



# OSHWAAL ACADEMY NAIROBI

## *Junior High*



**TERM III  
WEEK 7  
NEWSLETTER  
2023/2024**

### **QUOTE OF THE WEEK:**

**"Always walk through life as if you have  
something new to learn and you will"**

**~~ Vernon Howard ~~**

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**First Parklands avenue,  
Off Mpaka road Parklands.  
Nairobi Kenya.**



# YEAR 7 & 8 ANNUAL MFL LANGUAGE MORNING AT BROOKHOUSE

## RUNDA IN PICTURES



Vidhi Kamal awarded 1st position on French Ppt Presentation at Brook house Runda



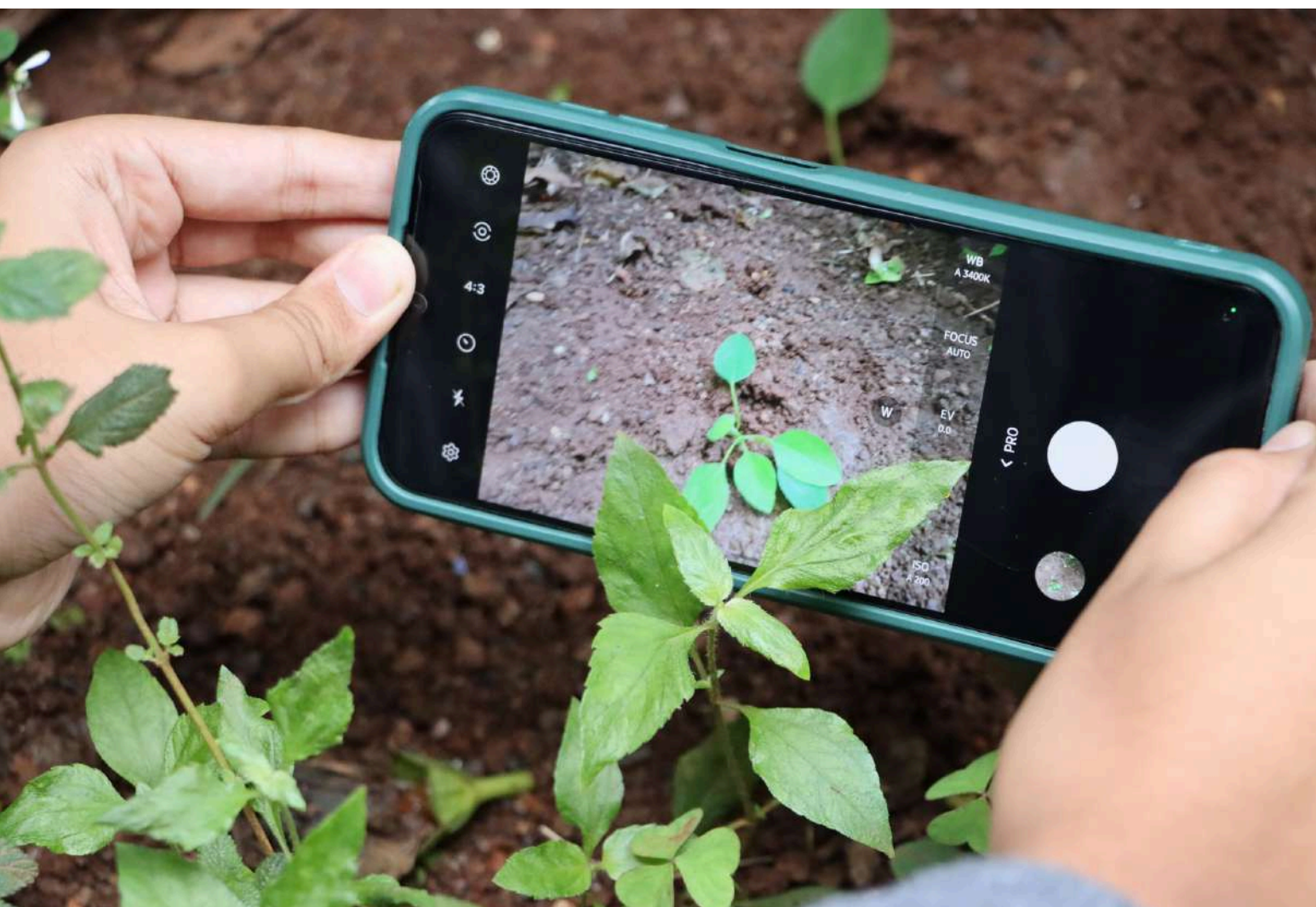
# ANNUAL MAZINGIRA SAFI CONTEST PHOTOGRAPHY CATEGORY IN PICTURES



Through their lenses, our students explored the theme “The beauty of nature and its restoration” to come up with brilliant shots in photography for the Mazingira safi Competition

