

# OSHWAL ACADEMY NAIROBI JUNIOR HIGH

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# TERM I WEEK 10 NEWSLETTER 2023/2024

"Learn as if you will live forever, live like you will die tomorrow."
— Mahatma Gandhi

WEEK:



### INCLUSIVE EDUCATION DEPARTMENT POETRY **COMPETITION AT WOODCREEK SCHOOL**

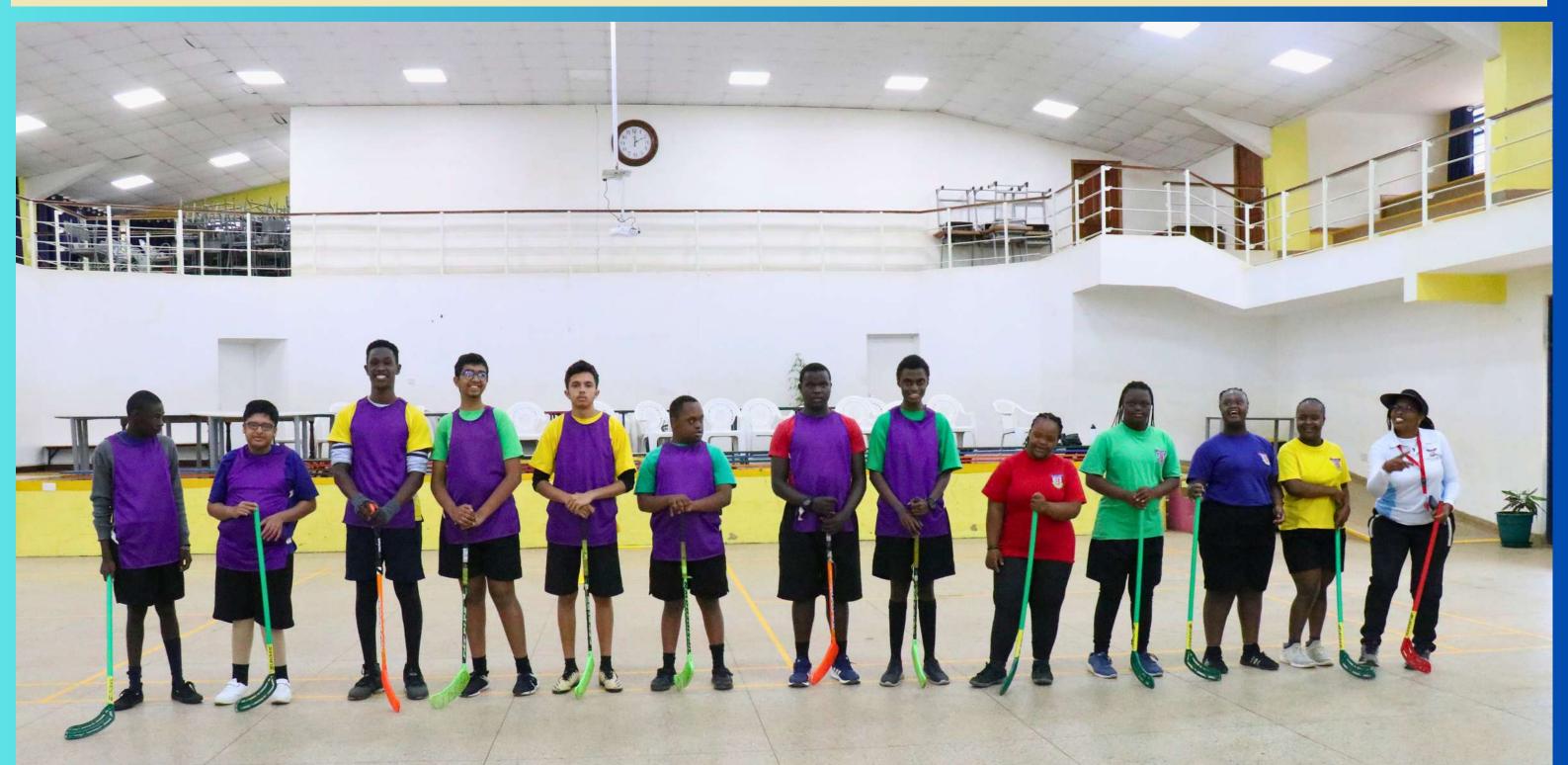
On 31st October, two of our students from the Inclusive Education Department(IED) participated in the under 15 category Poetry competition at Woodcreek school. The students were Muaaz Adil and Olin Muthini, and they were accompanied by two Year 9 students that is Tracy Kimotho and Anoushka Bansal





