

SPORTS SEASON 2021



***OSHWAL
ACADEMY
NAIROBI
JUNIOR HIGH***

11TH SEPTEMBER 2021

ACADEMIC YEAR 2021 – 2022

TERM 1

WEEK 2 NEWSLETTER

HEAD'S MESSAGE

MRS. KEKUL PATEL

Dear parents/Guardians

We have come to the end of a successful week 2. I would like to thank most of the parents who took time to fill the dropping and picking survey form. The information will greatly assist us in coming up with colour coded student's identification cards which will greatly improve the security in our campus. The Identification cards will be coded red for students walking home, green for students being picked by parent using a motor vehicle and yellow for boarding students. This will enhance security especially during home time as the security guards manning the gates will be able to identify the mode of going home after school for each student.



I would also like to thank all parents for assisting their children identify and register for a suitable club. The club session is progressing very smoothly, and I can assure you that the students are really having a fun and interesting time.

The Year 10 and 11 will be sitting for their midterm tests and a timetable to that effect will be out during next week. Kindly encourage your child to take midterm tests seriously as they will contribute 20% towards the End of Term Examinations. Year 7,8 and 9 have projects to do in selected subjects for this term as earlier communicated to you in the mode of assessment for 2021/2022.

We wish everyone a happy and blissful weekend.

God Bless you all

Mrs. Kekul Patel

ACADEMIC COORDINATORS' DESK

MR. NELSON & MRS. SUJATA

Start of PSHE lessons

We are pleased to inform you that we have started a new subject called Personal Social Health and Economic Education. PSHE is statutory subject in the British National Curriculum and we are delighted to offer it. The first two lessons were conducted on Tuesday and Wednesday this week.

What is PSHE and what is its benefit?

PSHE (personal, social, health and economic) education is a school curriculum subject through which pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future.

PSHE education helps pupils to stay healthy, safe and prepared for life – and work – in modern world. When taught well, PSHE also helps pupils to achieve their academic potential.

Why is PSHE education important to pupils?

PSHE education helps pupils to develop the knowledge, skills and attributes they need to thrive as individuals, family members and members of society. From making responsible decisions about drug substances to succeeding in their first job, PSHE education helps pupils to manage many of the most critical opportunities, challenges and responsibilities they will face growing up.

Why is PSHE education important to schools?

PSHE education makes a crucial contribution to schools' duties. The Education Act requires all schools to teach a curriculum that is 'broadly based, balanced and meets the needs of pupils'. Schools must 'promote the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and prepare pupils at the school for the opportunities, responsibilities and experiences of later life' while having a duty to keep pupils safe.

A growing body of research shows that pupils who are emotionally healthy do better at school. PSHE education helps children and young people to achieve their potential by supporting their wellbeing and tackling issues that can affect their ability to learn, such as anxiety and unhealthy relationships. PSHE education also helps pupils to develop skills and aptitudes — like teamwork, communication, and resilience — that are crucial to navigating the challenges and opportunities of the modern world, and are increasingly valued by employers.

Why is PSHE education important to parents?

An overwhelming majority of parents support the view that schools should help prepare children for life and careers alongside academic success. Parents welcome a partnership between home and schools which supports their children's personal and social development, and helps to deal with issues of increasing complexity such as those related to mental health and staying safe, both online and offline.

KRISH BEIJU SHAH

FUTURE TIGER WOODS



*Tiger Woods and Jon Rahm may be the names one would recognize in the golfing world. However, flying under the radar is a young budding golfer within our midst: **Krish Beiju Shah** in year 10. He began his journey at age 7 and is currently playing handicap of 5. He is a member of four local golfing clubs.*

His key golfing achievements:

- Part of the Vetlab's Tana Hill Team 2021
- Winner of US kids golf Competition held at Karen 2021 for age 15 and over
- Overall Net winner Kenya Junior Stroke play Championship – 2019 Muthaiga Golf Club
- Kenya Junior match play Championship under 14 Semifinalist – Sigona Golf Club 2019
- Kenya Junior match play Championship Windsor Trophy winner 2018
- Limuru Junior Open overall Net winner 2018
- Runner up Kabete Junior Tournament – 2018
- Kabete Junior Challenge without handicap winner 2014
- Crown mini-Tennis tournament 2014 winner
- Winner of numerous monthly mugs



Apart from golfing, he is adventurous and sporty and enjoys swimming, hiking, tennis, cycling, camping. He also takes pleasure in travelling and photography.

We are proud to acknowledge that he has successfully secured entry into the Rome Classic 2021 (US kids Golf)! On behalf of the Oshwal Academy fraternity, we wish Krish a prospering golfing career! Go Krish! Go Oshwal!