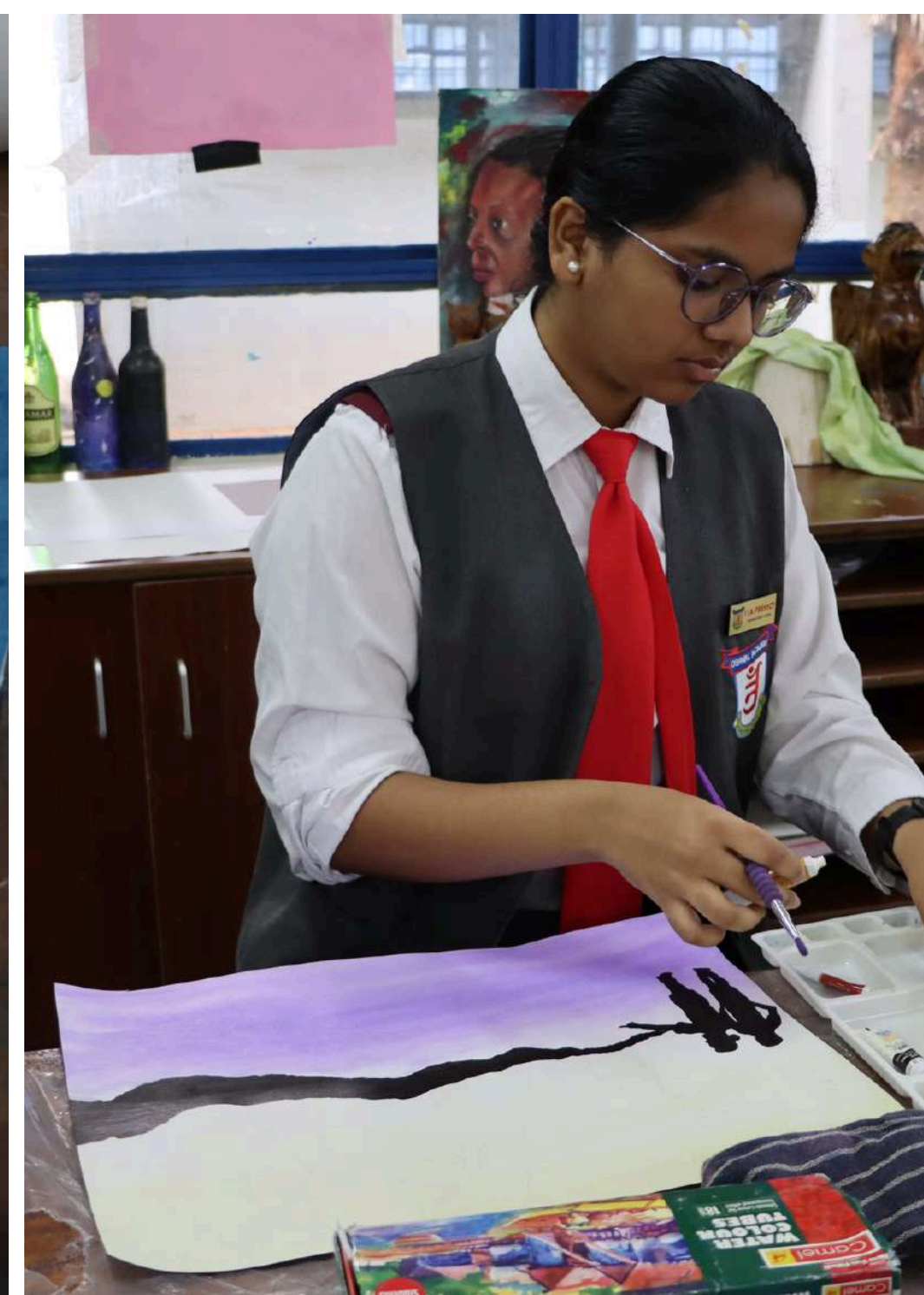




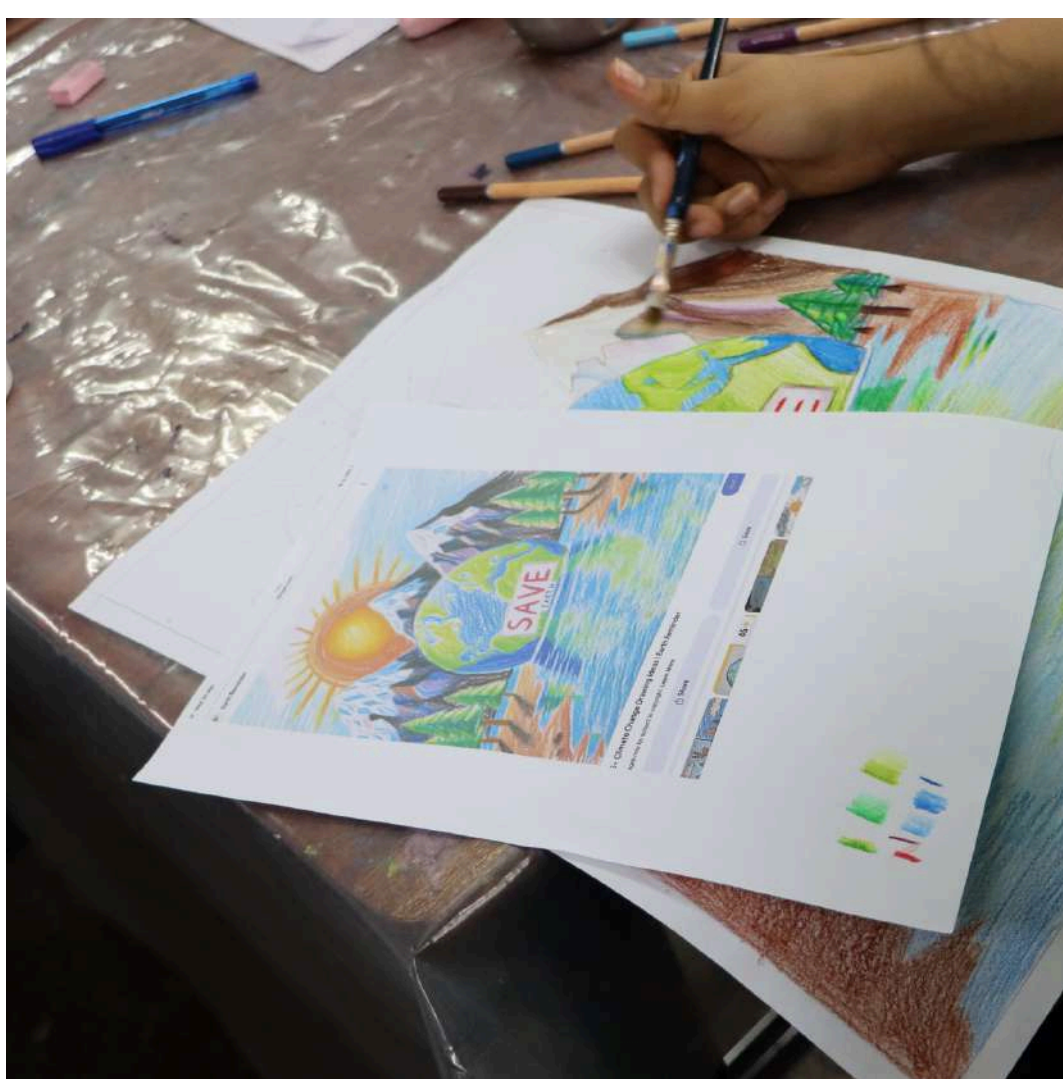




# ANNUAL MAZINGIRA SAFI CONTEST ART & CRAFT CATEGORY IN PICTURES

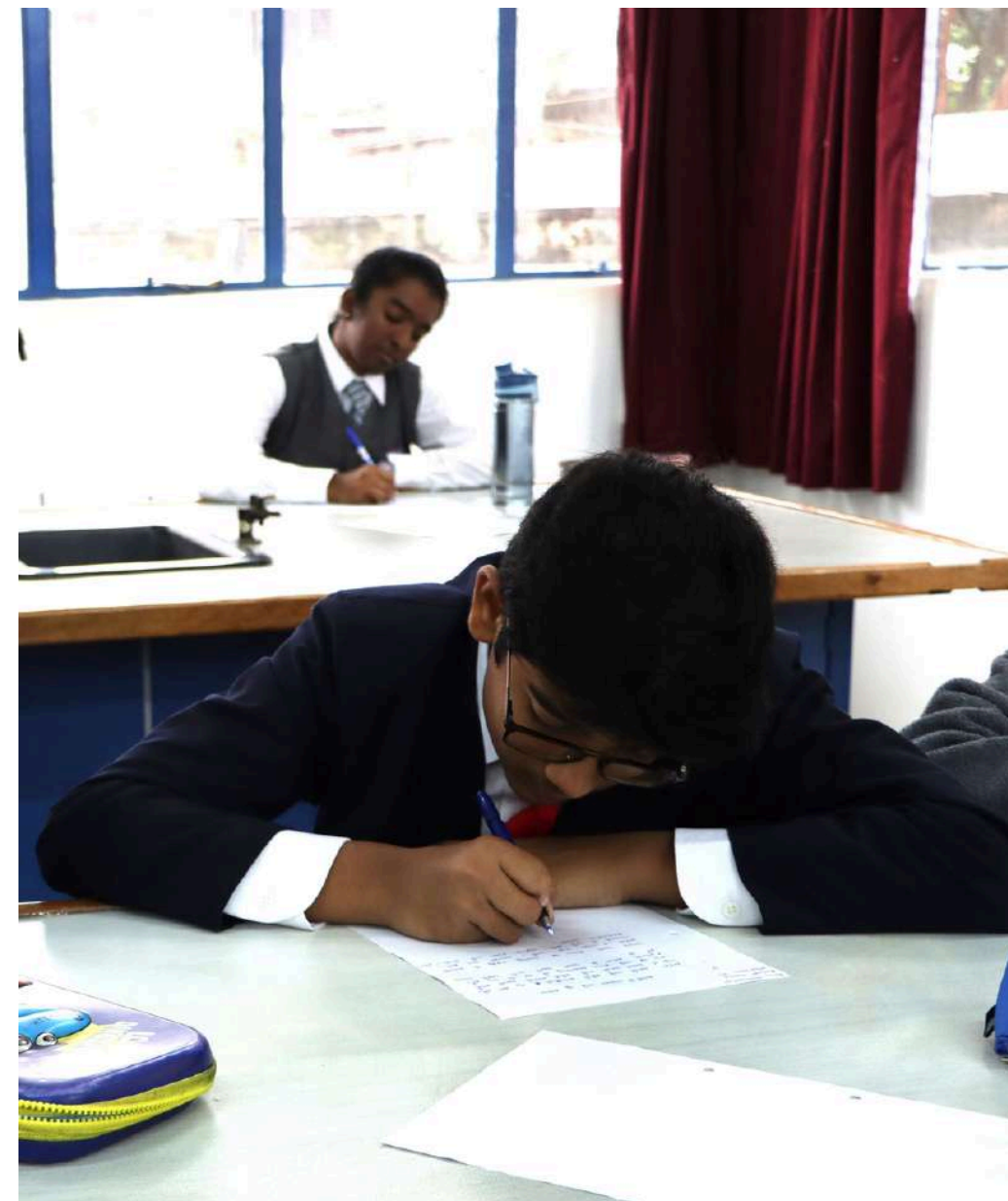