# INCLUSIVE EDUCATION DEPARTMENT FRIENDLY FLOW BALL MATCH AT PRIMARY CAMPUS GYMNASIUM

On 3rd November, Inclusive Education Department(IED) we had the pleasure to host Kestrel Manor School for a friendly flow ball match at Primary Campus Gymnasium. It was an exciting match, with both students from Oshwal and Kestrel Manor teams giving it their all on the court.



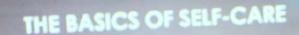


#### YEAR 10 AND 11 HEALTH TALK AT THE SCHOOL AUDITORIUM FACILITATED BY THE SCHOOL NURSE MS. OWUOR.

On 31st October Year 9 had a self-care talk at the school auditorium facilitated by the school Nurse Ms. Owuor. The aim of the session was to emphasize on the significance of self-care and provide practical insights for maintaining a healthy and balanced lifestyle.

Theme of the talk - "Encouraging young individuals to prioritize self-care is an investment in their future health and well-being."





## KENYA SCHOOL OF FLYING TALK FACILITATED BY HONOURABLE MR. JESSEE WANYEKI

On 1st November Year 10 and Year 11 were privileged to be advised by the Kenya Flying School representatives that is Mr. Kimazi the Flight Instructor accompanied by his student Ms. Prakshita. The students were informed the on process of acquiring a Personal Pilot License and the holiday training program they offer and the benefits that with it. This talk was facilitated by Honourable Mr. Jessee Wanyeki.



In this photo the Pastoral / Co-Curricular Coordinator Ms. Balraj (left), followed by the Deputy Head of School Mr. Nelson and the Kenya Flying School representatives that is Mr. Kimazi the Flight Instructor accompanied by his student Ms. Prakshita. On the (right) is Honourable Mr. Jessee Wanyeki pose for a group photo.



Honourable Mr. Jessee Wanyeki gives our students a word of encouragement.



Ms. Prakshita a student at the Kenya Flying School advising our Year 10 and Year 11 students.

Mr. Kimanzi Flight Instructor at the Kenya Flying School informing our Year 10 and Year 11 students on the holiday training program they offer at there institution..



# YEAR 9 CAREER TALK FACILITATED BY CAREER COUNSELLOR MS. LINET

Year 9 students had a career talk facilitated by Career Counsellor Ms. Linet where they were guided on various career opportunities, they can venture based on the subjects they select.



# THE AMARA CHARITABLE TRUST

Our secret for success and humanitarian excellence lies in our core values: Service to Humanity, accountability, Community-centred, Inclusivity and Innovation. It has become our tradition to instil these values in our students through activities such as, participating in the Amara Charitable Trust walk. Some of these students were awarded certificates and trophies for their great contribution to this year's charity walk.





### YEAR II DRAMA STUDENTS TRIP TO KENYA NATIONAL THEATRES IN PICTURES



#### FROM SPORTS CORNER

The sports department has been a beehive of activities with numerous opportunities for our students to engage in various inter-school sports competition.



On 28th of October, our under 13 girls netball team came 2nd position overall at the IPPSA tournament which was held at Naisula School.