We are excited to report that Devashri Shah of 8B from Oshwal Academy Nairobi Junior High finished in the first position in the Nairobi Regional Chess Championships Girl's Section held on the 18th of July 2021 and was declared the champion for that section. We are extremely proud of her performance and take this opportunity to congratulate her for the achievement. This achievement indicates the hard work and commitment she has put throughout the entire tournament, and we hope it will be an inspirational to many of our students involved in various competitions and tournaments.



CERTIFICATE of MERIT

THIS CERTIFICATE IS AWARDED TO;

WCM Devashri Shah

*for finishing **first** in the **Girls Section** in the
NAIROBI REGIONAL CHESS CHAMPIONSHIPS
held on 18th July 2021
on Tornelo*

A handwritten signature in black ink, appearing to read "Gilbert Wandera".

Gilbert Wandera
TOURNAMENT DIRECTOR



A handwritten signature in black ink, appearing to read "Anthony Kionga".

Anthony Kionga
CHIEF ARBITER



CROSS COUNTRY MESSAGE

Warmest greetings to all after Paryushan, the festival of forgiveness. Micchami dukadam (I seek your forgiveness on behalf of the Oshwal fraternity) and hoping all tapasvis'(all those who did penance) are shatama (in good health and spirit)!

It feels like just yesterday when the excitement of the cross country pushed us to prepare for it both mentally and physically. It is true that when one is having the time of their life, time FLIES by! With the blink of an eye, it is done and dusted! And here we are post-cross country wondering how it came and went by so quickly!

We thank parents and guardians for their support by sending their sons and daughters for the cross country. We are also grateful to parents for the monetary donations we received. It is with great pride that we announce **Jia Hiranandani of class 10F was the highest donor who contributed 10,100/- towards charity. We have collected 117,122/-**. We thank you for your generous donations!



Taking center stage, we had the children filled with palpable excitement, enthusiasm, adrenaline, commitment, desire, dedication, fun, laughter, tears of joy, pain/soreness from the run, lots of selfies and photo sessions! Many competitors set personal best records! Some students volunteered to help fellow students by cycling and patrolling the running route while other students gave first aid to those in need. A handful of students took up duties such as time keeping. We are blessed to have very active and socially serving youth. All in all, the students must have felt a sense of achievement and gained self-confidence, self-esteem, and self-worth.

In the same breath, we have Mrs. Patel, the headmistress, and Mr. Kanyange, the head of sports department, steer their team within and outside of the sports department and senior leadership team to meticulously plan, implement, and execute a successful event down to the very last detail. We even had our very own elves in the form of sub-ordinate and cleaning staff who worked tirelessly before, during and after the event. The staff are inspirational in terms of the teamwork needed for an event to run smoothly and successfully. I salute each member of our staff who played a part in its success. Today, even the pictures will not do justice to the many feats, records, cheering, service, and gestures of kindness we experienced during the cross-country. They, however, will give you a glimpse of the event.

Heartiest congratulations to our winners! The results of the event are as follows:

YEAR 7 GIRLS

POSITION	NAME	CLASS	HOUSE	TIME (Mins/Seconds/ Milli-seconds)	DISTANCE (KM)
1st	NADIA FARAH FEISAL	7A	IMPALA	24:37:21	6
2nd	LOREN KENDI MUGAMBI	7D	FLAMINGO	25:38:60	6
3rd	MERCY NYAMBURA KANYOI	7F	FLAMINGO	26:40:15	6

YEAR 7 BOYS

POSITION	NAME	CLASS	HOUSE	TIME (Mins/Seconds/ Milli-seconds)	DISTANCE (KM)
1st	ZAIN SAID ZUBEDI	7C	SIMBA	25:38:60	6
2nd	MOHAMMED FARUK	7A	SIMBA	26:40:15	6
3rd	RISHABH KENTAKUMAR SHAH	7B	IMPALA	23:28:34	6

JUNIOR GIRLS

POSITION	NAME	CLASS	HOUSE	TIME (Mins/Seconds/ Milli-seconds)	DISTANCE (KM)
1st	YUKTA KANHAIYI GOVIND	9B	FLAMINGO	48:06:20	8
2nd	VRITI DIRESH SHAH	8A	SIMBA	51:52:20	8
3rd	SIANA DEEPAK DODHIA	8D	IMPALA	52:28:12	8