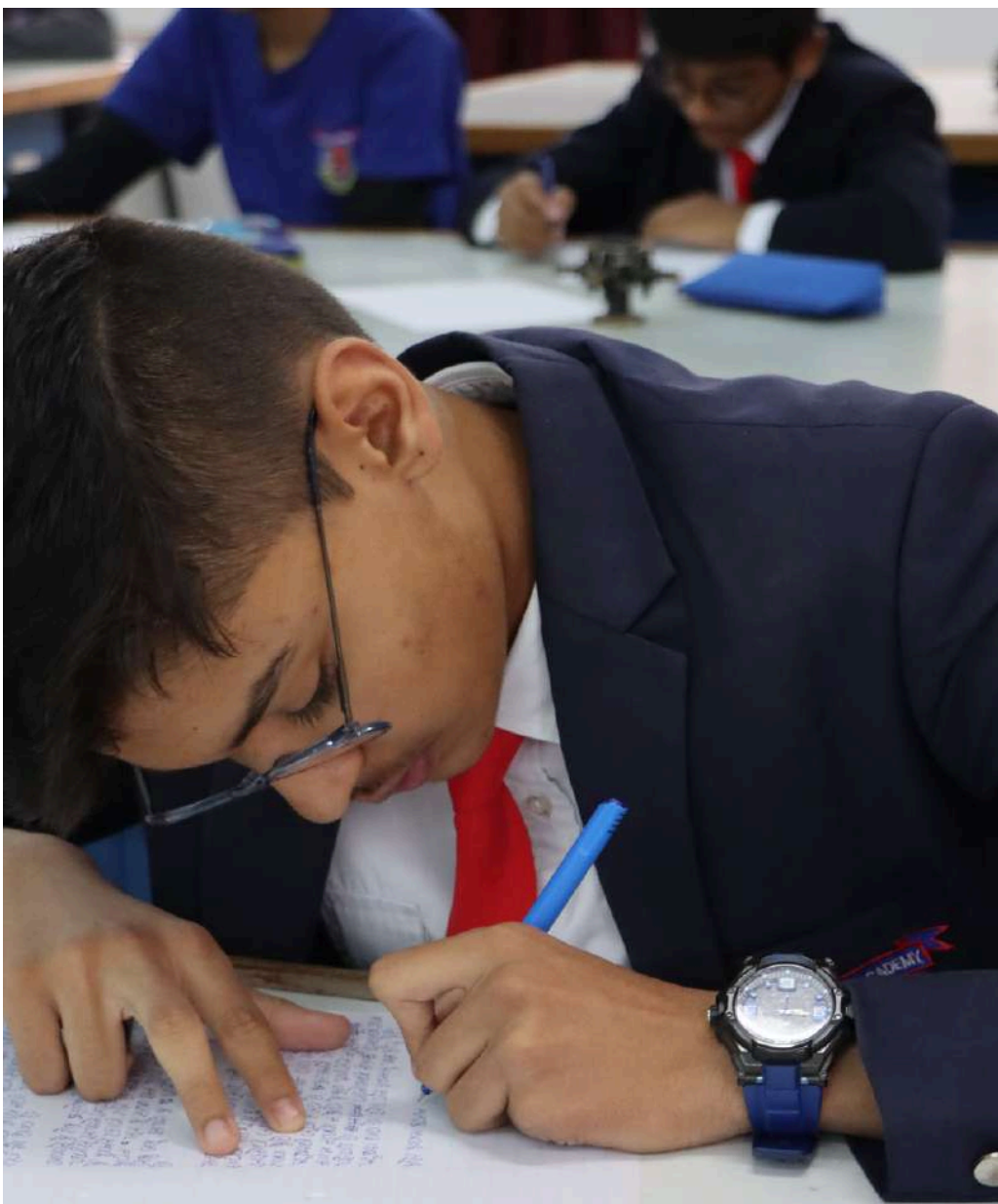








# ANNUAL MAZINGIRA SAFI CONTEST ESSAY CATEGORY IN PICTURES



Mazingira Safi Champions! Our students tackled the theme of "Land Restoration, Desertification & Drought Resilience" in essays written in French, Kiswahili, German, Hindi, and Gujarati. #EnvironmentalAction #MazingiraSafi



