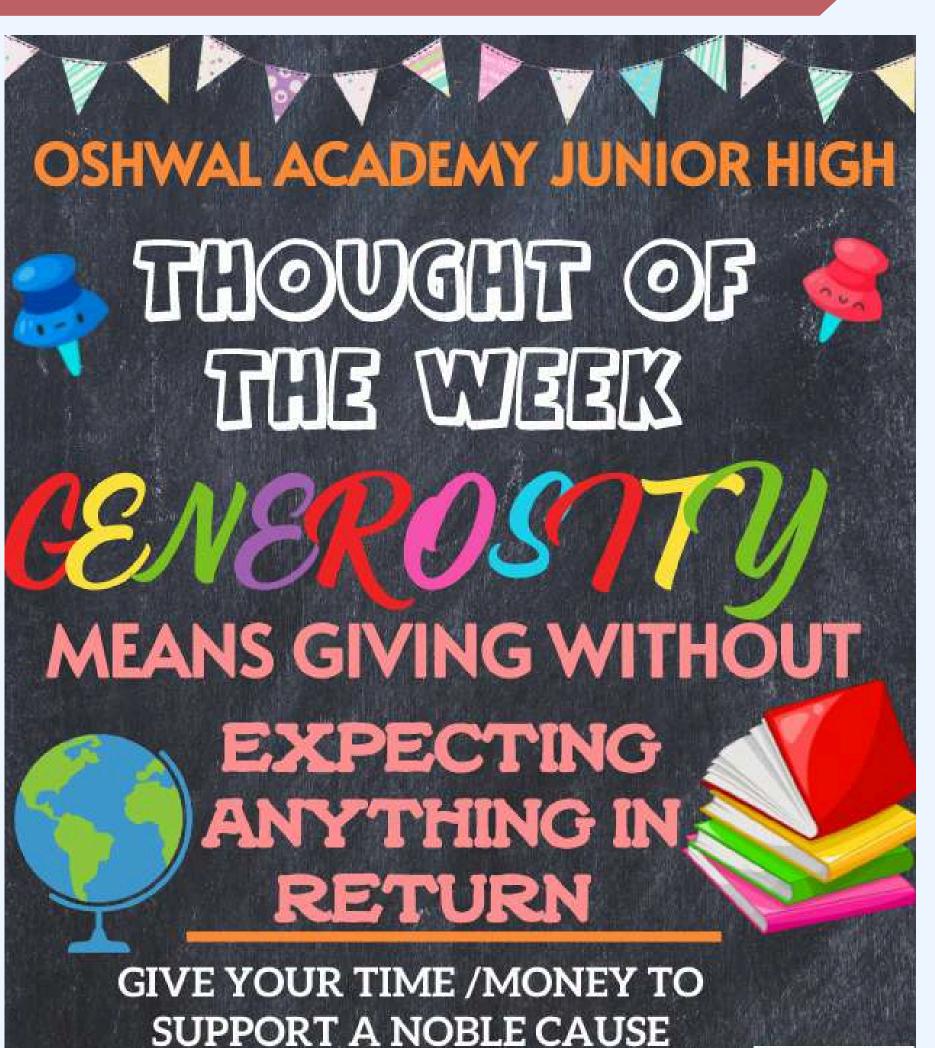
A STORY ON THE IMPORTANCE OF GENEROSITY

Once upon a time, a greedy, rich man hired a great mathematician. The rich man wanted the mathematician to find the best way for him to make the greatest profit in everything he did. The rich man was building a huge safe, and his greatest dream was to fill it with gold and jewels.



The mathematician was shut away for months in his study, before finally believing he had found the solution. But he soon found there were some errors in his calculations, and he started all over again.

One night he appeared at the rich man's house, with a big smile on his face: "I found it!" he said, "My calculations are perfect." The rich man was going on a long journey the next day, and didn't have time to listen. He promised the mathematician he would pay him double his



DSHWAL ACADEMY



wages if he would take charge of the business while he was away, and put the new formulas into practice. Excited by his new discovery, the mathematician was delighted to accept.When the rich man returned, months later, he found that all of his possessions had gone. Furious, he went to ask for an explanation from the mathematician. The mathematician calmly told him what he had done. He had given everything away to people. The rich man couldn't believe it, but the mathematician explained it further.



"For months I analysed how a rich man could gain the maximum benefit, but what I could do was always limited. There's a limit to how much one man can do by himself. Then I understood the key was that many people could help us to achieve the aim. So the conclusion was that helping others was the best way to get more and more people to benefit us."

Disappointed and furious, the greedy man stormed off, desperate at having lost everything to the hare-brained schemes of a madman. However, while he was walking away disconsolately, several neighbours ran over, worried about him. All of them had been helped when the mathematician shared out the rich man's fortune. They felt so grateful to him that they offered him the hospitality of their houses, and anything such a special man might need. The neighbours even argued over who would get to help him.

THOUGHT OF THE WEEK CONT...



Over the next few days, he saw the full results of what the mathematician had calculated. Wherever he went he was received with great honour, and everyone was willing to help him in whatever way they could. He realised that his not having anything had given him much, much more. In this way, he managed to quickly set up flourishing businesses, but this time he followed the brilliant mathematician's advice. No longer did he keep his riches in a safe, or anything like it. Instead, he shared out his fortune among a hundred friends, whose hearts he had converted into the safest, most grateful and fruitful of safes.



