



# OSHVAL ACADEMY NAIROBI

## JUNIOR HIGH

### "COMPASS FOR LIFE SKILLS"

**TERM 2 WEEK 4  
NEWSLETTER  
2020-2021**

*Our art wall*

#### WEEK 4 HIGHLIGHTS

- ❖ HEAD'S MESSAGE
- ❖ INFORMATION TO PARENTS
- ❖ JUNIOR HIGH IN PICTURES
- ❖ Weekly tip for parents



## *Life at Junior High Campus*

*Education ~ Fun ~ Leadership ~ Responsibility*



## **HEAD'S MESSAGE**

Dear Parents/Caregivers,

As we come to the end of week 4, I am pleased to inform you that the Year 11 Mock 2 examinations are going on smoothly and Years 7, 8 and 9 are busy researching and writing their projects.

I am also delighted to inform you that the drama auditions are on-going and we expect to have full cast by the end of next week. I would like to thank all students who expressed interest in the cast for the school play.

I am further pleased to inform you that the physical education classes have progressed very well without any incidents. From the games lessons, it is clear that the students had really missed school life. It is great to see them playing and socializing in a safe manner.

Lastly, I would like to urge all KS3 parents/guardians to encourage their children to complete their project tasks as the deadline for submission is fast approaching (15<sup>th</sup> February, 2021). Encourage them to seek guidance from subject teachers when they require it. Kindly also note that projects develop the skills of research, information synthesis and application as required by Cambridge Assessment. As such, allow your children to develop these crucial skills needed for learning at higher levels. I know some parents may be tempted to do the projects for their children. While this is a natural reaction, please let them develop the mentioned skills which will be crucial in future. As earlier informed, the project work will contribute 20% to the End of Term 2 Examinations.

Stay safe and God bless you all.

Mrs. Kekul Patel  
Head of School – Junior High



# Information to parents

## MSMUN VIRTUAL CONFERENCE AND YEAR 11 PHOTO SESSION FOR IGCSE IDENTITY CARDS

The MSMUN virtual conference will start on 02-02-2021 and it ends on 05-02-2021. Students will attend this event online from home, so parents are requested to provide a serene environment to allow smooth participation during the conference. The participants should be officially dressed and time should be observed. There shall be a lunch break from 12 to 1p.m. Year 11 students will have their photo session for their IGCSE identity cards on Thursday 4<sup>th</sup>, February after the Mathematics paper in the morning session. They should not leave for home after the mathematics paper. They should also come neatly dressed in full school uniform.

## Inclusive Education (IED) classes in pictures

“SOMETHING VERY  
*magical*  
HAPPENS IN THOSE CLASSROOMS WHERE  
SKILLED AND CARING ADULTS WHO  
*celebrate diversity*  
ARE COMMITTED TO TRULY INCLUSIVE  
TEACHING AND LEARNING.”

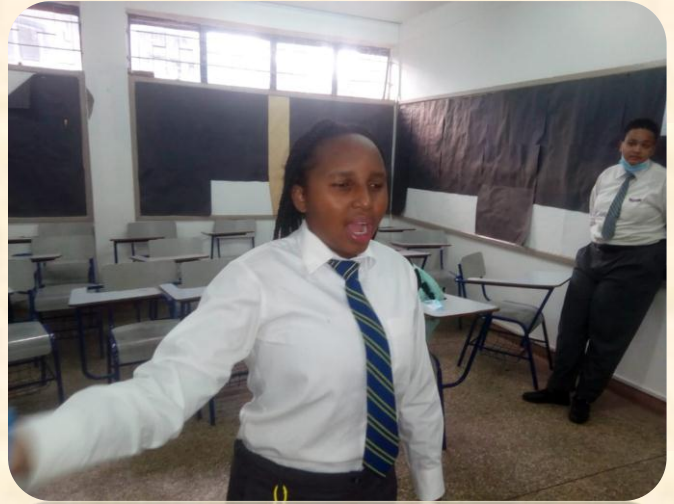






## School Play Auditions

The school play auditions have been on-going. We must say that they are hilarious, inspiring, motivating and captivating. From the photos captured, you will certainly agree with us!







*"We must all do theatre,  
to find out who we are,  
and to discover  
who we could  
become."  
—Augusto Boal*





# Year 11 MFL listening Mock Exams









# Year 11 IGCSE P.E. COURSEWORK





## **Internet Safety Advice: Top Tips for Parents**

The thoughts of what your child might come across online can be worrying. Check out our top internet safety advice to make sure going online is a positive experience for you and your child:

### **1. Discover the Internet together**

Be the one to introduce your child to the internet. For both parent and child, it is an advantage to discover the internet together. Try to find websites that are exciting and fun so that together you achieve a positive attitude to internet exploration. This could make it easier to share both positive and negative experiences in the future.

### **2. Agree with your child rules for Internet use in your home**

Try to reach an agreement with your child on the guidelines which apply to Internet use in your household. Here are some tips to get started:

- Discuss when and for how long it is acceptable for your child to use the Internet
- Agree how to treat personal information (name, address, telephone, e-mail)
- Discuss how to behave towards others when gaming, chatting, e-mailing or messaging
- Agree what type of sites and activities are OK or not OK in our family
- Follow the rules yourself! Or at least explain why the rules are different for adults.

### **3. Encourage your child to be careful when disclosing personal information**

A simple rule for younger children should be that the child should not give out their name, phone number or photo without your approval. Older children using social networking sites like Facebook should be encouraged to be selective about what personal information and photos they post to online spaces. Regardless of privacy settings, once material is online you can no longer control who sees it or how it is used.

### **4. Talk about the risks associated with meeting online “friends” in person**

Adults should understand that the internet can be a positive meeting place for children, where they can get to know other young people and make new friends. However, for safety and to avoid unpleasant experiences, it is important that children do not meet strangers they have met online without being accompanied by an adult you trust. In any case, the child should always have their parents’ approval first. In addition, it is also a good idea to have



a fail-safe plan in place such as calling them shortly after the meeting begins so that they can bail out if they feel uncomfortable.

**5. Teach your child about evaluating information and being critically aware of information found online.**

Most children use the internet to improve and develop their knowledge in relation to schoolwork and personal interests. Children should be aware that not all information found online is correct, accurate or relevant. Show your child how to check information they find by comparing it to alternative sources on the same topic. Show them trusted sites they can use to compare information.

**6. Don't be too critical towards your child's exploration of the Internet**

Children may come across adult material by accident on the web. Also, a child may intentionally search for such websites; remember that it is natural for children to be curious about off-limits material. Try to use this as an opening to discuss the content with them, and perhaps make rules for this kind of activity. Be realistic in your assessment of how your child uses the internet.

**7. Let your children show you what they like to do online**

To be able to guide your child with regard to Internet use, it is important to understand how children use the Internet and know what they like to do online. Let your child show you which websites they like visiting and what they do there.

**8. Remember that the positive aspects of the Internet outweigh the negatives.**

The Internet is an excellent educational and recreational resource for children. Encourage your child to make the most of it and explore the internet to its full potential.

*Adopted from /www.webwise.ie/*

Enjoy the week  
And stay safe