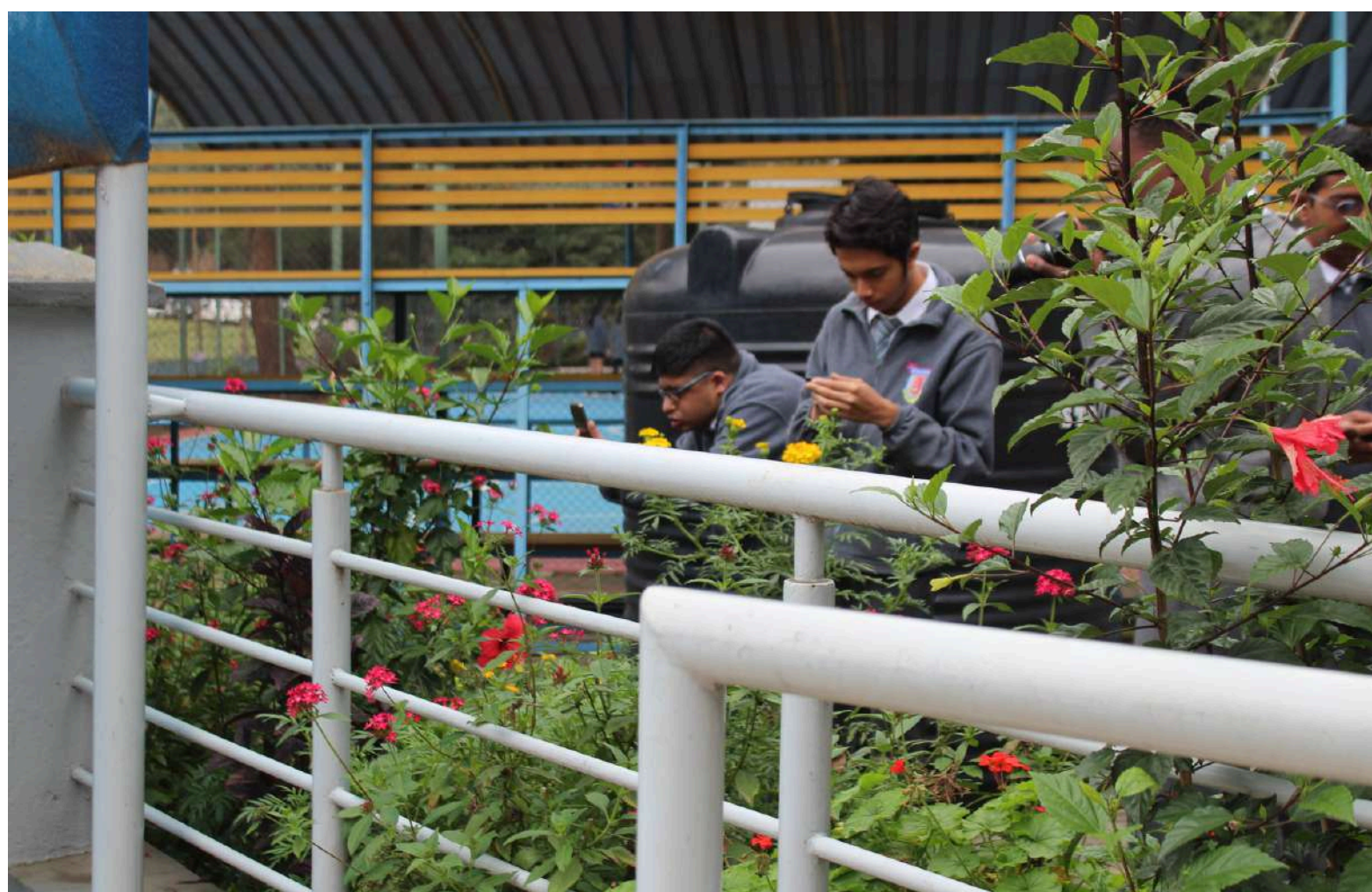
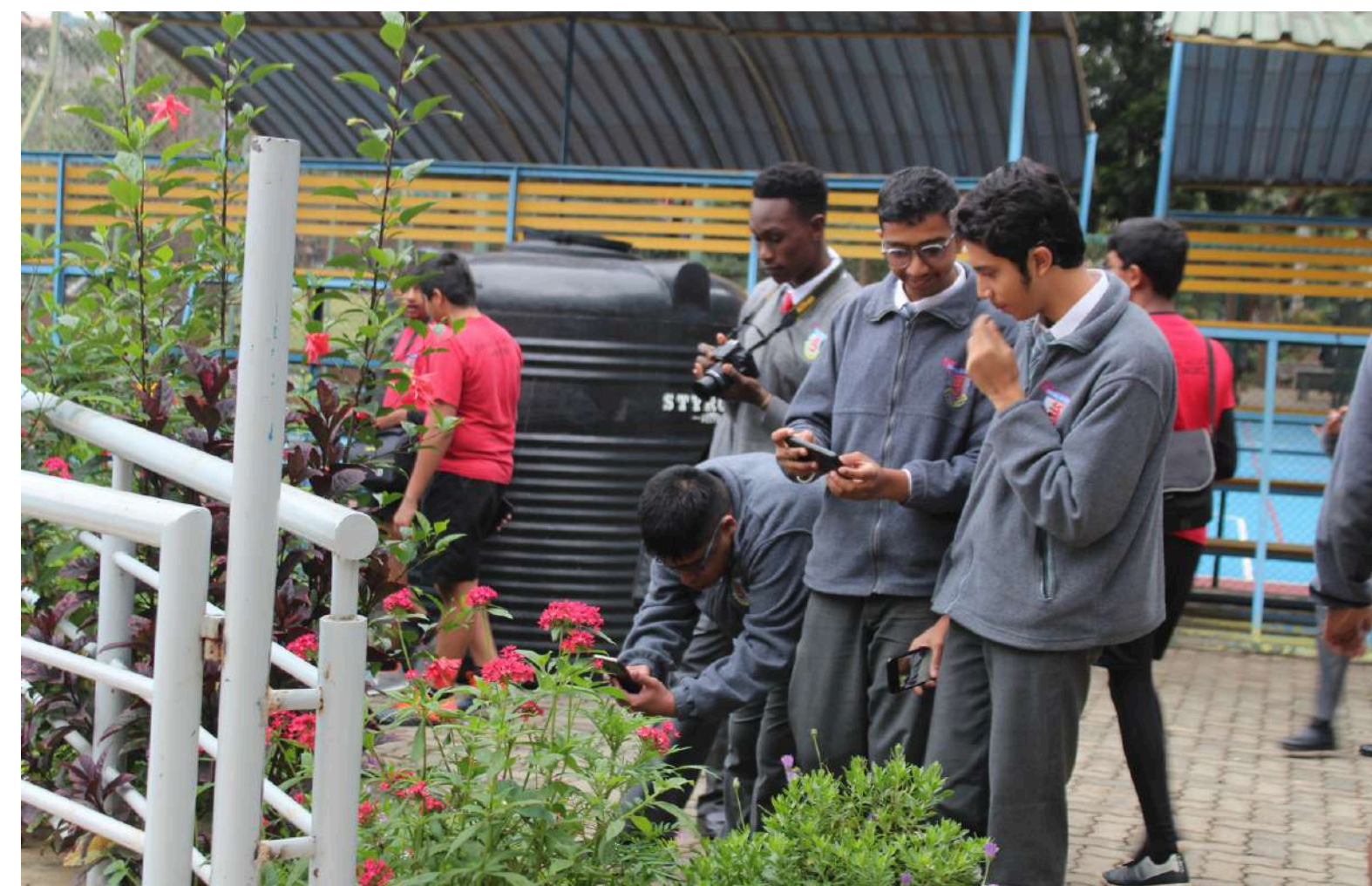
Multilingual Minds for a Greener Future! Our students showcased their environmental knowledge through essays on "Land Restoration, Desertification & Drought Resilience" written in French, Kiswahili, German, Hindi, and Gujarati.