#### The most valuable players were Natalia, Siya and Khushi.



On 30th of October, we had the pleasure of hosting Braeburn School and Premier Academy for the IPPSA tournament under 15 girls netball and under 15 boys football. Our Under 15 girls netball team edged out Premier Academy 18-11 and Braeburn School 15-6 all in favour of Oshwal Academy Junior High. On the other hand our under 15 boys football team triumphed against Braeside School 3-0.



On 1st of November, our under 13 Boys Soccer team edge out Braeside Thika 4-0 (right)goal scorers were Nicholas Rabuogi Omollo 7F 1 goal, Elnathan Mattan Odundo 7E 1 goal, Samuel Mubea Waweru 7D 1 goal and Gandhi Nderitu Mutua 8G 1 goal. On the other hand our under 15 girls football team triumphed against Braeside Thika 2-1.



# PAST GAMES RESULTS

DATE	MATCH	VENUE	RESULTS
30/10/2023	UIS GIRLS NETBALL VS BRAESIDE	OSHWAL CENTER	WIN
30/10/2023	UIS GIRLS NETBALL VS PREMIER	OSHWAL CENTER	WIN
30/10/2023	UIS BOYS FOOTBALL VS BRAESIDE	OSHWAL CENTER	WIN
30/10/2023	UIS BOYS CRICKET VS PREMIER	SIMBA UNION CLUB	LOSS
01/11/2023	UI3 BOYS FOOTBALL VS BRAESIDE	BRAESIDE THIKA	WIN
01/11/2023	UIS GIRLS NETBALL VS AGAKHAN	OSHWAL CENTRE	LOSS
01/11/2023	UI3 GIRLS FOOTBALL VS BRAESIDE	BRAESIDE THIKA	WIN
01/11/2023	UIS BOYS FOOTBALL VS AGAKHAN	OSHWAL CENTRE	LOSS
01/11/2023	UI3 GIRLS FOOTBALL VS PREMIER	BRAESIDE THIKA	DRAW

# **UPCOMING EVENTS**

DATE	MATCH	VENUE
4/11/2023	IPSSA UIS BOYS FOOTBALL TOURNAMENT	CRAWFORD
4/11/2023	IPSSA UIS GIRLS NETBALL	CRAWFORD
10/11/2023	KAISSO SWIMMING GALA	BRAESIDE
11/11/2023	KAISSO UI3 GIRLS CRICKET	GREENSTED
11/11/2023	KAISSO UI3 BOYS CRICKET	GREENSTED
11/11/2023	IPSSA UI3 BOYS FOOTBALL	WOODCREEK
11/11/2023	ISK INVITATIONAL SWIMMING GALA	ISK

# TERM DATES - 2023/2024

TERM 2 2023-2024		
<b>Opening Date</b>	Wednesday, 3rd January 2024 to Thursday, 28th March 2024	
Midterm dates	Friday, 9th February to Monday,12th February 2024	
Academic Progress Day	Thursday 28th March 2024	
Holidays	Thursday, 28th March 2024 - Monday, 15th April 2024 (2 weeks)	

TERM 3 2023-2024		
<b>Opening Date</b>	Tuesday, 16th April 2024 to Friday, 12th July 2024	
Midterm dates	Thursday, 16th May 2024 - Monday, 20th May 2024	
Academic Progress Day	Friday, 12th July 2024	
Holidays	Friday, 12th July 2024 to Monday, 26th August 2024 (6 weeks) School will resume for the new Academic Year 2024 - 2025 on Tuesday, 27th August 2024	







#### Saturday – 11<sup>th</sup> Nov 2023

- U13 Boys Cricket Tournament @ Greensteds
- U13 Girls Cricket Tournament @ Greensteds
- Table Tennis tournament @ Oshwal
- KAISSO Cricket Finals
- ISK Invitational Gala @ ISK
- IPSSA U13 Boys Football @ Woodcreek (7:00AM)