JUNIOR BOYS

POSITION	NAME	CLASS	HOUSE	TIME (Mins/Seconds/ Milli-seconds)	DISTANCE (KM)
1st	RYAN MWENDA MUGAMBI	9F	GAZELLE	36:47:21	8
2nd	MIR PARESH HARIA	8C	FLAMINGO	38:41:42	8
3rd	ROHAN NARAN HALAI	8B	IMPALA	39:04:20	8

SENIOR GIRLS

POSITION	NAME	CLASS	HOUSE	TIME (Mins/Seconds/ Milli-seconds)	DISTANCE (KM)
1st	GETURA LIGEYI	11B	GAZELLE	43:01:25	8
2nd	SHEBAH LIGEYI	11B	GAZELLE	47:40:93	8
3rd	SASHA KHAKASA MUSUNDI	10B	SIMBA	50:19:28	8

SENIOR BOYS

POSITION	NAME	CLASS	HOUSE	TIME (Mins/Seconds/ Milli-seconds)	DISTANCE (KM)
1st	TEDDY NG'ANG'A KINYANJUI	11F	SIMBA	38:32:29	8
2nd	MOHAMMED HUSSEIN SAID	10D	GAZELLE	39:11:91	8
3rd	DYLAN SANJAY SHAH	10F	SIMBA	39:21:25	8



IMPORTANT INFORMATION

1. *The Class Photos for year groups 7, 8 and 9, will be taken on Monday i. e. 13th September 2021. All students are informed to come to the school in complete uniform.*
2. *Some parents bring PE kits, Lunch boxes and water bottles at the school gate during school hours. Kindly note that this is not allowed. Kindly prepare your child well before coming to the school.*
3. *Kindly ensure that the students come to the school in proper haircut. Also, earrings/ear studs are not allowed for boys.*
4. *In case parents want to meet teachers, they are advised to write an e-mail to the school before the meeting. No parent is allowed to meet with the teachers/SLTs without prior approval.*

Public Speaking Competition Audition Dates

Auditions: These will take place during English Double Lesson.

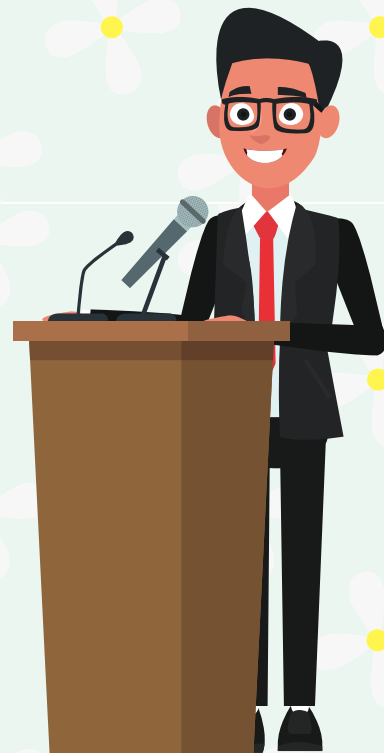
Year 7s: 15th Sep 2021. Wed Lesson 1 & 2

Year 8s: 17th Sep 2021. Fri Lesson 2 & 3

Year 9s: 14th Sep 2021. Tue Lesson 7 & 8

Year 10s: 16th Sep 2021. Thu Lesson 1 & 2

Year 11s: 13th Sep 2021. Mon Lesson 4 & 5



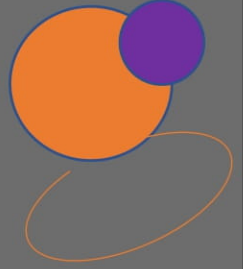


OSHVAL ACADEMY NAIROBI

JUNIOR HIGH

"COMPASS FOR LIFE SKILLS"

TERM 1 WEEK 3 SCHEDULE
13th September 2021 19th September 2021



Monday-13th September 2021

- Class pictures of year groups 7, 8 and 9. (Students to come in proper school uniform)
- Public Speaking Competition auditions for year group 11.

Tuesday-14th September 2021

- 800 metres Open Race
- Open Boys' Preliminary Tug of War
- Public Speaking Competition auditions for year group 9.

Wednesday-15th September

- 1500 metres Open Race
- Open Girls' Preliminary Tug of War
- Public Speaking Competition auditions for year group 7.

Thursday- 16th September 2021

- Boys' Main Field Events Competition
- Public Speaking Competition auditions for year group 10.

Friday- 17th September 2021

- Girls' Main Field Events Competition
- Public Speaking Competition auditions for year group 8.

Saturday-18th September 2021

- New Parents' Acquaintance Forum. Timings: 10:00 am-11:30 am Venue: -JH Auditorium

Sunday- 19th September 2021