Words for a greener future! Mazingira Safi entries impressed with insightful essays #ThePowerOfWord



# IED ANNUAL MAZINGIRA SAFI CONTEST IN PICTURES





# YEAR 7 & 8 TALK ON GENDER BASED VIOLENCE IN PICTURES

The executive director of Kenya Women and children wellness center Ms. Anitya Deepak delivered a nice presentation for our students.





# SPORTS CORNER



U15 Boys soccer team won 1-0 against the host Samaj



U13 Girls netball team beat Brookhurst 9-4



U13 Boys soccer team, won 7-0 against Brookhurst



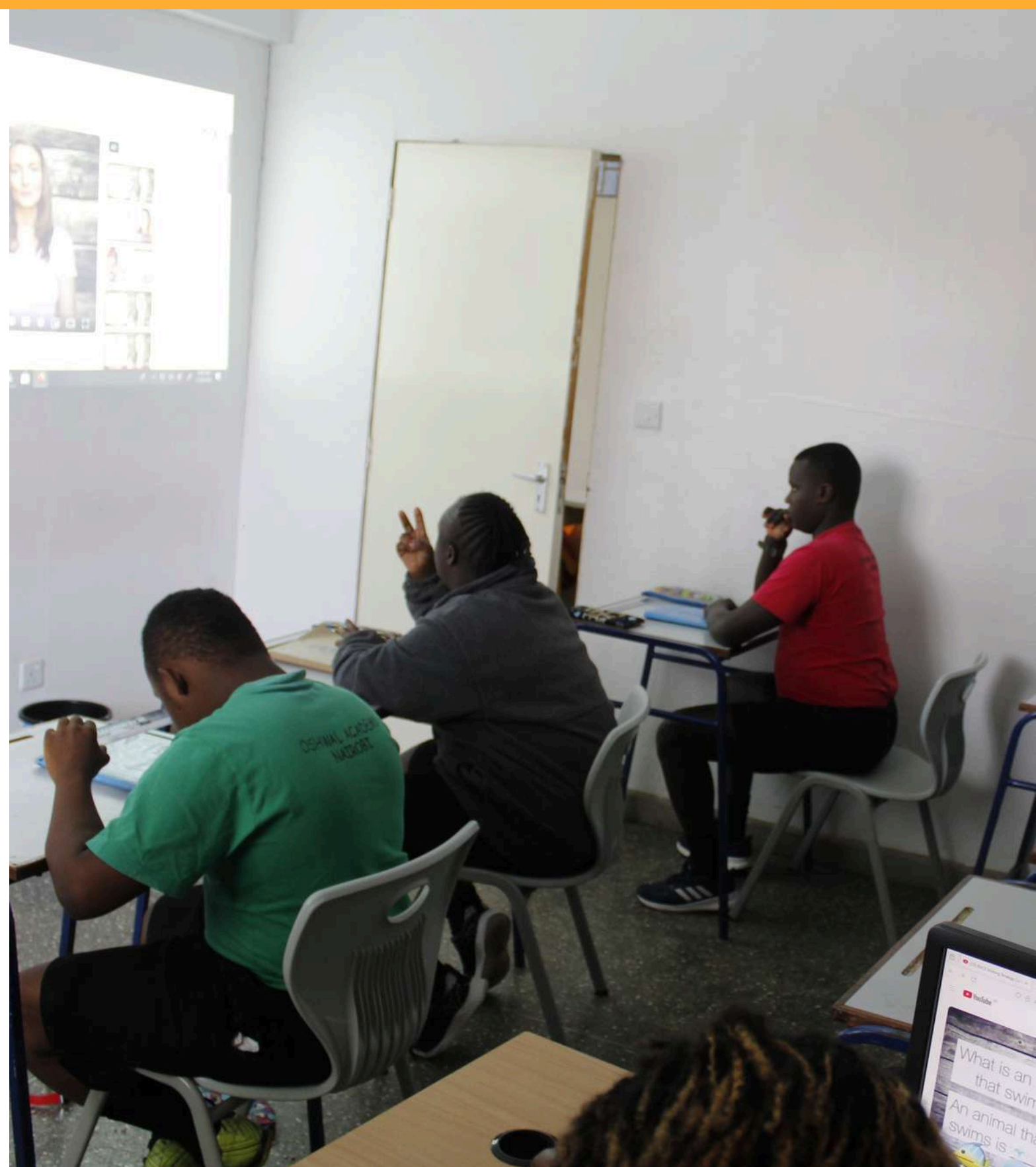
IPSSA U13 Rugby tournament, Oshwal Scooped 3rd position





