



OSHWAL ACADEMY NAIROBI

JUNIOR HIGH



TERM II WEEK 11 NEWSLETTER 2023-2024

QUOTE OF WEEK:

“Self-belief and hard work will always earn you success.”

— Virat Kohli, Indian cricketer



**+254 725 529 622
+254 734 745 555**



juniorhigh@oshwalacademy.sc.ke

ASSEMBLY IN PICTURES



STUDENT ACHIEVEMENT

As Oshwal Academy Nairobi Junior High, we are proud to announce the success of one our student from the Inclusive Education Department who took part in a safari rally competition that was held in Nakuru on 2nd of March 2024. The student in conjunction with his uncle modelled their own design of a rally car which is a 2-wheel drive non-turbo buggy model. Muaaz Adil Suriya came third in the competition and this is what he had to say about his experience and journey about the competition, “My name is Muaaz Adil from the Inclusive Education Department . I started my journey into rally as I had passion for cars since when I was a child. My dad bought me a buggy so that I could improve my driving skills. In the month of February this year, I enrolled in the Kenya Autocross Rally Championship and entered my first rally held at Kasarani and came third position. Thereafter, in the month of March I competed in the second rally in Nakuru and again emerged third position. My aim in future is to win the Autocross Championship.” With this remarkable achievement, we would like to thank the parents in helping our students realize their inbuilt talent. Truly, disability is not inability and we are all built differently.



YEAR 8 AND 9 “SAFETY IN SCHOOL” TALK FACILITATED BY SCHOOL NURSE MS. OWUOR

Safety in school is one of the crucial factors that ensure a secure and comfortable learning environment for all the students. It ensures an accidents and injuries free school environment.

Year 8 and 9 students had a talk that focused on the paramount importance of safety in school. The talk delved into various domains of safety including physical safety, emotional safety, social safety as well as health and hygiene.

The students were informed about the significance of maintaining a balance across all the domains. On physical safety, they were informed about physical safety measures such as the dangers of running or pushing each other on the stairs, avoiding risky games, avoiding congested and unsafe areas and the importance of wearing protective gear and following rules during games.

On emotional and social safety, the students were as well reminded not to bully one another, to be inclusive and supportive to their friends. Safe friend groups and resisting peer pressure were also spotlighted as vital ways of keeping emotionally and socially safe. The students were as well urged to maintain cleanliness and adopt hygiene habits as a way of staying safe from disease and illnesses.

Safety beyond the school walls is also just as important safety in school. The students were hence urged to also maintain safety practices at home.

The talk served a comprehensive guide for the students on maintaining safety in various aspects of their lives. They left the session well equipped with knowledge to foster a secure environment both within and outside the school.

Much gratitude sent to the school for the opportunity to give the talk on this vital topic and to the students for paying attention and participating during the talk.



FROM SPORTS CORNER

The sports department has been a beehive of activities with numerous opportunities for our students to engage in various inter-school sports competition.



On 9th March 2024 our under 15 girls' Hockey team won the Kenya Association of International Schools Sports Organisation Tournament as the Gold Medalists at Greenstead International School.



On 9th March 2024 our under 15 boys' Hockey team won the Kenya Association of International Schools Sports Organisation Tournament as the Silver Medalists at St. Andrew Turi International School.



On 9th March 2024 our Swimming team emerged third position and won 15 medals at the International School of Kenya Swimming Gala.

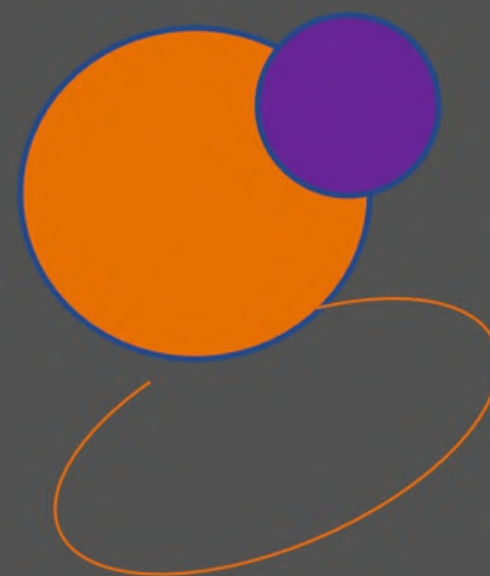


OSHWAL ACADEMY NAIROBI JUNIOR HIGH

"COMPASS FOR LIFE SKILLS"

TERM 2 WEEK 12 SCHEDULE

17th March 2024 – 23rd March 2024



Sunday – 17th March 2024



Monday – 18th March 2024

➤ **End-Term Exams**

Tuesday – 19th March 2024

➤ **End-Term Exams**

Wednesday – 20th March 2024

➤ **End-Term Exams**

Thursday – 21st March 2024

➤ **End-Term Exams**

Friday – 22nd March 2024

- **Year 11 Mock Exams End**
- **Year 7-10 End-Term Exams End**
- **Nairobi Regional Gala**

Saturday – 23rd March 2024

➤ **Year 11 Farewell Night**