# INTEGRATED EDUCATION DEPARTMENT ENGLISH/ART CLASS SESSIONS

BELOW ROW ONE ENGLISH CLASS SESSION



ABOVE ROW TWO ART & DESIGN CLASS SESSION



"Join Saheli and Amreen in Oshwal Academy's Environmental Initiative! Let's care for our planet by collecting plastics from home. Together, we can make a difference."

# Environment Week



**Monday, 3<sup>rd</sup> June – Friday, 7<sup>th</sup> June**

## PLEASE BRING:

- Plastic Bottles
- Bottle Tops
- Transparent Cooking Oil & Laundry Detergent Containers
- Peanut Butter Jars
- Yoghurt Containers
- Plastic Plates;Cups;Cutlery
- Margarine & Ice Cream Tubs
- Plastic Chairs & Buckets

14 million tons of plastic end up in the ocean every year and plastic makes up 80% of all marine debris found from surface waters to deep-sea sediments.

**Drop your plastics in recycling bins near security gate.**

## World Environment Day:

- Wednesday, 5<sup>th</sup> June
- Clean up In Primary and JH Campus

For more info:  
Saheli & Amreen 10C

## Prizes:

- For Heaviest Amount
- Label your bag( name & class )

All funds will be donated to World Wildlife Funds to help prevent the extinction of aquatic life.





# THOUGHT OF THE WEEK



Lets practise love and kindness this week!

## Gratitude Monday

Start the week by expressing gratitude. Leave a kind message for a classmate, teacher, or friend.

## Compliment Tuesday

Today is all about compliments! Recognize and appreciate the positive qualities of those around you.

## Small Acts Wednesday

Perform small acts of kindness, such as holding the door for someone, offering help

## Compassion Thursday

Practice compassion by being mindful of others' feelings.

## Kindness Friday

Spread acts of kindness.

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# CHOOSE KINDNESS

10 RANDOM ACTS OF KINDNESS IDEAS



♥ LET SOMEONE KNOW WHY YOU'RE **GRATEFUL** FOR THEM

♥ SUPPORT A RESTAURANT OR BUSINESS YOU LIKE BY LEAVING A **POSITIVE REVIEW** ONLINE

♥ GIVE SOMEONE A **COMPLIMENT** ABOUT A QUALITY THAT YOU'VE NOTICED AND ADMIRE ABOUT THEM

♥ **REACH OUT** TO A FORMER TEACHER AND LET THEM KNOW HOW THEY POSITIVELY IMPACTED YOUR LIFE

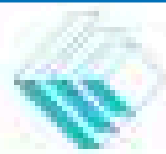
♥ LEAVE **A THANK YOU NOTE** AND A SNACK IN YOUR MAILBOX FOR YOUR MAIL CARRIER

♥ ADD A CHARITY OR NON-PROFIT TO YOUR AMAZON PRIME ACCOUNT TO **DONATE** EVERYTIME YOU SHOP

♥ START **A CONVERSATION** WITH SOMEONE THAT LOOKS LIKE THEY COULD USE A FRIEND

♥ GIVE AN **EXTRA BIG TIP** WHEN EATING OUT





## Problem of the Week

### Problem D and Solution

#### Wipe Away 2

#### Problem

Ajay writes the positive integers from 1 to 1000 on a whiteboard. Jamilah then erases all the numbers that are multiples of 9. Magdalena then erases all the remaining numbers that contain the digit 9. How many numbers are left on the whiteboard?

NOTE: In solving this problem, it may be helpful to use the fact that a number is divisible by 9 exactly when the sum of its digits is divisible by 9. For example, the number 214578 is divisible by 9 since  $2 + 1 + 4 + 5 + 7 + 8 = 27$ , which is divisible by 9. In fact,  $214578 = 9 \times 23842$ .

#### Solution

We first calculate the number of integers that Jamilah erases, which is the number of multiples of 9 between 1 and 1000. Since  $1000 = (111 \times 9) + 1$ , there are 111 multiples of 9 between 1 and 1000. Thus, Jamilah erases 111 numbers from the whiteboard.

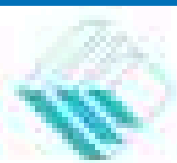
Now let's figure out how many of the integers from 1 to 1000 contain the digit 9. The integers from 1 to 100 that contain the digit 9 are 9, 19, ..., 79, 89 as well as 90, 91, ..., 97, 98, 99. Thus, there are 19 positive integers from 1 to 100 that contain the digit 9. Since there are 19 integers from 1 to 100 that contain the digit 9, it follows that there are  $19 \times 9 = 171$  integers from 1 to 899 that contain the digit 9.

Between 900 and 1000, there are 100 integers that contain the digit 9, namely, every number except for 1000. Thus, in total,  $171 + 100 = 271$  of the integers from 1 to 1000 contain the digit 9.

However, some of the integers that contain the digit 9 are also multiples of 9, so were erased by Jamilah. To determine how many of these such numbers there are, we use the fact that a number is divisible by 9 exactly when the sum of its digits is divisible by 9.

- The only one-digit number that contains the digit 9 and is also a multiple of 9 is 9 itself.
- The only two-digit numbers that contain the digit 9 and are also multiples of 9 are 90 and 99.
- To find the three-digit numbers that contain the digit 9 and are also multiples of 9, we will look at their digit sum.





- **Case 1:** Three digit-numbers with a digit sum of 9:  
The only possibility is 900. Thus, there is 1 number.
- **Case 2:** Three digit-numbers with a digit sum of 18:
  - \* If two of the digits are 9, then the other digit must be 0. The only possibilities are 909 and 990. Thus, there are 2 numbers.
  - \* If only one of the digits is 9, then the other two digits must add to 9. The possible digits are 9, 4, 5, or 9, 3, 6, or 9, 2, 7, or 9, 8, 1. For each of these sets of digits, there are 3 choices for the hundreds digit. Once the hundreds digit is chosen, there are 2 choices for the tens digit, and then the remaining digit must be the ones digit. Thus, there are  $3 \times 2 = 6$  possible three-digit numbers for each set of digits. Since there are 4 sets of digits, then there are  $4 \times 6 = 24$  possible numbers.
- **Case 3:** Three digit-numbers with a digit sum of 27:  
The only possibility is 999. Thus, there is 1 number.

Therefore, there are  $1 + 2 + 24 + 1 = 28$  three-digit numbers from 1 to 1000 that contain the digit 9, and are also multiples of 9.

Thus, there are  $1 + 2 + 28 = 31$  numbers that contain the digit 9, but were erased by Jamilah. It follows that Magdalena erases  $271 - 31 = 240$  numbers from the whiteboard.

Hence, the number of numbers left on the whiteboard is  $1000 - 111 - 240 = 649$ .





## Problem of the Week

### Problem D

#### Head Start

Gabi and Silvio are training for a cycling race. They live on the same street, but Silvio's house is 2 km east of Gabi's. On Sunday morning at 7 a.m. they each start biking east from their house. If Gabi bikes at a constant speed of 24 km/h and Silvio bikes at a constant speed of 18 km/h, at what time will Gabi catch up to Silvio?





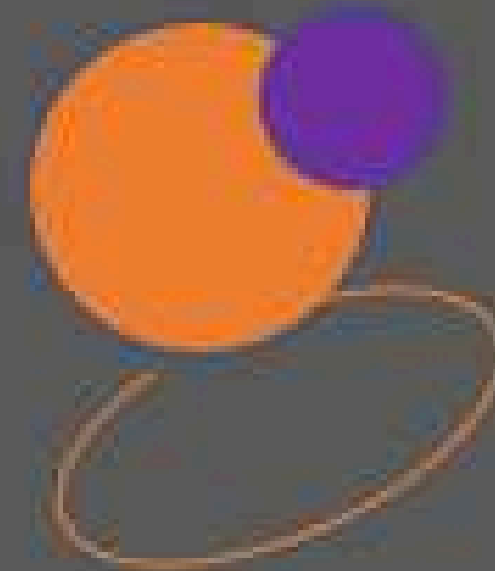


# OSHVAL ACADEMY NAIROBI JUNIOR HIGH

"COMPASS FOR LIFE SKILLS"

TERM 3 WEEK 8 SCHEDULE

2<sup>nd</sup> June 2024 – 8<sup>th</sup> June 2024



Sunday – 2<sup>nd</sup> June 2024



Monday – 3<sup>rd</sup> June 2024

➤ Subject Selection Forms Deadline

Tuesday – 4<sup>th</sup> June 2024

➤ Year 10 GP Group Presentation for Year 9 & 10 – Gender-Based Violence

Wednesday – 5<sup>th</sup> June 2024

- World Environment Day #Landrestoration #Desertification #Droughtresilience
- Year 10 GP Plastic Waste Cleanup @ JH
- Year 10 Geo River Cleanup @ Karura

Thursday – 6<sup>th</sup> June 2024



Friday – 7<sup>th</sup> June 2024

- Annual Science Fair
- Year 10 IGCSE PE Cross Country Training

Saturday – 8<sup>th</sup> June 2024

- Year 9 & 10 Open Day (9:00am to 1:00pm)
- KAISO U15 Girls' Rugby Tournament @ Brookhouse Runda